

A BOY WITH TWO FACES

I've heard about the queerest boy. A boy that has two faces. One face is round and full of joy. As out of doors of cracks.

Menu Hints

Recipes for New and Novel Dishes, Household Hints and Suggestions

CHEESE DISHES

The following cheese dishes are suggested by the Milk Utilization Service, Dairy Branch, Dominion Department of Agriculture:

WELSH RAREBIT

- 3 tablespoons butter
4 tablespoons flour
2 cups milk
2 cups grated cheese
1/2 teaspoon salt
Dash pepper
Dash paprika
2 eggs, beaten

Melt butter. Blend in flour. Add milk gradually, stirring constantly until mixture thickens. Add cheese and seasonings and stir until cheese is melted. Add beaten eggs and cook about 2 minutes. Serve at once on a crisp cracker. Garnish with paprika, chopped stuffed olives, green peppers or parsley.

POTATOES AU GRATIN

- 3 tablespoons butter
3 tablespoons flour
2 cups milk
1/2 teaspoon salt
4 cups sliced, cooked potatoes
Pepper
cup grated cheese

Melt butter. Blend in flour. Add milk and cook until sauce thickens, stirring constantly. Add salt, pepper, and 3/4 cup grated cheese. Combine with potatoes. Turn into buttered casserole. Sprinkle remaining cheese over top and bake in a hot oven (400 degrees F.) for about 15 minutes.

MACARONI LOAF

- 1 1/2 cups cooked macaroni
1 cup soft bread crumbs
1 1/2 cups grated cheese
2 tablespoons chopped green pepper, pimento, or parsley
2 eggs
1 cup hot milk

Combine all ingredients, except eggs and milk, and place in buttered baking dish. Add hot milk slowly to beaten eggs, and pour over other ingredients. Place baking dish in a pan of hot water and oven-poach in a moderate oven (350 degrees F.) until set—about 40 minutes. Serve with tomato sauce or catsup.

CHEESE SOUFFLE

- 4 tablespoons butter
4 tablespoons flour
1 1/2 cups milk
1 1/2 cups grated cheese
6 eggs

Melt butter. Blend in flour and add milk and salt. Cook until sauce is thickened, stirring constantly. Add cheese and stir until cheese is melted. Remove from heat and add to beaten egg yolks, blending thoroughly. Cool. Beat egg whites until stiff and fold into cheese mixture. Turn into large buttered casserole or individual custard cups and bake in a slow oven (325 degrees F.) for about one hour.

A NEW SHIPPING RECORD

An all-time record in the combined total of ocean and coastal vessels entered has been established at the Port of Montreal this year. Up to November 13th ocean and coastal ships entered totalled 1,928, and the season had yet to run three or four weeks. During 1935 the total was 1,864, and in the previous peak year, 1934, 1,855 vessels were entered.

In addition to the ocean and coastal ships a large number of lake and river steamers entered Montreal harbors, totalling 2,920 vessels during 1935.

Montreal, meeting point for ocean-going and Great Lakes steamers, is a perfectly-equipped port. Its wharves of a total length of nearly ten miles provide perfect berths for the accommodation of thousand-foot ships. The harbor is provided with a floating drydock and is equipped with both electric and steam locomotives for the rapid handling of freight. The capacity of Montreal's grain elevators is over 15 million bushels, and the sheds, about 13,000 feet in length, can accommodate 300,000 tons of merchandise a week.

It has become a prominent article of commerce at the Port of Montreal during the last ten years, increasing from 825,342 tons in 1925 to 2,964,264 tons in 1935. In one section of the port is what might be termed almost a separate oil harbor, where several oil importing and refining companies are located, each served by a small industrial wharf piled for the rapid unloading of crude petroleum and gasoline in bulk from large ocean tankers.

THE OLD MAN OF THE BIG CLOCK TOWER



AN EDITOR'S SONG

How dear to our heart is the steady subscriber, Who pays in advance on the birth of each year, Who has down the money and does it quite gladly.

He never says "Stop it; I cannot afford it," I'm getting more magazines now than I read!; But always says, "Send it; our people like it."

How welcome his check when it reaches our counting; How it makes our pulse throb; how it makes our heart dance! We outwardly thank him; we inwardly bless him— The steady subscriber who pays in advance!

