

TRAILING ARBUTUS

The wee arbutus children Go creeping o'er the ground; In dainty frocks of rosy hue They're on the hillsides found. Their stems are strong and hairy, And hold them firmly up. A lovely fragrance gently breathes From every little cup. Their leaves, net-veined and oval, Are tough and evergreen; There are no fairer little flowers In springtime ever seen. Then treat them very kindly, For tender care each needs That they may give us, for next year, A gift of tiny seeds. —Virginia Baker.

Menu Hints

Recipes for New and Novel Dishes: Household Ideas and Suggestions

By BETTY BARCLAY

TOUCHING UP THE MEAL WHEN COMPANY COMES Have you ever greeted company at the door when your plain meal for the family was already on the range? Disconcerting, isn't it? Still, it's easy to touch up the simplest meal without much trouble. A glass of ice cold pineapple juice makes an ideal emergency appetizer. Served in attractive colored glasses with a cherry or sprig of mint, it is an aristocrat at any table. Best of all, the juice contains vitamins, is a balancer and is nutritious.

In the evening, a delicious milk shake may be served with tea biscuits or cookies—as an ideal emergency lunch for unexpected company. Here is the recipe:

PINEAPPLE MILK SHAKE 1 scoop ice cream (vanilla) 1 cup milk 1/2-cup pineapple juice

Place all ingredients in a mixer or a mason jar and shake well. Malted milk may be added if desired. Serves 1.

SUNDAY "SERVE YOURSELF" SUPPER

After the hearty midday dinner of Sunday, a "serve-yourself" supper is a great boon to the lady of the house—it gives her a leisurely afternoon and evening too. A plentiful supply of these savory cheese roulettes, cold meat, or a salad, preserves, and cake will satisfy one and all.

CHEESE ROULETTES 2 cups sifted cake flour 2 teaspoons baking powder 1/2 teaspoon salt 4 tablespoons butter or other shortening 2 cups milk 1 cup grated Canadian cheese Melted butter Salt Paprika

Sift flour once, measure, add baking powder and salt, and sift again. Cut to shortening; add milk all at once and stir carefully until all flour is dampened. Then stir vigorously until mixture forms a soft dough and follows spoon around bowl. Turn out immediately on slightly floured board and knead 30 seconds. Roll into oblong sheet, 1/4 inch thick. Brush with melted butter. Spread cheese evenly over dough. Sprinkle with salt and paprika. Cut in strips, 6x1/2 inches, roll each strip, and place in greased muffin pans. Or roll sheet as for jelly roll, cut in 1/2-inch slices, and place slices on greased baking sheet. Bake in hot oven (425 degrees F.) 15 to 20 minutes. Makes two dozen roulettes.

FRUIT PULP OF GREAT VALUE. JAM INDUSTRY

Fruit pulps are of great value in the commercial manufacture of jam, these pulps being used when fresh fruits are not readily obtainable. Experiments have proved that jam made from fruit pulp is as palatable and nutritious as that made from fresh fruit. In Scotland, where there are twenty-three jam factories, fruit pulps are largely depended upon and those most commonly used are strawberry, plum, black currant and apricot. Others are raspberry, damson, bramble and gooseberry. Holland and France are the chief sources of supply for all of these fruit pulps, except apricot, which comes from Spain. Canada shares in this market for strawberry pulp which comes mostly from the Pacific Coast, although it would seem that Eastern growers should find a profitable market here also, according to the Agricultural Department of the Canadian National Railways.

What plant turns a girl into a woman? Thyme (Time).

DINNER STORIES

HIS GREAT AMBITION "We must go to Stratford," an American on a visit to England said to his wife. "What's the use of that?" asked she. "We can buy Stratford postcards in London."

"My dear, one travels for something more than to send postcards. I want to write my name on Shakespeare's tomb."

THE OLD MAN OF THE BIG CLOCK TOWER



HOLD YOUR HEAD UP LIKE A MAN

If the stormy winds should rattle While you tread the world's highway, Still against them bravely tussle, Toppo and labor day by day; Fetter not, no matter whether There is sunshine, storm or calm, And in every kind of weather Hold your head up like a man.

If a brother should deride you And should act a traitor's part, Never let his treason grieve you; Jog along with lightsome heart; Porture seldom follows fawning, Candour is the better plan; Hoping for a better dayning, Hold your head up like a man.

Earth, though e'er so rich and melow Yields not for the worthless drone, But the bold and honest fellow, He can shift and stand alone; Spurn the knave of every nation, Always do the best you can, And no matter what your station Hold your head up like a man.

As I remarked last week, the last lot in the block on Mill Street, between Elgin and Frederick Streets, has been the residence and office for a long list of medical men who have practiced in Acton. After leaving the Hill property Dr. Shook took up his residence on the property now owned by Mrs. William Johnstone, but occupied as a twin apartment by Mr. Edward Ryder and Mr. Cameron Lelsham. The Dr. secured the two lots facing on Mill Street and running back to Bower Avenue. He built his house back on the line of the two lots and left the fine depth of lawn which still obtains. He planted the evergreens, which still thrive, over eighty years ago.

