#### WHEN YOU COME HOME

When you come home to-night. I know what you will say: "I made a lot of money, It's been my busy day!

Business is your hobby, Your one and only aim: For us no variation, The days are all the same.

Many men are like you, -Slaves to money greed; Everything for business. .i Naught the soul to feed.

But I wait on in patience, Some time, I know, you'll say: "My dear, I'm done with business, We start to live to-day!"

-Grenville Kleiser. 

TWENTY YEARS AGO

From the Issue of The Free Press Thursday, September 21st, 1916

The demand for houses is now greater than the supply.

The price of bread has been increased here this week to 16c per loaf. Mrs. Malcolm McDougall has purchas-

belonging to Mr. Cecil Brown. The registration at Acton High School is now up to fifty. The average attendance promises to be higher than last

Mr. John Watson, of the fifth line, had the misfortune to fall and sustained fractures of both his left arm and leg Mr. and Mrs. T. P. Martin, Churc Street, celebrated their silver wedding anniversary last Saturday.

took place at Ebenezer Cemetery, and Pte. Kingsbury was burled with military

The Public and High Schools annual Pield Day was held last Priday, and both pupils and visitors enjoyed the after

Acton Boy Scouts held their church parade last Sunday. Georgetown Troop accompanied them.

#### MILK VITAL FACTOR IN SOUND NUTRITION

The Technical Commission Health Organization of the League Nations, in its report on the value specific foods, states with regard to as a vital factor in sound nutrition that 'Milk, whole or skimmed, is a source of calcium salts and phosphates and of vitamin B2, also a source of vitamin Bi. Mik fat is an excellent source of vitamin A. The proteins of milk not only themselves of the nutritive value, but also improve utilization of the protein contained cereals and vegetables. Milk has an ditional advantage in the abundance availability of its calcium salts phosphates. These enhance the effect of any vitamin D derived from other articles of diet or from sunshine. Milk. although itself poor in iron, renders more effective the iron contained in the diet Milk should form a conspicuous element

in the diet of all ages." In reviewing the consumption of milk in Canada, Laura C. Pepper, of the Mill Utilization Service, Dairy and Cold Storage Branch, Dominion Department of Agriculture, states that during the year 1920 to 1930 the average amount of milk consumed daily per person in the Dominion increased steadily from one-half pint to approximately one pint. was regarded as encouraging both to those associated with the dairy industry milk consumption occurred, until to-day the estimated per capita consumption less .tnan three-quarters of a pint daily

In comparison with the recommendations of the National Committee, this amount seems very low, and quite inadequate to meet the requirements of the body, particularly that of the growing child. It is apparent that in many Canadian homes milk is not valued as highly as it should be, and preference is given to other, foods which may give more immediate satisfaction, but have not the same lasting effect as milk in building and maintaining strong and healthy bodles.

#### DEFINITION OF DUTY

What is duty? With regard to our belves, it is to be independent of the benses, and with regard to others, it to be untiring in giving help and support; help to live well, to do well, to will well, to wish well; help by agree ment and by opposition, by giving and by withholding, by firmness and by compliance, by praise and by blame. Allence and by words, by what is ple sant and by what is painful. Dwellers on the same earth, travellers of the same hour, and companions along the same road, we ought to help one another; and when we reach the resting-place, we shall have first to render an account of what each has done for the happiness of the rest--for joy, or for goodness. A maten. You will notice I said "almost, kind look will win its reward. What I did was to scrape away at the

## NOT TO BE TAKEN SERIOUSLY

It was the genial humorist, Mark Twain, who said, in hi; last literary effort, when giving some advice to a . friend about what he should do when he came to the gate St. Peter is supposed to keep: "Leave your dog outside. Heaven goes by favor. If it went by merit, you would stop outside and the dog would go in.' No man, however, who knows his dog and knows himself will fall to find in these amusing words something hille? more than a sense of humor.

