

DO YOUR BEST

Do your best, and praise or blame that follows this counts for naught. You may have noted great success in mixed with troubles, more or less. And it's the man who does his best that gets more kicks than all the rest.

HONORING THE FIRST AMERICAN COOKS

In the month of October, we honor each year the memory of Christopher Columbus on the anniversary of the day when he sighted the land of the New World—now nearly five hundred years ago.

As a part of this celebration, school children study the history of corn, one of the most important gifts to mankind from the New World. We are all familiar with the old story of how corn saved the first settlers in the Americas from starvation and helped the pioneers in the struggle to push westward.

Like women everywhere, the squaw did more than keep body and soul together with enough to eat. She put some imagination into the job and had many recipes for cooking corn to pass on to the pioneer white woman who fed her family with this unfamiliar grain.

These early cooks invented labor-saving devices which were ingenious but still left cooking in the class of hard manual labor. For instance, to make Piki bread, after the women grew, harvested, dried and shelled the corn, it was ground on a flat stone (metate) with a round stone (mano) to a very fine powder.

In remote pueblos of the Southwest, Indians still make Piki bread, although the modern Indian is inclined to follow the lead of her white neighbor who wisely buys her corn flakes in handy sanitary packages.

PEACH CRISP PUDDING

- 2 cups cooked, sliced peaches (diced, unsweetened)
1/2 cup juice from peaches
1/2 cup sugar
1 cup honey
1/2 cup butter
1/2 cup sugar
2 eggs (well beaten)
1/2 teaspoon cloves
1/2 teaspoon nutmeg
3 teaspoons baking powder
1 teaspoon vanilla
1 1/2 cups bread cubes (toasted)
2 cups corn flakes

Boil and cook peaches until tender. Combine peaches, juice and first 1/2 cup sugar. Heat to boiling and add honey. Cream butter and sugar. Add eggs and beat. Sift in spices and baking powder. Add vanilla. Add toasted bread cubes and corn flakes. Put half of creamed mixture in buttered cake tin (9x9). Place peaches on top. Pour over the juice from peaches. Bake in moderate oven (375 degrees F.) about twenty-five minutes. Yield: Eight servings.

SWEET POTATO BALLS

- 5 or 6 sweet potatoes, boiled (5 cups, mashed)
1 cup crushed pineapple (one 8-oz. can)
1 tablespoon butter
1/2 teaspoon salt
6 or 7 marshmallows
1/2 cup corn flake crumbs (2 cups corn flakes)

THE OLD MAN OF THE BIG CLOCK TOWER



Abraham Matthews, John Nicklin, James Cameron, Joseph Fawcett, Samuel Smith, John Tufford, David Lamond, Hugh Clarke, John Manning, Jacob Snider, P. M. Jennings, Alex. Grant.

A receipt, bearing date of October 21st, 1883, was among the papers. It was from Sarah Smith and acknowledged a receipt for \$22.37 1/2. "In full of salary as teacher of said section, ending 30th June."

A letter, dated 1849 will also perhaps best convey to some of the present day the difficulties of remitting money in the earlier years. "I'll just give it to you as it appears among these old papers."

"Sir, I have inclosed a cheque for eleven pounds 3 shillings, being the amount of the Province grant for School Section No. 12 in the Township of Esqueville for 1849."

"I would have remitted the money, but I could not remit the 3 s. by post as conveniently. I therefore thought it best to send a cheque for the whole. You will readily, I think get it cashed by Mr. McClelland, or any merchant who deals in Hamilton. Mr. Halgate, too, gets all his goods in Hamilton, I believe, and I know he is very obliging to his friends."

I am, Sir, Your obedient servant, P. Thornton."

"Mr. A. McKinnon, Acton." There are more documents, equally interesting and telling in their own way some of the story of earlier years. To the older ones of us they will recall memories, and perhaps if the younger folks read any column it will give a little historical intimacy with other days.



