Business Directory

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Physician and Surgeon

Avenue and Kigth Street.

Office and Residence Corner Bowe

I WILL BE SILENT

- I will be silent that the wise My wisdom teach me, day by day. Tis only clattering fools despise The tongue that doth no thoughts
- betray. I will be silent. Nature speaks Alone when human lips are mute.
- I will be silent, and the flower Perchance its magic will disclose; Twere more than worth a quiet hour To win the secret of a roset

The voices of the mountain peaks

Await the stillness absolute.

The hush of day, the calm of night Will unveil mysteries of my soul. Till heaven may open to my sight Through nature's ever-changing scroll.

Menu Hints

Recipes for New and Novel Dishes: Household Ideas and Suggestions

SOMETHING OLD SOMETHING NEW

thought is given to changing them and each year they taste better-Pickled Beets, Mustard Relish, Celery Pickle, and Pear Jam all come from Grandmother's cook-book, while Jewel Jam, Carrot Ketchup, and Apples in Cranberry Julo are quite new and unusual. The following recipes were prepared and tested by Miss Edith L. Elliot, Pruit Branch, Dominion Department of Agriculture: PICKLED BEETS

Wash beets. Cut off tops, leaving about one inch of stems to prevent bleeding. Cook until tender. Remove skins and if beets are small leave whole, but if large, cut in slices. Pack in a crock or in-ters and in-vach-jar-put one table spoon of horseradish. Pour over them a pickle mixture using one cup vinegar 4 cup water, 4 cup sugar, one teaspoonful salt, boll together and pong over

- MUSTARD RELIGH
- 1 small cabbage 6 large onlons
- 1 head celery 1 large cauliflower
- 12 green tomatoes
- 3 green peppers 3 red peppers

12 upples Put all through the mincer, add 2 cups sugar, 2 quarts vinegar, I tablespoon tumeric, 14 lb. mustard, I teaspoon curry powder, 2 tublespoons salt, 2 tablespoons white pepper, 2 tablespoons celery seed. Mix well and cook ten minutes, bottle while hot.

CELERY PICKLE 6 heads celery

Put through the mincer Add 1 cup brown sugar, 11 lb. mustard, z tablespoons salt, I tablespoon pepper, 2 quarts vinegar, 1/2 teaspoon tumeric. Mix and simmer clowly 112 hours. Bottle while hot.

PEAR JAM

10 cups coasely chopped pears 5 cups sugar

1/4 cup chopped preserved ginger, with Boll all together until thick and clear.

- JEWEL JAM 4 cups chopped quinces
- 4 cups chopped apples
- 2 cups cranberries 2 cups water

and cores of apples. Drain through a there were 2,462 entries. felly bag and to the juice add chopped apples and quinces. Cook five minutes. add five cups sugar. Cook until thick and clear.

CARROT KETOHOP 4 cups chopped carrots

- 1 green pepper, chopped finely 1 onion, chopped finely
- 1 cup chopped celery Two cups vinegar, 1/2 cup sugar, 2 teaspoons salt. 1/4 teaspoon paprika. Cook until thick, press through a fruit

APPLES IN CRANBERRY JUICE Peel and quarter apples which will pint far allow I cup cranberries, I cup

are excellent), pack in jars. To each water and I cup sugar. Add water cranberries and skins and cores of apples cook slowly ten minutes, drain, add sugar and bringing to a boll, pour over apples. 276 degrees Y. M apples are to be used often

should have some change from apple post office, and on motion of the late taute and apple ple, however toolhsome these may be.

VIJATE BYRCE A method for making apple satter buickly and satisfactorily is as follows: Wash the apples; cut in eighths, add surriclent water to prevent burning. Cook until tender in covered saucepan, press through a strainer, sweeten taste. This method retains full food value and gives minimum waste.

HAHOED APPLES AND PERCHES Peel, core and slice six upples. Peel and alice six peaches. Arrange in alternate layers in a baking dish. Sprinkle each layer with sugar and bake minutes at 400 degrees P. Berve cold For a winter dessert use canned peaches, reserving the juice for a gelatine dessert or pudding sauce. Berves 6.

- APPLE CUSTAIN PIE
- 1 plut milk 3 CENS .
- 3 tablespoons sugar
- I grated apple Boot ogen, add sugar, then



THEY SAY"

They say!"-ah, well, suppose they do; But can they prove the story true! Suspicions may arise from naught But malice, envy, want of thought, Why count yourself among the "they." Who whileper what they dare not say?

"They say!"—but why the tale rehearse, And help to make the matter worse? No good can possibly accrue From telling what may be untrue; And is it not a bolder plan . To speak of all the best you can?