After Dr. Shook's removal this property came into the hands of Samuel Smith, who was an esteemed resident in the early days. I think Mrs. James Cameron was a sister of Mr. Smith. His daughter, Sarah, was one of the first lady teachers on the staff of the Acton Public School. She was assistant to Mr. Little. Some of Acton's present residents remember her as their teacher. Miss Abbie Adams taught a private school before this. Mr. Smith's eldest son, Alfred, went to Guelph and was for many years accountant for the Raynord Sewing Machine Company in that city.

Mr. William Sharp, lumberman, made this his residence for a number of years. He was a fine old gentleman. His lumber mills were down on the site of the Douglas and Sayers farms on the town line between Esqueving and Nazanawaga. The lumber was taken to Acton and shipped from here over the G.T.R. Mr. and Mrs. Robert Agnew conducted the big boarding house at the mill and their place was always popular. Mr. Sharp was an old English cricketer and accustomed to appearing in white flannels. I remember the first time he went down street thus equipped one hot July day. The populace gazed upon him in open-eyed amazement. The people hardly knew what to make of the "apparition." There were three sons and a daughter in the Sharp family. The boys, Bill, Fred and Alf, were blocky lads. Jennie was a neat, lady-like girl. After leaving Acton several years she married Mr. Greening, of the Greening Wire Works, Hamilton, a popular and prosperous business firm.

During Mr. Sharp's residence here there was a minstrel show in the old Temperance Hall, which was then situated on Main Street, where the road now leads to the property owned by D. A. Henderson that was used for many years as a saw mill. It was counted a good show and the youngsters about town were so much impressed with it that there were numerous imitations of the songs and sayings of the colored folks. Bill Sharp conceived the brilliant idea of the boys themselves getting up a show. The driving house beside the barn, which stood on the property for many years but has since been taken down, was secured for the purpose.

Supreme Court Judge



A. B. HUDSON, K.C. Here is most recent photo of A. B. Hudson, K.C., of Winnipeg, recently appointed judge of the supreme court of Canada.

Mr. Sharp's best buggy was turned out to the side. A platform was arranged at the west end of the driving house, with a half a dozen planks, on a couple of carpenter's horses. Two or three quilts served as the stage curtain. Alf Sharp and Chester Hill, with their faces blackened with burnt cork, made crackling good men, so the claps thought, and the program was filled in with school recitations, songs like "Captain Jinks" and "Down in a Coal Mine," were sung. The audience was selected. It comprised Mrs. Sharp, Jennie, two or three lady visitors and a few of the big sisters of the boyish performers. The proceeds from the door receipts were sufficient to pay all expenses and afford a treat from Mrs. Hill's taffy plates of about two squares each.

When Mr. Sharp sold out his lumbering interests and moved to Toronto, Dr. McGarvin bought this property. A few years after he came into possession a disastrous fire destroyed the home and office. Dr. Lowry had just completed his medical course and was practicing with Dr. McGarvin. He was a gold medalist, and in the fire he lost all his belongings, including the gold medal. I believe the medal was never recovered from the ruins.

A contract was let at once for the fine new two storey brick edifice which now occupies the site. Eli Snyder was the contractor and he took great pride in the erection of this residence, about fifty-nine or sixty years ago.

Dr. McGarvin sold his practice here and went to Markham. He returned and ran the drug store for several years and then went to Butte, Montana, where he died.

The next doctors who occupied the premises were Dr. Lancel Auld and Dr. Springer at short intervals. Dr. J. P. Uren, then took up his residence here. Here he brought his bride. It was here his first-born twin-daughters had their birth. The dear little girls only survived a few months. Dr. Uren's career here was very popular. He was frequently assisted by his brother-in-law, Dr. J. N. E. Brown, who was later Superintendent of Toronto General Hospital, and then one of the principal hospitals in Detroit.

Dr. John M. Macdonald, now of Toronto, was Dr. Uren's successor. He took his bride, Miss Laura Plank, here and here she died after a few years of energetic helpful effort as a busy practitioner's wife. Dr. E. J. Nelson also commenced his medical practice in Acton in this house and later removed to the Dr. Gray residence.

The late William Johnstone bought the property and, after Dr. Macdonald's removal, he and his family resided there. Mrs. Johnstone still owns the property.

The Old Man

Next week I'll try and think up particulars of some of the incidents respecting the residents and business interests and numerous fires in the block on the south side of Mill Street.

ROCK GARDEN PLANTS

A great many rock gardens subjects require special conditions, such as those of soil and aspect to respond with satisfactory growth, and until their needs are ascertained and supplied unthrifty looking patches are often in evidence. The free use of plants which are less particular will render these less conspicuous and give a finished appearance to the rock garden. At the Morden Experimental Station the following list of plants have proved to be of rapid growth, hardy and tolerant to drought. Among the stonecrops are Sedum spurium, and its variety coccineum, S. Kamschatkense, and the variegated variegatum, S. Elia-complanatum, S. Middendorffianum, S. Sieboldii and S. peclabell.