THE VILLAGE MINISTER

Counseling the sad and weak; Hastening words of cheer to speak To the lowly and the least; Smiling at a wedding feast; Helping aid rebellious youth Into patience, vision, truth. Teaching downcast hearts to hope; Chasing feeble hands that grope When the earth seems fade and dim Eyes look anxiously to him. Kind, familiar with death— As wert Thou of Nazareth. Now a little child to christen, Now a patient hour to listen To a burdened father's woes. Up and down the street he goes. Sharing every smile and tear, Counting not his own life dear. Wait beside him all his days In our annual Law's devoting ways; Rest him, Lord, with birds and bees, And the whispering of trees. He whose days are one long giving— Keep in him the joy of living.

I noticed the news item a week or so ago of the opening of the new Symon store. Through the usual way, from the editor of The Free Press, there came into my hands some old documents about that time, and among them were some old accounts and various papers. Strangely, some of them were accounts of Chas. Symon. One of them was to School Section No. 12, Esqueville, and bore the date of 1861, and was paid in pounds, shillings and pence. This family is among the oldest carrying on business here, and I am glad to see the progress they continue to show in Acton's growth.

I found a lot of these old documents interesting. For instance, there is the report of a School Meeting, back in 1855. Or rather, I should say here are the minutes of the meeting:

"At the annual S. S. Meeting, held this second Wednesday of January, 1855, pursuant to public notice, William Allen, Esq., was elected to the chair, and W. J. Storey appointed Secretary, when the following resolutions were adopted: "Annual Report read by Nelson-McGarvin."

"Moved by Thomas Moore, seconded by Chas. Symon, that the Annual Report be adopted.—Carried.

"Moved and seconded, that Nelson McGarvin be elected as Trustee for the ensuing term of 3 years.—Carried.

"Moved by Acy Hall, and seconded by Mr. Thos. Moore, Sr., that Thos. Marshall's resignation be accepted.—Carried.

"Moved by Acy Hall, seconded by Malcolm Kennedy that S. B. Johnston be elected as Trustee instead of Thos. Marshall whose resignation has been accepted.—Carried.

"Moved by Nelson McGarvin, seconded by Acy Hall, that school fees to be paid by pupils be two pence per month for the present year.—Carried.

"Moved by Acy Hall, seconded by Thos. Davidson, that the rate fee be paid by each pupil within the first week of each month, and in failure of such payment the pupil be returned home until such payment is made.—Carried.

"Moved by Mr. Hall, seconded by Mr. Cameron, that no children be admitted to this school from other sections. Moved by Mr. McGarvin, seconded by Mr. Cameron, that no children be admitted to this school from other sections. Moved by Mr. McGarvin, seconded by Mr. Kennedy, in amendment, that they shall be admitted.—Carried."

Then I have another list, giving the sums contributed by various persons to the School Section for 1844. They range all the way from £6 to 1s. 11d. The government grant for that year was £9, 1s. 5d. Perhaps you would like to recall with me the names on that list of contributors. Of course they've all passed on for many years.

DOBBIN VALUABLE ALIKE IN LIFE AND AFTERWARDS

The horse is a very utilitarian animal, valuable alike when alive and after he has shuffled off the scene. In some countries his flesh is used as food, his hide is turned into leather, parts of his anatomy turn up in the shape of glue, and that useful appendage in life, his tail, is also turned to account. Who, for instance, considers as he listens enraptured to some beautiful melody that the virtuoso is extracting his entrancing music by drawing hairs taken from a horse's tail across the intestines of some animal made into the shape of strings. And as the captivated listener sits in his comfortable chair, the chances are it is stuffed with the same kind of hair. When one goes to bed at night he reclines on a mattress, perhaps, stuffed with this hair and the painter plies his calling with a brush made from Dobbin's fly swatter. In Belgium, three different qualities of hair are recognized, stiff tails, tails and manes. As regards color, dark hair, as nearly black as possible, is mostly in demand. The hair is used in the upholstery trade, for stuffing mattresses, and making certain kinds of brushes. Argentina supplies the greatest quantity, followed by the United States, Great Britain, Germany and Canada, according to the Industrial Department of the Canadian National Railways. The Belgian manufacturer has a high regard for Canadian horse hair and it is probably the most expensive, which accounts for Canada not supplying a greater portion of the market, cheapness being one of the prime considerations.