"They say!"—well, if it should be so, Why need you tell the tale of woe? Will It the bitter wrong redress, Or make one pang or sorrow less?

Will it the erring one restore, Hence forward to go and sin no more? They say!"-Oh, pause! and look with-

See how the heart inclines to sin: Watch, lest in dark temptation's hour, Thou, too, should'st sink beneath its Pity the frail, weep o'er their fall, But speak of good, or not at all.

my items for this week.

style again." "The County Pair was a great success.

"The Guelph Central Fair Association leared \$1,070 by this year's exhibition." "Milton's rate of taxation is 16 mills. "They had a matinee in vaccinating the Canada Glove Works employees the other day. Result-Works closed for a

"Coal is \$6.50 per ton." "The grain buyers have been busy this week. Prices are: Wheat, 82c to 83c

peas, 55c to 56c; and oats, 28c." "The boys who misplaced the school press or coarse sieve, reheat and bottle bell and hid the clapper on Hallowe'en were rather humiliated when obliged set matters to rights again.

The Valie and Salchel Pactory is not break down in cooking (snow apples rushed with orders. The staff has been re-inforced during the week by two experlenced workmen, one from Newark, N. J., the other from Toronto.

"Mr. Miller Hemstreet passed away Cleveland, Ohio, at the age of 85 years, Forty-five years ago he opened the first Sterilles ten minutes in a hot water grocery in this place and set up the first both or fifteen minutes in the oven at sign-post on which was inscribed Denville Grocery, by Miller Henritreet.' Your we years afterward the place was given

THEF COUPME

- 14 tablespoons minute taploca teaspoon salt
- 1 cup milk, scalded
- 14 cup sugar 3 egg yolks, teaten until thick
- lemon colored 14 tablespoon lemon juice
- 3 egg whites, stiffly beaten I cup grated raw apple, or -drained

cooked apple pulp Add minute tuploca and salt to mill and cook in double boiler 16 minutes, or until taploca is clear, stirring frequent-

ly. Add sugar. Cool. Add egg yolks, lemon juice, and apples. Fold in egg whites. Bake in greated baking dish, placed in pan of hot water, in moderate oven (335 degrees V.) I hour. Berve hot with tweetened whipped cream. Herves generally by shame and futilire. A young 8. If desired, the whipped cream may Christian is ambitious to distinguish be forced through a pastry tube into himself as a saint at once. It is the aged milk. resettes on waved paper, and frozen in saint who counts it an honor if he be Strain. Add grated apple and bake in the freeking tray of an automatic re- "permitted" with shame to take the

Robert Swan the name was changed to "The Acton Pump Works, on River

Street, are now in full blast." "A Milton boy was fined \$5.00 last

meeting."

in the churches. old glove factory." .

and costs to the amount." "Messrs, W. D. Brothers and W. White have established the Milton Reformer.

Milton News."

ordered work department."

departure for Michigan."

close of the present year."

their place.

Miller's Worm Powden; will eradicate the worm evil that bears to heavily on er use in the clay industries of scienchildren and is believed to cause many tific principles, the introduction of new fatalities. They are an acceptable modicine to children and can be fully relied upon to clear the food channels thoroughly of these destructive parasites and restore the inflamed and painful surfaces to healthfulness. They are an excellent remedy for these evils.

HUNTING IN QUEBEC

Quebec has long been known as paradise for huntamen, both amateur and professional. The lordly moose, biggest game unimal on the American continent, has long been the quarry of It's been some weeks since I went back the boldest sportsman. The Virginia as a turkey spreads his tail feathers! to the old file of a half century ago for deer, which darts through openings in said Uncle Eben. "Dey makes an elemy column, so there is where I will glean the forcets, along the banks of lakes and gant impression, but they don't reprerivers, with the agility of a gymnast, sent no real meat." The Baptist Church had a concert, shares with the moose the honor of being and let's see who the local artists were. the most magnificent victim of tireless Acton Cornet Band; Misses Orr, of hunters. The black bear, still to be Refreshes and rejuvenates. Adds a Georgetown: Mr. Harry Jenner; Miss found in large numbers in the forests youthful charm to the complexion. Soft-Strange; Messrs. Gardiner and Mc- of Quebec, is also superb but wily game. ons and beautifies the skin. Makes Cauley, of Guelph; and Miss Clara Wil- The hunter in search of feathered game hands flawlessly white. Indispensable to is not less favored than his big-game the woman who appreciates subtle dis-The Mayorality contest in Toronto was brother. Three species of partridge are linction. Delightful to use. Delicately termed as waxing hot-in late October. to be found in the province, and the fragrant. Soothes dry and irritated "Our merchants are getting down to shores of the Lower St. Lawrence, main- skin. Corrects and preserves. A riawless the close-any-hour-at-or-about-bedtime ly those on the south side, as well as a tollet requisite for every discerning few islands set in the heart of the river, woman. A true aid to beauty. teem with feathered game. Duck, wild Cook cranberries with water and skins About 4,000 people were present and goose, woodcock and jacksnipe are to be found, and hunters who fall to fill their game-sacks are rare.

