

VERY FOOLISH

Breathes there a man upon the earth, Who had not sometime since his birth, Exclaimed, in accents far from mirth, "I've made a fool of myself!"

THE OLD MAN OF THE BIG CLOCKTOWER



NO MORTGAGE ON THE FARM

Menu Hints

Recipes for New and Novel Dishes, Households and Restaurants

OUR GOLDEN FRUIT

Our golden harvest has come again. Warm, fragrant peaches are ripe in the sun, and orchards and markets seem like counting-houses filled with golden doubloons.

ALL BRAN PASTRY

1/2 cup all bran, 1 1/2 cups flour, 1/2 cup shortening, 5 tablespoons cold water (more or less).

PEACH TURNOVERS

1 cup sweetened, sliced peaches, 1/2 cup all bran pastry, rolling dough out to one-fourth inch thickness.

PEACHES AU GRATIN

3 large peaches, 1/2 cup butter, 1/2 cup corn flake crumbs.

PEACH COBBLER

4 cups sliced peaches, 1/2 cup sugar, 2 tablespoons butter, 2 to 3 tablespoons flour, 1/2 teaspoon nutmeg, 1/4 teaspoon cinnamon.

ALL BRAN BUTTERMILK BISCUITS

1/2 cup all bran, 1/2 cup buttermilk, 1 1/2 cups flour, 1 teaspoon baking powder, 1/2 teaspoon soda, 1/2 teaspoon salt, 1/2 cup fat.

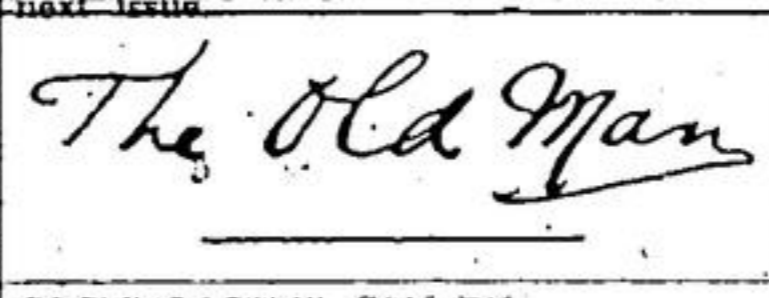
very much under the influence of liquor, but accompanied with a jug of whiskey. He got along the way as far as his own farm, got out of his sleigh, with the jug, and proceeded to his fence, where he evidently tried to climb over, but was unable.

It will be recalled by many that A. Houch, the second last hotel landlord in the building, was the father of the since famous Mazo de la Roche. The family will be remembered by many. They did not reside in the hotel, but in the house now occupied by Mr. and Mrs. John Dunn, on Main Street, and it does not require older residents to recall the Mazos Roche driving about town with the shetland pony and two-wheeled cart.

After the fire, Mr. Neil Patterson purchased the property and built the brick block, which is now owned by Mr. John Williamson.

Upon the adjoining lot, where the late Dr. Coke built "the big" brick garage, now known as the Central Garage, it is related that Acton's first grocery store was built. It was conducted by Miller Hemstreet. He called it "The Danville Grocery." After doing business here for a number of years, he left Acton and finally settled in Cleveland, Ohio.

The Dominion Hotel was erected by the late Robert Agnew. It was always a popular "travelers' home." It will try to recall some interesting items of local history associated with this locality in next issue.



COCKROACHES CAN BE READILY CONTROLLED

Cockroaches are frequently abundant in apartment houses, hotels, dwelling houses, stores, and in any building where there is warm moist conditions and a plentiful supply of food.

Cockroaches may be readily controlled by means of sodium fluoride, which may be obtained from any drug store, states a leaflet prepared by the Entomological Branch and issued by the Publicity and Extension Branch, Dominion Department of Agriculture, Ottawa.

As was shown in one of my early articles referring to Mill Street history, the fine brick block, which now provides so satisfactory a home for the Bank of Nova Scotia and the Acton Creamery plant, and commodious residences, was for many years occupied by a stone hotel.

FAMOUS PAINTING COMING TO CANADA

"The Doctor" Loaned to Canadian National Exhibition Crossing Atlantic Under Guard

One of England's national art treasures and possibly the best-known painting in the world, "The Doctor" will be on view at the Canadian National Exhibition's art show this year.

Painted in 1891 by Sir Luke Fildes, this huge canvas, measuring 5 1/2 feet, has been sent across the Atlantic under guard. It has been loaned by the Tate Galleries, London, England.