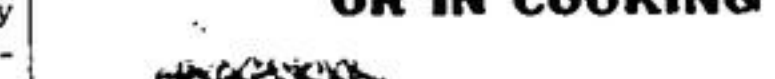
MISTAKES WILL HAPPEN

A passenger on the International Limited complained upon finding one black and one brown shoe under his berth in the morning. "Doan' dat beat all!" said the porter when informed of the incident. "That's the second time this mawnin' that has done happened." — Canadian National Railways Magazine.

AS A CEREAL



OR IN COOKING



It's FINE either way!

It's so handy to have a package of Kellogg's ALL-BRAN in the kitchen. Serve it as a cereal. Use it also as a wholesome ingredient in your muffins, breads, omelets, waffles, etc.

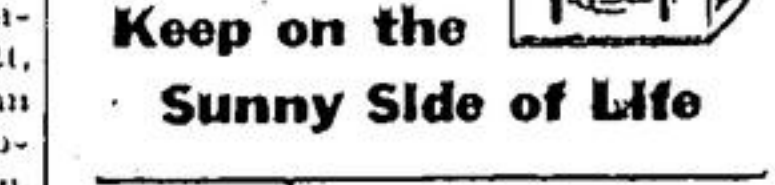
Kellogg's ALL-BRAN supplies "bulk" to old regular habits. ALL-BRAN is also rich in vitamin B, as well as iron, an element of the blood.

Two table-spoonfuls daily will correct common constipation, due to insufficient bulk in the diet. In severe cases, with each meal. If not relieved this way, see your doctor.

The "bulk" of ALL-BRAN does not break down during digestion as does that of leafy vegetables, and is therefore more effective for furnishing the needed "bulk." It is a delicious laxative food... far better than patent medicines.

Get the red-and-green package at your grocer's. Made by Kellogg in London, Ontario.

Keep on the Sunny Side of Life



THE TROUBLE

"Aviation would be all right if you got your engine trouble in good landing places," said the amateur aviator. "Yes," said the mail plane pilot, "it's like the story of the rich man who said to the poor man: 'After all, George, it doesn't do a chap any harm to be thrown on his own resources.'"

A NECESSITY

"Doctor, I'm bothered with a queer pain. When I bend forward, stretch out my arms and make a semicircular movement with them, a sharp sting comes in my left shoulder. But why make such motions? Well, if you know any other way for a man to get on his overcoat, I wish you would let me know."

Internally and Externally It is Good.—The crowning property of Dr. Thomas' Electric Oil is that it can be used internally for many complaints, as well as externally. For sore throat, croup, whooping cough, pains in the chest, colic and many kindred ailments it has qualities that are unsurpassed. A bottle of it costs little and there is no loss in always having it at hand.

NEED FOR REFORM

"I wish our bank could get on its feet enough to stop sending back my cheques marked 'insufficient funds,'" said the bride to her husband. "A bank that hasn't enough money on hand to pay a \$4.27 cheque ought to be merged and put on a sound basis."

Why is a wasp like a schoolmaster's cane? Because they both sting.

GOOD, BUT

Proud Manager: "I say, these goods of ours are fine, aren't they?" Visitor: "Oh, they're all right, but they couldn't hold a candle to our goods."

Manager: "What! How's that?" Visitor: "We make gunpowder."

Why should shoemakers work all night? Because it is never too late to mend.

J. Cadesky

OPTOMETRIST WILL BE IN ACTON ON Monday, November 4

Anyone suffering from Eye-strain, Defective Vision or Headache should not miss the opportunity of consulting this specialist. Appointments may be made with Mr. A. T. Brown, Druggist.