# Chronicles of Ginger Farm

Written Specially for The Acton Free Press . . GWENDOLYNE P. CLARKE

day with a three-halfpenny stamp on was not dangerouse because Mike we have been used to seeing all our lives. lectors will be on their toes to get all and intended no harm. they can of these new stamps, because ed the brick house on Prederick Street, place next year to the coronation stamp. bor's garden. Mike, who seems to regard when I sed skool is a goen to be a battel

The funeral of Pte. L. Kingsbury, of one china ten cup. In this way every grandmother." (Timmy is my neight xereise is envolved. the 164th Battalion, who was accident- cup and saucer will have a special his- bor's little boy). Mike quit barking at ally killed while stepping off the train tory all its own. When I serve ten I once and soon was capering about the ask the fambly next door to. Surklay at Camp Borden, was one of the largest shall look at this one and remember the lady as if she were a long lost friend. time friends took me on that lovely. The truth is that few dogs are really butcher shop brot us there drest chickens Palls. Or perhaps Partner and the chil- ing low, and even in his case the danger dren might like to add to my collection is slight if one uses the right method. and of course a cup and saucer from all its own, too. How many have I got, offer these suggestions: did you say? Well, just one, to tell you

start. I bought it at the Exhibition from designs Y'should have been quite quite vites disaster. happy to walk off with at least a dozen. Daughter was with me, and could not understand by making the choice I did. can't describe the cup and saucer to you, except to say that it is a conventional design and in lovely colors. Daughter's choice would have been one which had a picture on the inside of the Usually, as soon as a dog is sure that cup of a little girl picking delphiniums. There were a number of cute little ornaments which took Daughter's fancy, and she bought herself one featuring a grey kitten looking inside a man's old boot for the mouse it had lost. The mouse, in the meantime, could be seen escaping through a hole in the toe of the boot Now I have started this collection, I am just longing for another chance to go to

What do you think of my idea-don t you think it rather good? It appeals to me because it is practical as well as sat- store, and have the wound cauterized isfying a natural womanish longing for to prevent infection. pretty things. . And does one need them on a farm? Well, if you ask me, I think the less one has of pretty things, the more one needs them. It just makes me uncomfortably warm when I think of the time when I was preparing to leave plant peoples. If the plants have grown the pain of another to their own sensi-England-soon after our marriage, of course. Somehow my own people and er than they used to be, it is probably hard and callous that might be rendered and also to all engaged in the field of also my "in-laws" let the idea get abroad public health. However, as soon as in- that wedding presents should be only of To divide a large plant, dig it up tive faculty be so developed as to make comes became reduced a decided drop in the useful variety and so we did not get carefully, shake off the loose earth and them conscious of the distress they care an idea! I was glad to notice in Ethel the foliage, just leaving a few inches of Chapman's book, "The Homsteaders," stem above the crown. Examine the root gary?" well for young married people to take divided with as little damage to the sary if I could not pay for it?"

know Hamilton:

much of their work may be rough and be used if desired. burdensome. or lack of them, whichever way you like the soil a few weeks before digging deeply to put it-I had a rather a funny ex- and adding some well rotted manure at perience to-night. I am writing this the base of the trench. If the peonles Chronicle away from home, as I am have to be replaced in the same place, taking care of friend's house and baby the old soil should be removed and rewhile Daddy is hway visiting mother and placed by some good soil to which bone baby sister. A fire had been lighted in meal at the rate of a handful for each the grate, but after burning awhile had plant has been added. In planting, place smoldered and practically gone out. The the tubers so that there is only two night is chilly and knowing a little com- inches of soil above the crown. Too fort and warmth is very welcome after | deep planting is frequently the cause of a long drive. I thought I had better re- peonles not blooming. kindle the fire. I knew where to find | For the first winter, it is advisable to caper and wood and all I needed was mulch the beds so as to prevent the match, but not a match could I too. alternate freezing and thawing that is to Quite p saiel, they were close at hand harmful in some districts. ind in a very ordinary place, but 'n another person's house one can't very well go hunting for things. So here was I, in a house with every inconvenience, and all kinds of wood to make nice, cheerful crackling fire, and almost defeated in my purpose for want of

charred piece of wood and fan it until at, last I got enough life into it to light a wee piece of paper, and with it I lighted the fire itself. It was rather a funny little experience and made me think, that how ever many of these modern conveniences we may instal there are still times when we are absolutely dependent on ordinary, every-

day things like the homely match!

