A BOY WITH TWO PACES

I've heard about the queerest boy. A boy that has two faces: One face is round and full of joy. As out of doors he races. But when his mother calls him fri. He changes to the other. And that is long and sour and thin-I'm sorry for his mother.

Menu Hints

Recipes for New and Nevel Disher; Household Ideas and Sugrestions

CHEESE DISHES The following cheese dishes are suggested by the Milk Utilization Service, Dairy Branch, Dominion Department of Agriculturo:

WEISH RAREBIT

- 3 tablespoons butter 4 tablespoons flour
- 3 cups milk 2 cups grated cheese
- teaspoon salt Dash pepper Dash paprika-

2 eggs, beaten Melt butter. Blend in flour. Add milk gradually, stirring constantly until mixture thickens. Add choese and seasonings and stir until cheese is melted. Add beaten eggs and cook about 2 minutes. Serve at once on toast or crackers. Garrush with paprika; chopped stuffed olives, areen peppers or parsley.

POTATOES AU GRATIN

- 3 tablespoons butter
- 3 tablespoons flour -g-cups-milk-
- 1. teaspoon salt
- 4 cups dioed, cooked potatoes Pepper

cup grated cheese Melt butter. Blend in flour. Add milk and cook until sauce thickens, stirring How dear to our heart is the steady constantly. Add salt, pepper, and

cup grated cheese. Combine with potatoes. Turn into buttered casserole. Sprinkle remaining choese over top and bake in a hot oven (400 degrees P.) for about 15 minutes.

MACARONI LOAP

- 11 cups cooked macaroni - 1 teaspoon onlon julce
- I cup soft bread crumbs 112 cups grated choese 2 tablespoons chopped green pepper,

plmento, or parsley

3 cana . I cup hot milk

Combine "all"ingredients, except eggs and milk, and place in buttered baking dish. Add hot milk slowly to beaten The steady subscriber who pays in adeggs, and pour over other ingredients. Place baking dish in a pan of hot water and oven-poach in a moderate oven (350 dagrees P.) until set-about 40 minutes. Serve with tomato salice of catsup.

- CIRESE SOUPPLE 4 tablespoons butter
- 4 tablespoons flour
- 114 cups milk 1 teaspoon salt
- 2 cups grated cheese

Melt butter. Blend in flour and add of work. The bed of quicksand along milk and salt. Cook until sauce is thick- the course was hard to overcome. Some ened, stirring constantly. Add cheese days the workmen would excavate all day and stirr until choese is melted. Re- and when they returned next morning move from heat and add to beaten egg would find most of the earth and sand yolks, blending thoroughly. Cool. excavated would have run back into the

Beat egg whites until stiff and fold ditch. The work was finally completed. into cheese mixture. Turn into large the factory finished, the machinery inbuttered casserole or individual custard stallen, the power turned on and the cups and bake in a slow oven (325) degrees, P.) for about one hour.

A NEW SHIPPING RECORD

An all-time record in the combined total of ocean and coastal vessels enterved has been established at the Port of Montreal this year. Up to November 12th ocean and coalital ships entered totalled 1,928, and the season had yet to run three or four weeks. During 1935 the total was 1,804, and in the previous peak year, 1934, 1,855 vessels were entered. In addition to the ocean and coastal ships a large number of lake and river steamers entered Montreal harbor, totalling 3,920 vessels during 1935. Montreal, meeting point for ocean-go- exhibition the one from my own little

ing and Great Lakes steamers, is a perfeetly-equipped port; .Its wharves of a prize. total length of nearly ten miles provide several berths for the accommodation of from the fair that night I wrote Mary thousand-foot ships. The harbor is pro- the news, and prophesied great things vided with a floating drydock and is for the Stephenson plow, and for Acton. equipped with both electric and steam Alas and alack! Just a year or so later locomotives for the rapid handling of the company went into the receivers' freight. The capacity of Montreal's hands and the Stephenson plow was no grain elevators is over 15 million bushels more. William Stephenson was Presidund the sheds, about 13,000 feet in ent; A. R. Woodyatt, afterward of the length, can accommodate 300,000 tons of firm Auld & Woodsatt, the founders of merchandise a week. . Situated 1,000 the big Tuylor-Porbes Co., of Guelph. miles from the Atlantic Ocean, it is one was the manager. Anthony Stephenson, of the most important shipping centres John Stephenson and Robert Ramshaw in North America. During 1928 grain were blacksmiths in the big shop. Anshipments from Montreal amounted to thony Stephenson run a blacksmith for 211,295,379 bushels, representing about years after the plow company "busted," 45 per cent. of the tonnage handled at and then built the shop he operated until the port. Of late years shipments of his retirement, beside the creek on Main other commodities via Montreal mave Street. The plow factory was "wiped off made large gains, and during 1935 the the map," when Thomas Ebbage's planastuation had altered to the extent that lag mill, adjoining, was burned forty the grain exports were only 10 per cent. Bears or so ago,

