

THEY SAY

"They say!" Ah well, suppose they do! But can they prove the story true? Why count yourself among the "they" who whisper what they dare not say? Suspicion may arise from naught. But malice, envy, want of thought.

BANNER RECIPES FOR LABOR DAY

To some, Labor Day means "The Big Parade." To others, it stands for the last picnic, the last swim or the last flaring trip of the year.

No matter how we spend this holiday, lunch, dinner or an "evening bite" must be thought of by the women of the home.

Here are three "banner" recipes for Labor Day meals—each one new to you, I feel sure:

RIBBON SALAD

Dissolve a package of lemon-flavored gelatin in 2 cups of boiling water, add 1/4 teaspoon of salt and 1 tablespoon of lemon juice and chill. Dice a red apple without peeling, add 1 teaspoon of sugar and 1 tablespoon of lemon juice. Divide the chilled jelly into two parts; fold the apples in one part, turn into a mold and chill. Beat the other part to a stiff froth adding a package (3-oz.) of cream cheese and 1/2 cupful of Brazil nuts chopped coarsely. Pour over the apple layer and set away in the refrigerator. When serving, cut in small squares, place on lettuce leaves and accompany with mayonnaise.

HAWAIIAN PRAPPE

Easy to make, refreshing to taste and an aid to digestion, in the frozen pineapple juice concoction named Hawaiian Prappe. And here is how you make it:

- 1 1/2 cups sugar
1 pint water
2 cups orange juice
1 quart pineapple juice

Boil sugar and water together for five minutes. Add orange juice and pineapple juice. Cool, strain and freeze to mush. Serve in sherbet glasses.

COTTAGE CHEESE SALAD

1 package lemon or lime-flavored gelatin
1 cup warm water
1 cup crushed pineapple juice and water
1 cup canned crushed pineapple
1 cup cottage cheese
1/4 teaspoon salt
Dash of cayenne
Strips of red or green pepper

Dissolve gelatin in warm water. Add pineapple juice and water. Chill. Combine pineapple, cheese, salt and cayenne. When gelatin is slightly thickened, fold in pineapple mixture. Decorate mold with strips of red or green pepper. Turn gelatin mixture into it. Chill until firm. Unmold on crisp lettuce. Garnish with mayonnaise. Serves 8.

CULLING THE FARM STOCK

The essential factor in poultry flock culling is the removal of the unprofitable bird. It becomes necessary, therefore, to establish some standard before culling is undertaken. If trap-neating, or some form of progeny testing, is followed as a general practice, culling standards, from an egg production standpoint at least, are partially solved.

If it is desired to establish a minimum of 200 eggs during the pullet year as a standard for selection of breeding stock, it is necessary only to refer to the trap nest records to determine which birds should or should not be kept. It is understood, of course, that the essentials of breed characteristics and type will receive consideration. If progeny testing in any form is followed, it is possible to go much further in selecting a flock for high production. Trap-nest records alone have their limitations; in that a high-producing individual selected by this method may come from a rather poor sister-group. Progeny testing admits testing the entire pullet-sister group, and if selection is made on a family-group basis rather than on an individual-record basis, taking into consideration not only type but also production, egg and body weight and low mortality while in laying quarters, it will be found that great improvement in production and vigor will result.

Lacking actual records as a guide, culling becomes a matter of selecting to a type assumed to meet satisfactorily the requirements for which selection is made. It is the only method possible where culling of pullets is attempted. Choose birds which conform to breed characteristics, and select quick active, vigorous birds that are always busy and seem to have plenty of work to do. Pullets should be well developed, with deep keel and wide back, ensuring plenty of body capacity. A bright, prominent eye, generally indicates an alert, active bird, and is a desirable characteristic. A clean-cut head, with smooth, waxy-comb, will indicate quality throughout the bird, and should be sought. If egg size is a factor, there is evidence to the effect that, within the breed, the larger bird will lay the heavier egg. Discard all shallow-bodied, coarse-headed or crow-headed individuals found in the flock, and unless they are to be kept for special purposes, such as for the breeding pen, it is questionable whether it is profitable to retain any birds after the completion of their pullet year.