Because he only moves two feet.

HOW TO MEET DOGS

One often meets persons who are afraid of dogs. It is a needless fear and can be easily overcome by learning how to meet a dog whose approach seems to mean trouble.

one which showed how not to deal with such a dog; the other, how to treat him. One morning I heard my dog, "Mike," a bolsterous Kerry Blue, making a terrible rumpus in the yard. When I rushed out to see what was the matter, I found Have you all seen the new English that he was barking at the boy who depostage stamp? We got a letter yester- livers the morning paper. The situation it and it looked so different from those really, a friendly dog, and probably had run toward the boy, wagging his stubby bank & Ma sed what time does the bank We admired the good lines and the tall, and voicing a noisy welcome. But, close this p. m. Pa sed may be splendid simplicity in which our new the boy did just the wrong thing. He haddent beter go to the asosashen. King was portrayed-uncrowned head yelled with fright and began kicking, and dont no why. and face in profile showing a rather striking out with his hands. Then Mike's Wednesday! Pa pulled a nother bone serious expression which seems to have playfuless changed to anger, and his hed in the paper yesterday when he

Some time later on the same day, a sed. t will naturally be a short issue, giving strange woman appeared in my neighissued, and was told it would not be out hedge, barking at a great rate, as if to but I dont. Not by a hole lot. order her off the premises. The woman Priday: Us kids was a swimmen Speaking of collections, I have just was evidently wise to dogs. Instead of the municepal poole. It aint deep but

roundabout trip to Hamilton, or I shall victous, especially those that are noisy & she wanted to do what was rite. look at that one and it will bring back barkers. The only dog to beware of memories of a delightful trip to Niagara is one that comes growling and crouch-. To a person who is notious when

Note if his head is up and his tal the truth, but that one is a real good a-wagging. In that case he is friendly. Stand perfectly still. If you are an English exhibit in the British Sec- afraid, dont show it. Whatever you do, tion. There were so many exquisite dont turn and run away. Retreat in-

> Do not strike out with the hands or sect, or make any threstening motion. If you do, the dog will think that you really are an enemy.

Talk to him quietly, as if he were giving you a cordial welcome, and greeting you as an old-time acquaintance. you intend no mischief, he will drop every show of hostility.

In case a dog comes at you creeping low and snarling, do not hastily take to your heels. Move slowly backward, it seems unsafe to stand still, talking meanwhile calmly and kindly. He may cease his attack, or he may be held at bay until help arrives. In extreme cases tling up your arm in front of your throat. Hamilton and then what a grand time I That would be the point toward which shall have in that delightful china shop he would leap. However, one may go which is beloved by all gift lovers who through a whole life-time and never be attacked by a really ugly dog.

In case you are bitten by a dog, go at once to the nearest doctor, or drug

## TRANSPLANTING PEONIES

time for the roots to be taken up.

of the nicexlittle odds and ends leave the plant exposed to the sun and lessly produce. which fall to the lot of most brides, air for an hour or two. This will make How my sister-in-law laughed because I the tubers less brittle so that they will was hemstitching a pair of sheets- not break so easily when handled. Wash hemstitched sheets on the prairie-what off all the soil with water and cut off that the idea was brought out that it s and try and find out where it can be with them such possessions as well help tubers as possible. A division with five them to lead a cultured life, even though eyes is a good size but larger ones can

If a bed of peoples is going to be Speaking of household conveniences- planted, it is a good plan to prepare

#### 83 CHILDREN DEMAND LAND

To divide the land and property of John Dunn, a Zulu chief, among his &d children, the South African Government has appointed a special commission. which is meeting on the Mangele reserve, near Capetown. So many others are claiming to be Dunn's offspring and demanding shares that the task is a complicated one. Dunn was white, born in Natal 100 years ago and went to live among the Zulus, where he became chief. He had several wives and acquired 10,000 acres of land. After his death, a commission uwurded each child on the reserve 100 cres, while those outside could keep what they had received. Those outside threatened to sell their lands and return to the reserve which meant complications and the latest commission was appointed to settle the entire matter.

