

AN 18th CENTURY PRAVET THAT STILL FITS OUR NEEDS

Give me a good digestion, Lord, and also something to digest. Give me a healthy mind, good Lord, to keep the good and pure in sight.

Menu Hints

Recipes for New and Novel Dishes; Household Hints and Suggestions

"AFTER THE BIG PARADE" By Betty Barclay

After the big parade—the last of the season—the inner man demands attention. Perhaps you have a picnic scheduled for this Labor Day.

APPLE MERINGUE WITH BRAZIL NUTS

- 4-5 apples
1 1/2 cups sugar
1 cup boiling water
1 tablespoon orange rind
2 tablespoons orange juice
1 cup white wine
3 egg whites

Put ground Brazil nuts, Pare, quarter and core apples. Cut each quarter into thirds. Stir one cup of sugar and water together in shallow pan over fire until sugar is dissolved.

MOLASSES COOKIES

- 1 1/2 cups (1 can) sweetened condensed milk
1/2 cup molasses
1/2 cup chopped raisins
1/2 cup chopped walnuts
3/4 cups graham cracker crumbs
1/2 teaspoon ginger
1/2 teaspoon allspice
1/2 teaspoon cinnamon
1/2 teaspoon salt

Thoroughly blend sweetened condensed milk and molasses. Add graham cracker crumbs, raisins, walnuts, spices and salt to mixture, blending thoroughly.

CHOCOLATE BUTTER FROSTING

- 4 tablespoons butter
2 cups sifted confectioner's sugar
1/2 teaspoon vanilla
1 1/4 squares unsweetened chocolate, melted
3 tablespoons milk (about)

Cream butter; add part of sugar gradually, blending after each addition. Add vanilla, dash of salt, and chocolate, and mix well.

CANTALOUPE MARROW SALAD

- 4 cups cantaloupe mash
2 cups pineapple juice
1 tablespoon gelatine
Salt and white pepper
Lettuce

Lemon Dressing: 1/2 cup lemon juice, 1 1/2 cups olive oil. Salt, pepper and sugar to taste. Use soft cantaloupe, remove seeds and rinds, put through the meat grinder.

MORE EXPENSIVE THAN THAT

Mr. Simms: "A penny for your thoughts, darling." Mrs. Simms: "Make it ten dollars, dear. I was thinking of a new hat."

DINNER STORIES

UNSOLVED



Teacher: If I had four potatoes for five boys, what would I do to divide them evenly? Pupil: Mash them.

FORGOTTEN!

A successful business man, after eight years of absence, alighted at the station of the old home town. There was, despite his expectations, no one on the platform whom he knew.

THE OLD MAN OF THE BIG CLOCK TOWER



A HINT TO THE MEDDLESOME

Is it anybody's business if a gentleman should choose? To wait upon a lady if the lady don't refuse? Or when he leaves the lady, or if he leaves at all?

Is it anybody's business when the gentleman does call? Or when he leaves the lady, or if he leaves at all? Or is it necessary that the curtains should be drawn?

Is it anybody's business but the lady's, if her beau rides out with other ladies, and does not let her know? Or is it anybody's business but the gentleman's, if she accepts another's escort where he does not chance to be?

If a person's on the sidewalk, whether great or whether small, is it any of your business where that person means to call? Or if you see a person a-calling anywhere, is it any of your business what their business may be there?

The business of your query, simply stated, would be this: Is it anybody's business what another's business is? If it is, or if it isn't, we would really like to know.

And now to Main Street again. Last week I left off at the lot where the Dominion Hotel has stood for so many years. The first hotel there, the Anderson House, was a log building.

It was the birthplace of Oliver Anderson, who spent his boyhood days here and attended the old school. When he reached manhood he drifted over to Michigan to the lumber woods. Later he settled in Walkerton, where he conducted very successfully a chair factory.

Robert Agnew built the Dominion Hotel, which under the supervision of himself and his able housekeeper, Mrs. Agnew, was for many years one of the most popular hosteries in the province. Mr. and Mrs. Agnew left their Old Country home, near Carlisle, Scotland, shortly after their marriage and came to Canada to make their fortune.

be advantageous to get nearer the centre of town. The old Anderson lot was purchased, the old log tavern torn down, and the new Dominion Hotel grew up on the site.

From the day the doors of the new Dominion House were opened it was largely patronized by travellers, all of whom had a good word for the treatment received. "Bob" was a genial host, and Mrs. Agnew was "mother" to every lone commercial traveller on the road, and everyone of them, old and young, called her mother most familiarly, but with every sense of respect.

The lodges, the Councils, even the School Boards celebrated the conclusion of the year's business with an oyster supper or a more formidable spread at one or other of the four hotels in town. There was naturally a good deal of rivalry among the hosts and hostesses, to which could and would furnish the most comprehensive and appetizing menus. It was conceded that the Dominion generally "took the cake." These midnight suppers were often the scene of frolicsome experiences.