Quebec's laws governing hunting are generous despite certain necessary restrictions. Devotees of deer hunting this year may pursue their quarry from September 1st to October 31st, except in the countles forming the couthern zone of the province, where deer hunting is allowed only from October 1st to November 30th. Moose may be hunted from September 10th to November 30th in the counties stunted north of the St. Lawrence. South of the river, the moose season opens on September 20th and ends on November 30th. In the countles of Bonaventure, Gaspe, and Matane hunting for caribou is permitted from September 20th to November 30th. Por feathered game such as partridge, grouse woodcock, duck, jacksnipe, etc., the hunting season opens on September 1st

and closes on December 15th. In Quobec and throughout the other provinces of the Dominion, a network of land and water highways, railways, and aeroplane service have brought the former remote regions within easy reach of the great centres of population, and the pleasures of the hunt and all its thrills are now accessible without hardship or delay.

WHAT ABOUT DIONNES

Asked how he held the attention his audience, Josh Billings explained; "For instance, I will say, There are two things on earth for which a man is never prepared. What are they?' Cries will come from the audience: 'Death, "Tuxes," 'Murriage,' 'Happiness,' 'Wealth.' Nope, you're all wrong.' I then conclude colemnly. The two things earth for which no mun is ever prepared are . . . twinst" - John K. Winkler, Incredible Carnegle.

MODESTY

Modesty is soldom the attribute of the untried. Modesty is a thing we learn

CANADIAN MINING RESEARCH

Realizing the value of modern methods and technique in mining operations, the Canadian Department of Mines has in week for, disturbing a Salvation Army full swing a program of laboratory and field work involving investigations that Thanksgiving Day was on Thursday, will effect all branches of Canada's November 12th, and services were held mineral industry. Laboratory tests and experimental work are under way that "Measts. Worden Bros. have removed relate to such distinctly separate fields their barber shop to the office of the of endeavor as the greater utilization of Canadian coals in the domestic markets, at skool ast me to ast Pa to cum to the "J. Batchley, Georgetown, paid \$11.50 the revising of ore treatment processes rm, this a m on emportent bisness. She for fun on Hallowe'en, and James Bulli- for use in Canada's new gold mills and sed. When Pa arove she said wood he

acope. Officers have been placed in less trubbel in the rm. Pa sed he new Both were formerly connected with the strategic areas to gain first-hand in- a cheeper sistom & I bulleve him. Now. formation on the varied activities of the "Mr. H. B. McCarthy has disposed of industry. Pield work also includes a kleener, to so up my base ball & she his boot and shoe business to Mr. Wm. survey of the limestone industry in On- dikklined & sed the Im bizzver'n a Williams, who has had charge of the tarlo and British Columbia; a field study swarm of bombelbeeze in a newdest colof the fire clay, and other high quality loney. I dident ketch on but she laft "Acton Lodge Y. O. O. F. bendered Bro. clay resources of certain areas in North- and give me a wise look. I wander what George McParlane a banquet prior to his ern Ontario; a study of the industrial she had on her mind, if ency. and board at the municipality's expense." bricks, mineral fillers, and sand blasting he wundred what the uthers are hear "Reeve Storey has offered \$10 reward | The heavy volume of tests and experi- for.

for information which will lead to the mental work on gold ores continues as Thirsday: It says in the noosepaper conviction of the parties who evidently the feature of activities in the ore dress- where Pa is an imployee of that Shurley consider it wort to smash street lamps." fing and metallurgical laboratories. Treat- Tempel has a boy frend. Well, Shurley "The three lady teachers of Acton ment processes have been devised for aint go nother on Jane. And was it no Public School will discontinue at the practically all of the gold milling plants for my modestey I would rimmark that that have entered production during the are mirrer showes Janes is fur hansumer A review of these little incidents of year. Much of the work is in the nature than the noosepaper showk Shurleys. half a century ago and a comparison of microscopic studies and experimental Jane is a luckey dame. with the news of the present day doesn't tests on ores and ore products from es- Priday: Well 8 wks of skool is in my reveal a great deal of difference. Hal- tablished gold producers. Test work on arrears and I cant see where I have lowe'en was apparently pretty rough but base metal ores has been confined large- learnt nothing Neept to wirry how long then there are those who would be rough ly to the development of new metalurgic- thirty 2 more wks is. I hate to divvoke in this day if the restraining hand was all processes for properties with proven my hole life to lernen nothen. not laid on heavily. The oyster suppers ore reserves, and to problems relating to Saterday: Blisters (darn him) tuk