CONSULTATION FREE Office Hours: 9 a. m. till 4 p. m.



Advertisement for 'For Everybody...' featuring a large headline and several questions: 'DID YOU EVER SEE A MAN CARRYING A BILLBOARD UNDER HIS ARM?', 'DID YOU EVER SEE A HANDBILL ON A READING TABLE?', 'DID YOU EVER SEE A PICTURE OF THE NEW HAT YOU WANT COME INTO THE HOME VIA RADIO?', 'DID YOU EVER SEE A COPY OF A LIVE NEWSPAPER THROWN INTO THE WASTE BASKET WITHOUT BEING READ?'. The ad concludes with 'That's Why Advertising in this Newspaper Brings Results!'.

Advertisement for Ford V-8 Cars for 1936. It features a large image of a Ford V-8 car and text describing its refinements: 'Many Refinements in Ford V-8 Cars for 1936', 'FORD V-8 CARS for 1936 feature a completely new exterior treatment with new hood and fender styling, new grille and headlamps, new wheels and many detail refinements. Interiors are new with the style and color of instrument panel and mouldings to harmonize with upholstery, trim and appointments. Quiet helical gears are now used in all forward speeds and reverse. Steering effort is estimated to be reduced more than 25 per cent. ABOVE—The Tudor touring sedan, with commodious built-in trunk. Note the new wheels with 12 1/2-inch hub caps and the longer body lines. INSET—The redesigned front end. Streamlining steps ahead. Fenders have a sweeping inward flare and horns are now carried behind, grilles in the fenders. Hood louvres are newly styled.'

Business Directory

MEDICAL

DR. J. A. McNIVEN Physician and Surgeon Office and Residence—Corner Bowyer, Avenue and Elgin Street.

DR. E. J. NELSON Physician and Surgeon Electro Therapy Phone 88

DR. WM. G. CULLEN, L. M. C. C. Physician and Surgeon Office Hours—1-4 and 7-9 p. m. Corner Frederic and Mill Streets Telephone 128

LEGAL

Phone No. 22 P. O. Box 323 HAROLD NASH FARMER, M. A. Barrister, Solicitor, Notary Public, Conveyancer, Etc.

MILL STREET ACTON, ONT. Hours—9.30 a. m. to 12.00 noon 1.00 p. m. to 5.00 p. m. Saturdays—12.00 o'clock

KENNETH M. LANGDON

Barrister, Solicitor, Notary Public Offices: Acton Georgetown Over T. Seynuck's Cafe Main Street E. For Appointments Phone Acton 65— or Georgetown 88 Office Hours—Acton, Tuesday and Thursday, 1.15 p. m. to 4.30 p. m. Evenings on request.

DENTAL

A. J. BUCHANAN, D. D. S. Dental Surgeon Office: In Leshman Block Hours: 9 a. m. until 6 p. m. Evenings by Appointment Gas for Extractions Closed Wednesday Afternoon Phone 148

VETERINARY

DR. A. G. M. BRUYN Veterinary Surgeon All Calls Receive Prompt Attention PHONE 135 ACTON, ONTARIO Office—Mill Street

MISCELLANEOUS

FRANCIS NUNAN Bookbinder Account books of all kinds made to order. Periodicals of every description carefully bound. Ruling neatly and promptly done. Wyndham Street - Guelph, Ont.

F. M. EAGLESON

Ontario and Dominion Land Surveyor Registered Professional Engineer Surveys, Reports, Estimates, Plans DRAINAGE WORK A SPECIALTY Telephone 31 - Orangeville, Ont.

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WE SPECIALIZE IN Life - Fire - Health and Accident - Automobile - Windstorm - Plate Glass - Boiler - Fidelity Bonds - Annuities and All General Lines of Insurance - ALSO - Ocean Steamship Tickets LEADING COMPANIES - EXCELLENT FACILITIES

Fred L. Wright ACTON



The Door of Opportunity!

These Small Ads will Open the Door to Whatever You Are Seeking