Left off last week at the old Holt woolen mill and the Acton Plover Company. When William Stephenson and his fellow-shareholders prepared to build their big plover factory, where the Mason Knitting Co. factory is now located, they tore down the old mill, discarded the race and flume, which had conveyed the water from a dam farther down, and dug a new tail race, changing the course of the stream twenty feet or more. The digging of the race was a difficult piece of work. The bed of quicksand along the course was hard to overcome. Some days the workmen would excavate all day and when they returned next morning would find most of the earth and sand excavated would have run back into the ditch. The work was finally completed, the factory finished, the machinery installed, the power turned on and the manufacture of the Stephenson plover commenced.

For a time they sold well. It was a fad with the farmers to secure a one-handed Stephenson plow. Its novelty won for it considerable prestige. In 1876 it was exhibited at the Centennial Exhibition at Philadelphia, and like Italian fall wheat, won first prize and diploma. I must confess frankly that when I stood beside the plow, which bore in gold letters on its burnished mould-board "Manufactured by Acton Plover Co., Acton, Ontario, Canada," and then observed that it bore first prize awarded by the judges, and a diploma of merit, away off there in Philadelphia, I felt a good deal of pride, that among all the plows on exhibition the one from my own little far-away Canadian village had won first prize.

When I went to my boarding place from the fair that night I wrote Mary the news, and prophesied great things for the Stephenson plow, and for Acton. Alas and alack! Just a year or so later the company went into the receivers' hands and the Stephenson plow was no more. William Stephenson was President; A. R. Woodgett, afterward of the firm Auld & Woodgett, the founders of the big Taylor-Forbes Co., of Guelph, was the manager. Anthony Stephenson, John Stephenson and Robert Ramshaw were blacksmiths in the big shop. Anthony Stephenson ran a blacksmith far years after the plover company "busted," and then built the shop he operated until his retirement, beside the creek on Main Street. The plover factory was "wiped off the map" when Thomas Ebbage's planing mill, adjoining, was burned forty years or so ago.

The fine brick residence of Mr. James H. Reed, at the corner of Mill and River Streets occupied part of the site of John Holt's old woolen mill. It was built by Richard Hamilton, one of the best carpenters Acton ever had. He built it for his own residence about seventy years ago. He previously built the residence on Fairview Avenue, near Fairview Cemetery. After living there for a short time he sold that house to David Williamson, who lived there from shortly after his marriage, until he went over

WHEN SHOULD DISEASED TONSILS OR ADENOIDS BE REMOVED?

Parents need have no fear when the time comes that their child's tonsils or adenoids need to be removed, is the encouraging message from the Health League of Canada today. The operation of removing the tonsils and adenoids, when it is needed in the child, is one of the most satisfactory in surgery," officials of the health organization said. It is not possible to indicate in a brief message when the tonsil and adenoid operation is necessary, but the following are indications for having a child's throat and nose examined by a competent person: abnormally frequent and long continued colds; repeated sore throats; enlarged glands in the neck, difficulty in breathing through the nose, mouth breathing, noisy breathing in the day, or at night; pain in the ears, deafness or discharge.

Tonsils and adenoids are masses of tissue in the back and roof of the mouth. The tonsils are at the side of the back portion of the tongue, and the adenoids are higher up on the back wall of the mouth cavity. Ordinarily these tissues are small, but may contain little crevices where moisture and debris and germs can nestle and remain with much fear of dislodgement. Often, however, the glands increase in size and in the number of crevices. Two things then may occur. The tissues may become so large as to interfere with breathing and even swallowing. Or the "hidden" crevices may come to harbor large number of germs which day by day put out their little poisons into the general system.

What happens then? Lower vitality, paleness, loss of weight, frequent illness. Repeated sore throats and frequent colds. If the body defences are lowered by colds or fatigue or other illnesses, the tonsil germs may be able to grow more rapidly and have a more toxic effect on the system. The local result is an attack of tonsillitis or even quinsy, but it is to be borne in mind that local infection of the tonsils may bring far reaching results in other parts of the body. The tonsils as a site for focal infection cannot be disregarded.

For the first month since April the production of leather footwear in Canada during September registered a gain over the corresponding month of 1935. Manufacturers report an output of 2,106,001 pairs, an increase of 6 per cent, over August and an increase over September a year ago of 6 per cent. The production of the factories during the nine months ended September amounted to 16,817,638 pairs, compared with 16,528,838 pairs in the corresponding period of last year. Almost half the output of Canadian shoe factories is made in sizes for women, amounting to 8,300,130 pairs during the nine month period under consideration. Men's sizes account for 4,688,542 pairs, misses' and children's for 2,306,002, and, strange as it may seem, only 840,254 pairs were manufactured for boys and youths. Babies' and infants' shoes accounted for 682,710 pairs.