I remember late in December one year the Council of the year, about 1878, were having their annual supper. When Mrs. Agnew's lengthy menu had been pretty well waded through, and the liquid refreshments from "Bob's" department had been pretty freely imbibed, most of the members and their guests began to be rather mellow.

It was at this same Dominion Hotel that the banquet to the late Sir Donald Mann, when he was just plain Dan Mann, when he was just plain Dan Mann, when he was just plain Dan Mann, was tendered about fifty-five or sixty years ago.

Two Irishmen met during a rain storm. They argued, and inevitably it turned into a fight. For a while Mike got the better of Paddy, then he slipped and Paddy was on top.

"Now, then, my ole son of Oireland," he said, "will ye give in?" "No," said Mike, trying to struggle up. The fight continued, and once again Paddy gained the upper hand.

"Give in now!" he asked. "No," cried Mike. "Then change places with me," said Paddy. "I'm getting wet keeping the rain off ye."

BRITISH COLUMBIA'S AGRICULTURAL DEVELOPMENT

A report of the Canadian Government, based on the census of 1931, discloses interesting information concerning the agricultural development of British Columbia, Canada's most westerly province.

In 1881 the population of British Columbia was 49,450; fifty years later it had reached a total of 694,263. In that period the number of occupied farms increased from 2,743 to 26,179, and the area of occupied farm land increased from 441,255 acres to 3,541,541 acres.

The nature of the farm operations in British Columbia tends to farms of small area. Thus the census of 1931 shows that there were 7,757 farms of less than ten acres, 7,858 farms of from 11 to 50 acres, and only 3,232 farms of over 200 acres.

In the neighboring province of Alberta there are 53,513 farms of over 200 acres, and only 1,503 of less than ten acres. But Alberta is mainly a grain growing and stock raising province, while British Columbia farmers specialize in fruit raising and intensive cultivation of garden vegetables.

The total value of farm property in British Columbia is placed at over 174 million dollars compared with 33 million dollars in 1901. It is the most valuable crop, and animal products are the chief source of farm revenue.

TWO SEPARATE POWERS

The value to the world of any natural gift or talent depends on two separate powers—that of producing excellent work and that of bringing it to the notice of those who can appreciate and use it. Very few persons unite in themselves these two capabilities. It is a rare thing to find a man or woman possessing a very marked talent in some one department, and also the tact, the judgment, the knowledge of the world needful to make the most and best of it.

PRESERVE HEALTH WHEN YOU CAN

Fruits and vegetables every day in the year, and every meal in the day are necessary to perfect health. To assure this one must look ahead and prepare now for the coming winter. Canning is one of the labors of the home which show results, and successful food preservation depends on destruction of bacteria, yeasts and molds, and prevention of further development.

There are a few points which should be emphasized, rather than the usual "don'ts." 1. Use fresh products. 2. Handle small quantities at a time, pack and sterilize as soon as possible after blanching or pre-cooking.

7. Use approved methods and allow full time for sterilization. 8. Remove the jars at the end of required period. 9. Seal jars tightly at once. 10. When cool, store in a dry, cool, dark place.

TO TAKE OFF TAIL

Tar stains may be removed by covering them with vaseline or paraffin, and leaving this on all night. Next day remove the vaseline with a clean rag, take out the grease mark with a brush dipped in gasoline (away from the fire) and the stain will have entirely disappeared.

TURN ABOUT

Two Irishmen met during a rain storm. They argued, and inevitably it turned into a fight. For a while Mike got the better of Paddy, then he slipped and Paddy was on top.

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FASHIONS



A youthful example of the new fall tunic is worn by Mary Brian, screen favorite. This frock is of navy and white printed crepe, with a gilet and white revers of starched blouse. White pique flowers adorn the high neckline, and a narrow belt of navy kid accents the waistline.

Advertisement for Kellogg's Rice Krispies. Features the text 'WEATHER WISE crackle snap/pop' and 'SO CRISP they actually crackle in milk or cream'. Includes an illustration of a box of Rice Krispies and a bowl of cereal.

Advertisement for Scott's Scrapbook by R. J. Scott. Features the text 'FROG LEGS ACCIDENTALLY LED TO THE DISCOVERY OF GALVANIC OR VOLTAIC ELECTRICITY'. Includes an illustration of a frog and a person.

Advertisement for Fred L. Wright General Insurance. Features portraits of Hon. Charles Dunning and Hon. James Gardiner. Text includes 'WE SPECIALIZE IN Life - Fire - Health and Accident - Automobile - Windstorm - Plate Glass - Boiler - Fidelity Bonds - Annuities and All General Lines of Insurance'.

A One Man Farm Machine



Joe Finnegan, a Washington state farmer, has invented a three-in-one farm machine which has shortened his working hours considerably. It carries seeds on his hips. A hose runs down each leg. Every time he takes a step, the motion plants some seeds. Before him he pushes a cultivator which prepares the soil, and behind him drags a land leveler which completes the operation.

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