SLATS DIARY

BY OLIVER N. WARREN

Sunday: Had to go to Sunday akon witch wassent so bad if it diddent make me think of slavery. In this land of the brave & home of the free I becum a Recently, I witnessed two incidents, clave tomorro. It is not a free country

> Monday: Got even with Jane. Sho s to be opperated on for removal of her conscletas & ast me how long after wood she no sum thing. I replide Well don t xpect so much from I opperashen. But But I dout if she seen the point. Tuesday: Pa was a goen away to a

she needed sum munney to go to the

become somewhat characteristic of King manner became fearsome. I had to step Hanker Heddykush has got a week har Edward since his succession to the in and stop him, and make him under- & went to a hospittel in Minnie Soty throne. I can just imagine stamp col- stand that the boy was a friend of mine have it stopt. The editur kicked but xpect Pa diddent relly mean what h

Thursday: Jane got a come back on ? I was asking at our local Post Office himself as guardian of that property as of branes. She sed. Ide beter take when a new Canadian stamp would be well as mine, went bounding through the machen gun. She thinks sheee smart

started a collection myself, but not of showing fright, or trying to drive Mike Elsey slung up her hands & yelled help stamps. My collection is of tea cups- away, she stood perfectly still, and said help Ime goen down the 3d time & Jake china tea cups-and this is how Y am to him in a quiet and kind voire, "Now, yelled well if you dont find bottom this doing it. Every time I make a trip- now, it's all right: Don't make such a trip He help you. Jake is hartless but that is, a pleasure trip-I intend buying fuss. I belong here. I'm Timmy's he aint esey to xcite. Not when fizzicle

#### TOURIST TRAFFIC GAINS

Tourist traffic to Canada during the increase of almost a million persons compared with the corresponding period of 1935. Admissions at the International Boundary from January 1st, 1936, to July 31st, 19366, totalled 8,321,671 compared with 7,378,261 during the same period of the preceding year. Every month, with the exception of March, showed a gain in traffic over the corresponding month a year ago.

The ever-increasing tourist movement between the United States and Canada emphasizes the freedom of international travel between these two countries. The International Boundary, often referred to as the most travelled over in the world, has a length of 5,500 miles, of which 3,100 miles are land boundary and 2,400 miles are water boundary. There is no other boundary of such lenght on which no gun or armument is to be found. Bona fide tourists are welcomed by Canadian border officials, and both immigration and customs regulations are framed to make the entry of such visitors into Canada just as free of "red tape" and restriction as possible.

#### SURE CHECK ON CONDUCT

A keen imagination is the surest checz upon all unkind conduct. Happily, it is the very rare exception when anyone intends to be unkind. Most persons, however culpable, would indignantly deny the implication. It is usually because they fall to realize the suffering they inflict: they September is the best time to trans- are deficient in that power which depicts large and the flowers are fewer or small- bilities. There are many hearts now

Specialist: "Could you pay for operation if I thought one was neces-

Patient: 'Would you find one neces-

# **FACTOGRAPHS**

The velocity of the wind is measured by an instrument called an anemometer. The device consists of three or four hollow hemispheres on the ends of equal rods at right angles to each other and designed to rotate about the point of intersection of the rods.

W W W The gold reserve of France is kept in specially constructed vaults 200 feet below the surface of the earth. The vaults are in a chamber that covers more than two acres. Above the coiling thoro is 40 feet of water and 50 feet of solid

George Washington was nearly as tall as Abraham Lincoln, Washington, at the time of his death, was six feet, three and one-half inches, while Lincoln's height was six feet four inches.