of the total tonnage. O'l' has become a prominent article of H. Reed at the corner of Mill and River commerce at the port of Montreal during Streets occupied part of the site of John the test ten yours, increasing from 825,- Holt's old woollen mill. It was built by 382 tons in 1925 to 3,081,264 tons in 1935. Richard Hamilton, one of the best car-In one section of the port is what might penters Actor ever had, He built it for be termed almost a separate oil harbir. his own residence about seventy years where several oil importing and refining ugo. He previously built the residence companies are located, each served by a on Pairview Avenue, near Pairview amali industrial wharf piped for the Cemetery. After living there for a short rapid unloading of erule petroleum and time he sold that house to David Wil gasoline in bulk from large ocean tank- liamson, who lived there from shortly after his murriage, until he went over

to the Malcolm McPerson farm in Nassagaweya. Richard Hamilton lived in the brick house a good many years. His expert carpenter work won for him a reputation and he was employed for years at the tanneries, building vats and leeches. The late George Beardmore grandfather of Mr. Torrance Beardmore thought no one in the community could put in vats equal to Richard Hamilton. Mr. and Mrs. Hamilton's only daughter -only child in fact-married Mr. C. H. Walker, manufacturer, Erin Village, and the family sold out their interests in Acton and moved to Erin. Mr. Hamilton continued until his death.

THE OLD MAN

AN EDITOR'S SONG

Who pays in advance on the birth

Who lass down the money and does

I'm getting more magazines now than

In fact, we all think it a help and a

How it makes our pulse throb; how it

I left off last week at the old Holt week

len mill and the Acton Plow Company

When William Stephenson and his fel-

low-shareholders prepared to build their

blg plow factory, where the Mason Knit-

ting Co. factory is now located, they

manufacture of the Stephenson

For a time they sold well. It was a

fad with the farmers to secure a one-

handled Stephenson plow. Its novelty

fall wheats won first prize and diplom

I must confess frankly that when I

stood beside the plow, which bore in

gold letters on its burnished mould-board

"Manufactured by Acton Plow Co., Acton,

Ontario, Canada," and then observed

that it bore first prize awarded by the

judges, and a diploma of merit, away off

there in Philadelphia, I felt a good deal

of pride, that among all the plows on

far-away Canadian village had won first

When I went to my boarding place

makes our heart dance!

And casts round the office a halo

zubscriber.

each year,

quite gladly

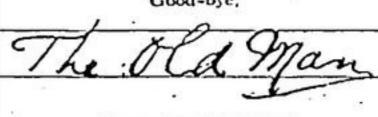
time. When Mr. James H. Reed retired ficulty in breathing through the nose, been his home for quite a number of deafness or discharge.

ed when Acton Plow Company's works mouth. The tonsils are at the side of were built, we come to the Acton creek. the back portion of the longue, and the The source of this splendid stream is adenoids are higher up on the back wall the spring on the third line, a little of the mouth cavity. over a mile to the north, where it comes

grounds, across Main Street, one or two What happens then? Lower vitality. lots, and into Patry Inke, which covers Paleness, loss of weight. Prequent ittthence through the Old Mill and on lowered by colds or fatigue or other across Main Street again to the mam- lilinesses, the fonsil germs may be able moth tunnerles of the Beardmore in- to grow more rapidly and have a more pire, which it supplies with splendid result is an attack of tonsilitis or even water for tanning purposes. This Acton quinsy, but it is to be borne in mind stream was always a splendld trout that local infection of the tonsils may