The Moss Pink (Phlox subulata) provide drifts of color in early spring, and while the type plant is worthy of a place it is excelled by varieties Vivid, Daisy Hill, and alba. Other Phlox are P. divaricata and P. Douglasii, the former of loose spreading habit and the latter a stiff and tufted one. The bellflower family is represented by Campanula carpatica, C. turbinata, C. Glomerata and C. Garganica. There are many Milfoils, but only two are mentioned as being distinctive and useful, namely, Achillea tomentosa, for its yellow flowers and velvety green foliage, and A. ageroides, with white blossoms and grey-green leaves. Interceding at all times, but of fleeting beauty, are the native Cactus, Opuntia polyacantha, O. fragilis, and the pin-cushion-like Manillaria vivipara. The last named has brilliant rose-colored blossoms and edible fruit. The maiden pink (Dianthus deltoideus), and the Cheddar pink (D. caesius) are indispensable members of a large family.

Some of the earliest flowers are produced by bulbous plants, such as Scilla sibirica, Fritillaria pudica and F. pallidiflora, while Trollolium montanum blooms in June. Genethera missouriensis is an evening primrose, which opens its large water-lily like blossoms all day and all season. Thymus serpyllum, Alyssum saxatile, Iberis sempervirens, are of a sub-shrubby nature, and Daphne Onocrium is a true shrub, dwarf, evergreen and fragrant of bloom.

OVER HALF THE AUTOMOBILES IN CYPRUS ARE FROM CANADA

There are more automobiles of Canadian make running around the streets of Cyprus than of any other country. The total number of cars and trucks in Cyprus, registered as at December 31, 1933, was 2,313 of which 1,211 were Canadian cars, according to the Industrial Department of the Canadian National Railways. Great Britain comes next with 804, the United States 103, Italy 93. There is an increasing use of automobiles from Great Britain due to their lower gasoline consumption as compared with the larger Canadian and American types.

THE VERY BEST

Lawyer: "On what authority do you swear to the horse's age?" Witness: "On the best authority." Lawyer: "Come now — what is this best authority?" Witness: "Well, I had it from the horse's own mouth."



Broadway blinks in the splendor of the world's largest tapestry in electric lights as the new "Spectacular" on the Great White Way, Times Square, New York City, is put into operation with ceremony for the first time Saturday night, March 24th. This huge tropical fish in the scene swim slowly, in startling contrast to the usual eye jerking signs of this type. A full block long and stretching ten stories high, the new display represents a million-dollar investment.

SINGING? First wife: "I told my husband about these gowns that are selling for a song." Second ditto: "What did he say?" Wife: "He said if I expected him to supply the notes I'd better change my tune."

THE DECEIVER "I hear that Mrs. Highbridge is much disappointed in her husband." "Dreadfully. She understood he was a home-loving man and now he wants to tag along with her everywhere she goes."

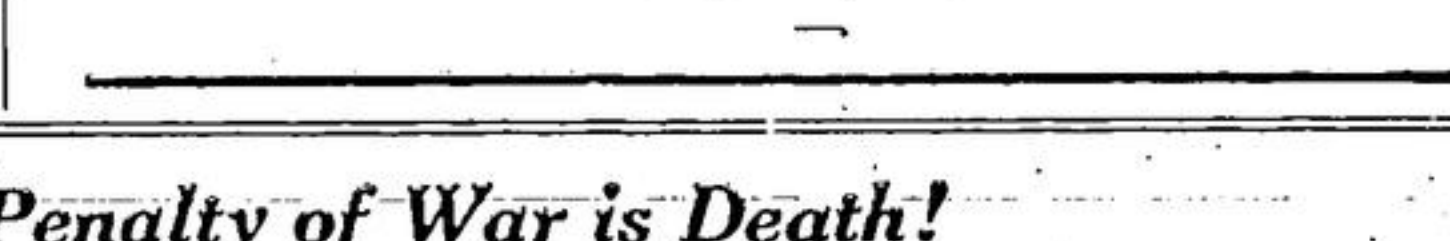


"If I could only be SURE!"

Arthur Wilson needs that job in the next town, knows he's the man to fill it. But does he dare risk the costly journey with so little money left? Maybe the job will be filled when he gets there; perhaps the boss will be away...

Too bad there isn't someone to remind Arthur how easy and inexpensive it is to make an appointment by Long Distance!

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The "bulk" in ALL-BRAN is gentle in action. ALL-BRAN also supplies vitamin B and iron.

This delicious cereal is a wholesome food. Serve ALL-BRAN regularly for regularity, with milk or cream—or use in cooking.

Two tablespoonfuls of ALL-BRAN daily will usually correct constipation due to insufficient "bulk." If not relieved, see your doctor. ALL-BRAN gives you gentle intestinal exercise. Sold by all grocers. Made by Kollogg in London, Ont.

The Penalty of War is Death!



The horror of battle is brought arms during the battle of Enders, second big Italian victory in Ethiopia—(Adowa was the first). The background is brightened by the battle smoke which stands out in chiaroscuro against the darkening sky.

Business Directory

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