A SAFE DRIVING CODE

Toronto, August 18th.—The courtesy of Ontario motorists may well be considered one of the Province's most substantial natural resources and may be counted on to maintain and increase the large flow of tourist traffic which enters Ontario each year from the United States and other provinces, according to Hon. T. B. McQueen, Ontario Minister of Highways, who is exceedingly well pleased with the co-operation being given by drivers to the "Try Courtesy" campaign of his department.

"We have received hundreds of complimentary comments from visiting motorists," Mr. McQueen said yesterday, "on the consideration and courtesy they have received during their holiday in Ontario, and we can have no better sponsors for this Province as the summer playground of America, than tourists who have found it a delight to drive along our highways."

A new "safe-driving code" of 10 points has been worked out by the Department, Mr. McQueen announced. It urged that motorists frequently check themselves on courtesy and care against the code, which had been prepared by motoring experts in the form of questions as follows:

- 1. Do you keep your mind on your driving, watch the movements of other cars, and try to anticipate what they will do?
2. Do you keep in the line of traffic, especially when nearing the top of a hill or a sharp turn?
3. Do you comply with traffic regulations, signals, and signs, and slow down at crossings and dangerous intersections?
4. Do you know the feeling of having your car always under control, by having it, brakes, especially, inspected regularly?
5. Do you watch for pedestrians, particularly children?
6. Do you signal to the car behind when you intend to change your course?
7. Do you maintain a speed satisfactory to motorists both ahead of and behind you?
8. Do you give other motorists the right of way when there is any question about it?
9. Do you dip or dim your lights when meeting other cars at night?
10. Do you show the same courtesy that you would like to have shown to you?

WRIGLEY'S GIVE FREE INSURANCE TO EMPLOYEES

Entire Cost to be Paid by Wrigley's

Following closely on the announcement of a Pension Plan, which assures protection in old age for all employees, Wm. Wrigley Jr. Co. Ltd. has just made public a plan by which every employee of the company is provided with life insurance at no cost to himself.

All employees who have been three or more months service with the company will be given gift insurance in accordance with their position. Executives and department heads are insured for \$3,000; foremen and salesmen for \$2,000, and all other employees for \$1,000.

SCIENCE ADVISES AGAINST MEALS LOW IN NEEDED "BULK"

Reports ALL-BRAN Supplies This Dietary Adjunct

Scientific tests have shown that meals which miss the proper "bulk" tend to cause common constipation. This condition causes discomfort, and may lead to headaches, loss of appetite, even serious disease.

Avoid these faulty meals by adding Kellogg's ALL-BRAN to your menus. It supplies generous "bulk" in convenient form. This absorbent moisture, and gently exercises and cleanses the system. ALL-BRAN also furnishes vitamin B and contains iron.

"The bulk" in ALL-BRAN is often more effective than that found in fruits and vegetables as it does not break down within the body. Two tablespoons daily are usually sufficient. If not relieved this way, consult your doctor.

Kellogg's ALL-BRAN may be served as a cereal with milk or cream. Sprinkle over soups, salads or other cereals. Or cook into appetizing muffins, breads, waffles, etc. It adds a delicious nut-sweet flavor to your recipes.

DINNER STORIES

TRUTHFUL: "After 20 years of living I've discovered one thing." VERY MANLY: Two men were seated in a crowded street car. One, noticing



that the other had his eyes closed, said: "Bill, are yer feelin' well?" "I'm all right," said Bill, "but I do 'ate to see ladies standing."

"What's that?" "I haven't accomplished a thing."

SCOTT'S SCRAPBOOK

Advertisement for Scott's Scrapbook featuring a portrait of a man and text describing the product's benefits for preserving memories.

She Must Like Guns

Madeleine Carroll, Often in War Films, Nearly Went to Spain



By FLO MARSHALL, Central Press Canadian Writer

Hollywood, Calif., Aug. 18.—Coincidence has finally caught up with Madeleine Carroll.

Before coming to Hollywood under contract to Walter Wanger this English beauty made her first screen appearance in a film titled "Guns of Loos." Then followed some weeks of idleness, several films of average success and the hit picture, "I Was a Spy." More guns. Then "The 39 Steps"—still entangled in espionage and guns.

Now after finishing her work in "The General Died at Dawn" (still at it) Miss Carroll planned to take her vacation in Spain—and look what happened! Civil war.

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