He never says "Stop it; I cannot afford, Mason Knitting Co. mill and River Street are now located. Many a dozen speckled beauties have I seen Jim Wilds But always says, "Send it; our people (whose death was reported in last week's paper) land with his hands from under the sod banks below the Main Street production of leather footwear in Canbridge. Many a creelful did Mike ada during September registered a gain How welcome his check when it reaches Speight, Edward Nicklin, Jim Matthews, over the corresponding month of 1935. and Frank Taylor catch in the big mill Manufacturers report an output of 2,pond from flat-bottomed boats or log 106,061 pairs, an increase of 5 per cent. We outwardly thank him; we inwardly rafts. "Them was the good old days," over August and an increase over Sep-

Good-bye,



NO REFERENCE?

tore down the old mill, discarded the race and flume, which had conveyed the A very proper and careful old woman water from a dam farther down, and was engaging a new gardener. dug a new tail race, changing the course "Have you a reference from your last of the stream twenty feet or more. The place, my man?" she inquired. digging of the race was a difficult plece "No, mum," replied the applicant,

> "They wouldn't give me one." "Oh," answered the man, absently, '

hit one of the warders!"

DID HE KNOW?

In a country newspaper appeared the following advertisament:

is requested to return it."

won for it considerable prestige. In 1876 ed: "The recognized man who picked up it was exhibited at the Centennial Exthe wallet requests the loser to call a: hibition at Philadelphia, and like Halton any, time and collect It."

The next day this reply was publish-

LIFE, DEATH AND **TUBERCULOSIS**

the last thirty-five years, most of whom

might have been saved if treated in In a little over three decades the deaths from tuberculosis in Ontario have been reduced from about 160 for the present time. In fact, your chances and mine of dying of tuberculosis are less than one-third of what they were at the turn of the present century. More than 4,400 men, women and children will celebrate Christmas with you und me this year who would have died of tuberculosis in 1936 if this disease were Lilling to dry at the same rate as in 1900, witen the work of the National Sanitarium Association was just nicely But in spite of all that has been done deaths from tuberculods, it is said to note that 1,30% people died of this disease in Ontario last year. It is doubly and to learn too that there are about to 500 netive cases of tuberculosla in

this Province right now. And what is more to the point, more than half of the people who di d of tuberculosis last year and of those who are now sick, are young people in the prime, productive ages of between fifteen and forty-five. rixty out of every one hundred deaths from tuberculosis occur in those ages. Larly you h, the years between lifteen and twenty-five, is an especially dangerogs time for the development of tuberculoss. It is at this time, when young people are in high school, college or just ent ring into industry, that tuberculesis takes its greatest tell. Because it is not observered and treated in time, the disease gets a footbold and becomes fatal in as many as eighty young people out The fine brick residence of Mr. James of every 100,000 living at ages twenty-five to twenty-nine. If all young men and women between fifteen and tincty could be given a proper chest X-ray examination. W those found to have the disease could be given proper care, and if all the sources from which they were infected con t be found, tuberculosb rould easily on brought under control The o three "ifs" are diment but not

In fact, this is the goal of the tubercu-

for Consumptives and the Toronto

tribution you make toward the work of

three hospitals will help to conquet

tuberculosis. Please send your kirt to National Sanitarium Association, 223

WHEN SHOULD DISEASED TONSILS OR ADENOIDS BE REMOVED?

Tonsils and adenoids are masses of Crossing River Street, which was open- tissues in the back and roof of the

Ordinarily these tissues are small, but from the rock. The creek flows through may contain little crevices where moisthe Near property, supplying the trout ture and debris and germs can nestle ponds and hatchery. It comes on down and remain with much fear of dislodgethrough the Mrs. Switzer's, Mrs. Mc- ment. Often, however, the glands in-Pherson's, Mr. D. Young's and Mr. W. crease in size and in the number of A. Lusby's properties and then forms crevices. Two things then may occur. Corporation Pond, a mill privilege first The tissues may become so large us to used for the old Holt Woollen Mill, and interfere with breathing and even awaljust last week purchased by Councillor lowing. Or the many crevices may come Amos Mason from Mr. Jeremiah Bell, to harbor large number of germs which who owned the property for some years, day by day put out their little poisons

m extent of elebty-eight acres, forming ness. Repeated core throats and frepeninsula of the public' park, and quent colds. If the body defences are terests, the largest in the British em- toxic effect on the system. The local stream. Many a trout have I caught bring far reaching results in other parts in the bed of the creek when it mean- of the body. The tonsils as a site for dered among the willows, where the forcal infection cannot be disregarded.