Export trade in Canadian-made leather footwear during September showed great expansion, amounting to 25,333 pairs, valued at \$54,261, an increase in quantity over September a year ago of 140 per cent, and in value of 130 per cent. Altogether, there were nineteen countries to which Canadian-made leather footwear was exported during the month. Imports of leather footwear also gained in September, amounting to 62,450 pairs, valued at \$124,437, an increase of 207 pairs and \$30,388 in value.

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SHOE PRODUCTION GAINS

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WHAT! NO REFERENCE?

A very proper and careful old woman was engaging a new gardener. "Have you a reference from your last place, my man?" she inquired. "No, mum," replied the applicant. "They wouldn't give me one."

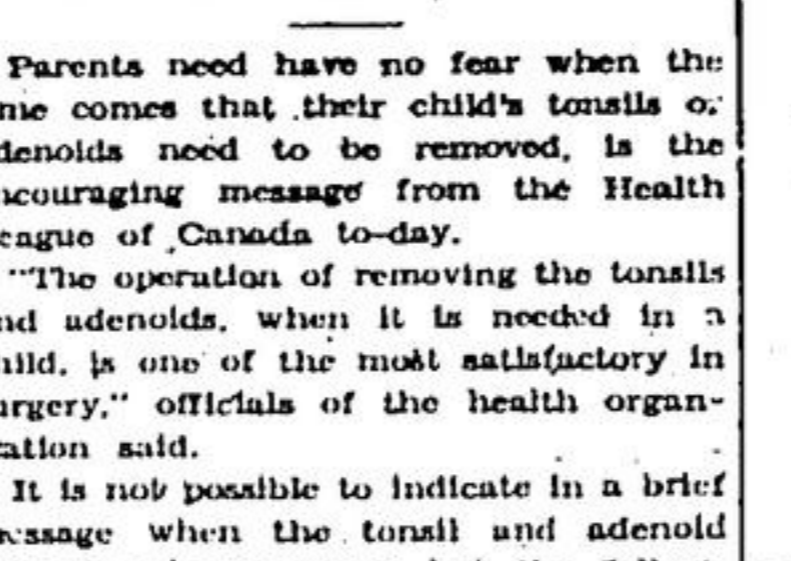
DID HE KNOW?

In a country newspaper appeared the following advertisement: "The man who picked up my wallet in the High Street was recognized. He is requested to return it."

LIFE, DEATH AND TUBERCULOSIS

Some of the thousands of people have died of tuberculosis in Ontario during the last thirty-five years, most of whom might have been saved if treated in time. In a little over three decades the death toll from tuberculosis in Ontario has risen from 1,000 in 1900 to 100,000 living persons to 37 at the present time. In fact, your chances of escaping a life of tuberculosis are less than one-third of what they were at the turn of the present century. More than 4,000 men, women and children will celebrate Christmas with you glad that this year will have been free of tuberculosis. In 1936 if this disease were eliminated at the same rate as in 1900, when the work of the National Tuberculosis Association was first actively undertaken, it would have been done and in spite of the continued decline in deaths from tuberculosis, it is sad to note that 1,000 people died of disease in Ontario last year. It is doubly sad to learn that there are about 300,000 active cases of tuberculosis in this province right now. And who is more to the point, more than half of the people who die of tuberculosis last year are of those who are now sick, are young people in the prime, productive ages of life, between fifteen and forty-five, fifty out of every one hundred deaths from tuberculosis occur in these ages.

Don't take Chances STOP that GOLD!



It Has Its Purpose! Mrs. Brown: This suit is very shabby, dear. Shall I send it to the charity sale?

He'll Do! A young man applied for a job and was granted an interview. The manager asked: "Have you any ambition?" replied the young man. "I shall never rest until I have your job."