The north to south distance of the Pacific ocean, from Bering strait to Antarctica, is said to be more than 8,000 nautical miles. 17 17 17 Diesel engines are used by sub-

electric engines are used when the submarines are under water In 'surveyor's measure, a link is

marines while on the surface and

Common baking powder can be used to put out a small fire. Heat decomposes the powder, producing carbon dioxide, while the acid salts fuse and coat the burning material and extinguish the blaze. 17 17 17

The pigoon is believed to be the only bird that drinks by suction. All other birds take the water into their mouths and throw back their heads in order to swallow it

THE BAIT!

The dear old soul watched the gallyclad cowboy dexteriously swinging his lasso in the grounds of the circus. "What a long rope," she said at last,

What do you use it for?" "Waal, lady," he replied, "when out West on the ranch I use it for catching cows." "Catching cows!" ahe echoed. "How

very interesting. Tell me, what halt do you use?"

DAYLIGHT MOVIES FOR MOSCOW

Moscow, Russia, shortly will open a daylight motion picture theatre in a letter." public park. After several tests the invention for producing pictures in smilght is declared a success. It involves the use of two mirrors, one of which serves as a screen. The projector is fixed above the screen, and a mirror placed a short distance in front of it reflects the picture on to the mirror-screen. The audience sees a clear picture on the screen, it is claimed, in the brightest of light.

QUILL PEN MAKER BUSY

Believed to be the only quill pen manufacturer in the world, S. Barton, of London, is seeing the return of prosperity. He is sending thousands of pens to lawyers and sentimentalists in all parts of the world. Cinema stars are getting them for period rooms. The quills are from geese, turkeys and swans. Barton sign the marriage register in harmony with peacocks on his estate.

RIGHT, both of Preston, Ont., who listened to the siren call of the

Great Lakes Exposition, Cleveland, and pedalled their bikes 497 miles

to the gates of the big lakefront show. Preston is about 60 miles west

decided to visit Hagen's uncle in Pittsburg. From Pittsburg they travelled

CANADIAN GIRL REFUGEE FROM SPAIN

Mildred Knapp Kendall, 14, of Prescott, Ontario, reaches her nativ

Canada as the first Dominion refugee from Spain. /She was met a

Quebec by her father and mother, Mr. and Mrs. Frederick Kendall J.

of Prescott. The young lady was rescued from Barcelona by the Britis

destroyer Gypsy. She is pictured in the clothes in which she escaped.

direct to the Great Lakes Exposition.

The boys travelled through Ningara Falls, Buffalo, and then

NO INDEED!

Tuan: "What was all that laughter and noise that I heard last evening, Ahmed?" Ahmed: "Excuse me, Tuan, but the

cook and I were celebrating our allver wedding! Tuan: "Well, just see that it does not

happen again.'

AN IDEA, TOO!

Miss Manchester: "If you really love girl, why not 'say it with flowers'?' Mr. Hardfax: "Now, that's a good idea. It wouldn't be nearly as binding as

WHAT DO YOU THINK?

Algy (recounting tedious story): "And then the blg brute threatened to blow my brains out." Friend: "And did he?"



clean The wax should be thoroughly a robbed in with an electric floor waxer After several waxings the dry mop may be used to keep it free from dust

TIME TABLES

AT ACTON

Going East

Daily, except Sunday ...... 6.16 a.m.

Daily, except Sunday ...... 10.07 a.m.

Daily, except Sunday ...... 6.13 p.m.

Sunday only ..... 7.19 p.m.

Going West

Daily, except Sunday ...... 8,59 a.m.

Daily, except Sunday ...... 2.23 p.m.

Dally, except Sunday ..... 7.04 p.m.

Sunday only ...... 11.26 p.m.

STANDARD TIME

CANADIAN NATIONAL RAILWAYS

EPPEOTIVE MAY 3rd, 1936 LEAVE WESTBOUND

9.45 a.m - 12.15 p.m. - 2.15 p.m. - 4.15 p.m. - 6.15 p.m. - 9.15 p.m. — 11.35 p.m. . STANDARD TIME

LEAVE EASTBOUND 5.30 a.m. - 8.10 a.m. - 11.20 a.m. - 2.10 p.m. - 4.00 p.m. - 6.00 p.m. - 9.00 p.m.

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