SHOE PRODUCTION GAINS

For the first month since April the so far as trout-fishing was concerned in temper a year ago of 6 per cent. The production of the factories during the nine months ended September amounted to 16,817,638 pairs, compared with 16,-528,838 pairs in the corresponding period of last year. Almost half the output of Canadian shoe factories is made in sizes for women, amounting to 8,300,130 pairs during the nine month period under consideration. Men's sizes account for 4,-688,542 pairs, missey and children's for 2,306,003, and, strange as it may seem

only 840,244 pairs were manufactured for

boys and youths. Bables' and infants'

shoes accounted for 682,710 pairs. Export trade in Canadian-made leather footwear during September showed great expansion, amounting to 25,333 pairs, valued at \$54,261, an increase in quantity over September a year ago of 140 per cent., and in value of 130 per cent. Altogether, there were nineteen countries to which Canadian-made leather footwear was exported during the month. Imports of leather footwear also gained in Sec-"The man who picked up my wallet tember, amounting to 62,450 pairs, valued in the High Street was recognized. He at \$124,437, an increase of 207 pairs and \$30,388 in value.

Parents need have no fear when the time comes that their child's tonsils o. adenoids need to be removed, is the encouraging message from the Health League of Canada to-day.

"The operation of removing the tonsils and adenoids, when it is needed in a child, is one of the most satisfactory in surgery." officials of the health organization said.

It is not possible to indicate in a brief imessage when the tonsil and adenoid went into the grocery business there and operation is necessary, but the following are indications for having a child's Mr. Joslah Royce, of Erin, purchased throat and nose examined by a comthe property and lived there a number petent person; abnormally frequent and of years, when he passed away. His long continued colds; repeated sore daughter, Mrs. Orr, resided there for a throat; enlarged glands in the neck, diffrom farming and decided to settle in mouth breathing, noisy breathing in the Acton, he bought this place and it has day, or at night; pains in the ears,

Thence it passes through the school into the general system.

.F. D. Koosevelt Jr. . Wed Du Pont Heiress

Don't take Chances

STOP that COLD!

+ DINNER STORIES +

A young man applied for a job shabby, dear. Shall I send it to

and was granted an interview, the charity sale?

After the usual preliminaries the

manager asked: "Have, you any

"Ambition?" replied the young

"I shall never rest until

A Rare Trade

to work, ma'am, but there isn't

much doing in my line.

Lady: What are you?

Pramp: A window box weeder.

Tramp: It isn't that I'm afraid

ambition?" -

have your jou

GROVE'S BROMO

QUININE and drive

t right out of your

system quickly and

It Has Its Purpose!

Mrs. Brown: This suit is very

Mr. Brown: Goodness, no! That's

the one I wear when I go to pro-

Too Had!

Rastus: What all did de doctor

· Liza: He says I's sufferin' from

test against my tax assessment!

(S):

say's de matter wid you?

acute indiscretion



Oft-repeated rumor that Franklin D. Roosevelt, Jr., eldest son of the United States president, would wed Miss Ethel du Pont, beautiful De it ware heiress, became fact when Mr. and Mrs. Eugene du Pont of Wilmington, Del., parents of the bride-to-be, announced the formal engage. The couple are shown at the du Pont home immediately after the cally hostile families. The du Pont manufacturing firm reportedly second large sums during the recent presidential election in an effort to cof a

Suggests Indian Control For Canada's Wild Life



Gree Oal and his wife, Anaharco, in front of their home in Prince Albert National Park, Susk.

The proper people in whose hands natural vesources, particularily in make, excellent guardians of wild to place the care of wild animals, connection with wild life," he said, animals, a task he himself has peraccording to Grey Owl, famous "At these," he continued, "the sonally undertaken in connection Indian naturalist, is the Indian, Grey Indian is expert and his technical sonally undertaken in connection Owl. who spoke before a Book Fair knowledge, accumulated through with beaver, and therefore would audience in Toronto recently, view- thousands of years of study, could aid materially in their preservaed the Indian as a revived race, be of immense value in helping tion. The excellent picture of Grey working in Canada but not living to save Capada's wilderness country Owl and his wife with their forest from destruction. At present they home, shows how the Indian for Canada "The Indian's place lies in work are suffering a great loss from lack insturalist has retained the natural

connected with the administration, of proper knowledge." environment around his cabin

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