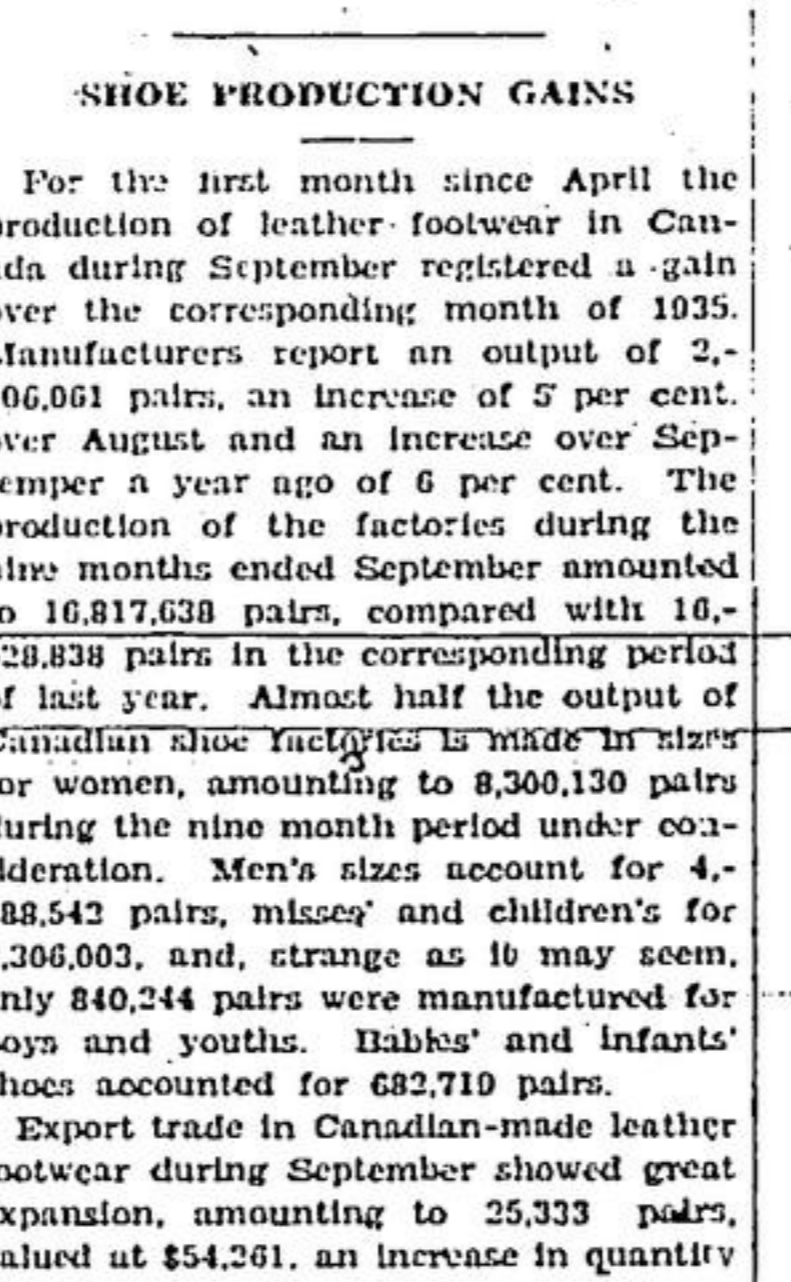
A Rare Trade Tramp: It isn't that I'm afraid to work, ma'am, but there isn't much doing in my line.

Lady: What are you? Tramp: A window box weeder.

Too Bad! Mr. Brown: Goodness, no! That's the one I wear when I go to protest against my tax assessment!

Too Bad! Rastus: What all did de doctor say's de matter with you? List: He says I's sufferin' from acute indiscretion!

F. D. Roosevelt Jr. Wed Du Pont Heiress



Off-repeated rumor that Franklin D. Roosevelt, Jr., eldest son of the United States president, would wed Miss Ethel du Pont, beautiful Delaware heiress, became fact when Mr. and Mrs. Eugene du Pont of Wilmington, Del., parents of the bride-to-be, announced the formal engagement. The couple are shown at the du Pont home immediately after the announcement. The wedding, "sometime in June," will unite two politically hostile families. The du Pont manufacturing firm reportedly sold large sums during the recent presidential election in an effort to get at Franklin D. Roosevelt.

Suggests Indian Control For Canada's Wild Life

The proper people in whose hands to place the care of wild animals, according to Grey Owl, famous Indian naturalist, is the Indian. Grey Owl, who spoke before a Book Fair audience in Toronto recently, viewed the Indians as a revived race, working in Canada but not living for Canada. The Indians place less in work connected with the administration, protection and proper control of our natural resources, particularly in connection with wild life," he said. "At these," he continued, "the Indian is expert and his technical knowledge, accumulated through thousands of years of study, could be of immense value in helping to save Canada's wilderness country from destruction. At present they are suffering a great loss from lack of proper knowledge." Grey Owl feels that Indians would make excellent guardians of wild animals, a task he himself has personally undertaken in connection with beaver, and therefore would aid materially in their preservation. The excellent picture of Grey Owl and his wife with their forest home, shows how the Indian naturalist has retained the natural environment around his cabin.



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Business Directory

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DR. J. A. McNIVEN, Physician and Surgeon, Office and Residence—Corner Bowyer Avenue and Elgin Street.

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