> the nature of laboratory tests and ex- did ennyboddie tell him how wunderfie periments. With the keen competition he is. No he sed & she then ast him existing at present, manufacturers are well then where did you get the idear? making every effort to improve their I struggeled not to but I had to laff. wares in order to stimulate sales. 'The facilities of the laboratories are being utilized more and more due to the greatprocesses, and the development of new

NOT HE!

Mr. McNabb '(after having lease read to him)-"I won't sign that. I havena' been able tae keep ten commandments for a mansion in heaven, an' I'ni no gaun tae tackle nearly a hundred fur a two rooms in the High Street."

JUST A GOOD IMPRESSION

"Some folks uses big words de came

Persian Raim & a true clixir of youth.

SLATS DIARY BY OLIVER N. WARREN

Sunday: I most neerly fergot to menshen last wk. about a 1 laiged boy in are room in skool witch he first come Pri Teecher exprest sorrow and Woodroe witch is his name sed he got offel tire scalreley stand it did he haf to us 2. Bo

Munday: The Mrs that teeches are rm.

vant, George and Rufus Reld added \$11 the improvement in quality of ceramic be AAA to me. Neether I nor Pa cud get her so she Xplande. Pa being that The field program is equally broad in to I would meen he pay me for raisin Teusday: Y ast Lizzy Tubbs, are house

mineral situation in Quebec, the Prairie; Wensday: I had to last at S. skool "Last night eight tramps were given Provinces, and British Columbia, a sur- Sunday. Dont no if the teecher had to lodging in the cells and last Monday vey of industrial waters in Ontario and or not but she did and seamed to injoy night five of the lazy and good-for-noth- Quebec; and the investigation in On- it. She sed we are hear in the world ing gang presented themselves for bed tario of mineral products used for shingle to help uthers and Jake he up and sed

uren't so popular how as in those days, higher metal, recoveries at established Jane to a partie last evning. He must but the fowl suppers seem to have taken producing properties have give her a pane in the neck or Ceramic investigations are mostly in sumpen. Emphow I herd her ast him

THE CHAMPION

A stranger was dining in Aberdeen. When the meal was over he handed the

waiter a penny tip. The waiter looked at the coin in his hand. "Do ye ken, mister," he said, "that the champion miser in Aberdeen

gies me tuppence?" The stranger held out his hand emilingly. "He," he taid, "shake hands with the new champion."-Answers.

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on him.

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morrow only-but for next year and ten years

from next year. He knows the value of

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have the larger volume of business that comes "

Don't miss the advertisements. This very

than he could ever hope to sell it if he did not

from legitimate advertising and goods that bear

day they call your attention to values that to-

morrow you will be sorry you overlooked.

out the promise of the printed word.

Don't Miss the Advertisements

your trade or your confidence. You can depend

the man who advertises is the man who most

willingly returns your money if you are not

Is a Man Who

DUTY

Of all the watchwords of life, duty is the highest, and best. He who sincerely adopts it fives a true life; he is really the successful one. It pertains to all parts and relations of life. There is no moment, place or condition where its claims are not imperative. The poet states it well:

I slept and dreamed that life was beauty. I woke and found that life was duty. -Wm. M. Thaver

DOUBTLESS

Helen-"Do you think Uncle George

inderstands women?" Toni-Well, he used to have money. and now he's broke."



HAVEN'T you noticed that your happlest hours occur on days when you feel your best?

Have more of these happy days. You and all your family. Guard bealth while you have it. Keep on the sunny side of life.

The greatest enemy of health Le common constinution. It may cause loss of appetite and energy. Certainly it kills enthusiasm! Yet it can be banished by eating a delicious cereal.

Laboratory tests show Kellogg's ALL BEAN supplies "bulk" and vitamin B to relieve common constipation. Also iron for the blood.

The "bulk" in AYY BRAN is muchlike that in leafy vegetables. How. much pleasanter to est this deliclous ready-to-eat cereal than to take patent medicines. Two table spoonfuls daily are usually suffi-



J. Cadesky

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