LETTERS ONCE A WEEK

The Island of Poul, with a population of about 140, is the most inaccessible place in the Shetland group, and is probably more isolated than any other part of the United Kingdom. Situated in the stormy Atlantic, 18 miles from the nearest point of the mainland of Shetland, without telegraphic or telephonic communication, the islanders only means of intercourse with the outside world is restricted to a mail service weekly in summer and bi-monthly in winter. In summer the service is fairly reliable although subject to interruption by storms, but during the remainder of the year it is very irregular, as long a period as six weeks having elapsed between trips last year.

TWENTY YEARS AGO

From the Issue of The Free Press of Thursday, September 2nd, 1915

Mr. and Mrs. Wm. Wills and Miss Metts have left Acton for their new home in Bracebridge, after three years' residence here.

Mr. Ernest Wordon, son of H. H. Wordon, has been engaged as a member of the teaching staff of the Guelph Collegiate Institute.

A patriotic mass meeting was held in the Town Hall when eloquent and convincing addresses were delivered by Prof. Kierstead and M. L. Davidson, K. C. Davidson won the Smith Trophy at the tournament on Acton Bowling Green last Wednesday. Acton won the consolation.

There was a splendid response by citizens, especially the working men, to the patriotic appeal in Acton. The total in Acton was \$5,615.35; Georgetown, \$6,840.00; Nassagaweya, \$6,050.00; and Evesham about \$7,000.00.

The death occurred on Friday of an esteemed citizen, Thomas Ebbage, who was perhaps a resident within the limits of Acton longer than any other person here. He had come to Acton in 1844.

BORN

AVISON—At the General Hospital, Gt. On Wednesday, September 1st, 1915, to Mrs. and Mrs. H. W. Avison, a daughter.

DIED

EBBAGE—In Acton, on Friday, 27th August, 1915, Thomas Ebbage, in his 78th year.

CAMPBELL—In Nassagaweya, on Saturday, August 28th, 1915, Peter Campbell, aged 70 years.

HENDERSON—At Milton, on Wednesday, September 1st, 1915, John Henderson, brother of D. Henderson, M. P., Acton, in his 79th year.

Douglas Egyptian Liniment is remarkable in its quick, effective action. Relieves instantly burns, sprains, toothache and neuralgia. Invaluable for sore throat, croup and quinsy.

STAKE GOOD POTATO PLANTS

Potato tubers do not cross. They reproduce true to type. The only way to obtain a potato cross is through the seed balls, which sometimes form on the vines, and that method of propagation is practically never resorted to unless by someone interested in originating a new variety. Tubers are not really seed, although commonly so-called, but are a vegetative part of the plant. If, therefore, the tubers are not mixed during the operations of digging, handling, storage, and planting, the variety will not become impure (unless by the rare chance of a sport) no matter how closely by to another kind it may be grown. This one may confidently select seed tubers in the expectancy that like will produce like.

There is a difference in the vigor of strains, stocks and hills. Whether this difference is wholly due to the influence of disease, or is to some extent inherent, may be left to the plant pathologists and the geneticists to decide. The practical fact is that some potato plants are more vigorous and productive than others and that in reproducing from these the possibilities of profit. If one will, during the summer, stake a number of the best hills (being careful to avoid, not only dwarfed or unhealthy plants, but also those exhibiting the abnormality; large top growth known as giant hills) and will see that any neighboring plants suspected of harboring virus diseases are promptly pulled and destroyed and if he will then follow up this effort by a further rigorous inspection of the tubers when dug, he may improve his seed stock or at all events may arrest the run-down process which occurs when disease is allowed to creep in unchecked. At the Dominion Experimental Farm Sub-station, Beaverbridge, Alberta, selection has been carried further by the approved system of propagating individual tuber units under observation in isolated positions, but hill selection of plants and of the tubers from stake plants is very good.

MUCH NICE

The factory had invited the village boys to the factory for a strawberry tea. After they had finished the, seeking to point the moral, said, "Now, boys, wasn't that nice than breaking into my garden and helping yourselves?" "Oh, yes," chorused the boys. "And why was it nice?" he asked a chubby-faced boy. "Because, sir," was the reply, "we shouldn't have had any sugar and cream with them."

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TIME TABLES

Table with columns for 'GOING EAST' and 'GOING WEST' listing train routes and times between Acton and other locations like Georgetown and Toronto.

ARROW BUS SCHEDULE. EFFECTIVE MAY 24th, 1935. LEAVE WESTBOUND. 9.45 a.m. - 12.15 p.m. - 2.15 p.m. - 4.15 p.m. - 6.15 p.m. - 8.15 p.m. - 11.35 p.m.

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