

IN TOWN

A little garden, yet there's room for every lovely kind of bloom. That old-remembered garden holds of penny-pink and marigold. Heliotropes and mignonette. In gentle sweetness here are met. While larkspur and forget-me-not. Bring Heaven's azure to the plot. Nestle in riot over the wall. The hollyhocks and foxgloves tall. Are sentinels to guard the sweet. Like jewelled windows' call to prayer. There is no turf, for trees no room. No paths to wander, just perfume. And color, color, everywhere. Like jewelled windows' call to prayer. I think that souls will pause to pray. Caught unwary upon their way. —By Virginia Strong.

AVOID TRITE COOKING

Combinations of foods are very much like apt phrases which are so good that they are overworked. When we find the same phrase cropping up again and again in talking or writing, we should take warning and express ourselves with more variety or we shall be uninteresting and boring to our friends. This is true about menus as well. Meals become monotonous if some of our favorite foods are always combined, such as lamb and peas, frankfurters and sauerkraut, pear and cream cheese salad, and so on. Of course there are always exceptions to any rule. Certain things go together so well that we think of them almost as one and have no wish to do anything about separating them. For most of us, combinations like biscuits and honey, ham and eggs, liver and bacon, apple pie and cheese, are good even though served very often.

Sometimes a variety to keep meals interesting can be secured by changing the recipe for one of the foods in the combination. For instance, you may have a family which especially scalloped tomatoes whenever there is fish for dinner. We all find cooking more interesting if we can vary our recipes occasionally and the following one for scalloped tomatoes gives variety with time-saving. The family will like the subtle flavor which the toasted and seasoned corn flakes furnish.

**SCALLOPED TOMATOES**  
 1 1/2 cups corn flakes  
 2 tablespoons butter (melted)  
 1 No. 2 can tomatoes  
 1 small onion (sliced)  
 1/4 teaspoon salt  
 1/4 teaspoon pepper  
 1 teaspoon sugar

Put a layer of corn flakes in the bottom of a baking pan. Add one-half the butter. Add tomatoes seasoned with the other ingredients. Cover with corn flakes and add the rest of the butter. Bake in a moderate oven (400 degrees F.) for about 20 minutes.

Yield: 6 servings.  
 When a man cooks, if he is unfamiliar with the usual combinations, he often produces something which is as good as it is different. It was a man who decided that frankfurters and baked beans made an appetizing and hearty meal. The woman of the house repeated this combination, but made sure that the meal was balanced by adding bran muffins. Both agreed that a mixed green salad or cold slaw was perfect and that if there was enough of the salad, no other vegetable was necessary.

Nearly everyone has a favorite bran muffin recipe. The following is a basic recipe which has been popular in thousands of homes.

**BRAN MUFFINS**  
 3 tablespoons shortening  
 1/2 cup sugar  
 1 egg (well beaten)  
 1 cup sour milk  
 1 cup prepared bran  
 1 cup flour  
 1/2 teaspoon baking powder  
 1/2 teaspoon soda  
 1/2 teaspoon salt

Cream the shortening and sugar; add egg and sour milk. Add bran and let soak until most of the moisture is taken up. Sift flour with baking powder, soda and salt and add to first mixture, stirring only until flour disappears. Fill greased muffin tins two-thirds full and bake in a moderate oven (400 degrees F.) for 20 to 25 minutes.

Note—If sweet milk is used instead of sour milk, omit the 1/2 teaspoon of soda and use 3 teaspoons baking powder. Raisins or dates may be added if desired. A small slice of apple, sprinkled with cinnamon and sugar, placed on top of the muffin batter before baking, makes a delicious variation of the recipe. Yield: 8 large or 12 small muffins.

When it comes to cream or cottage cheese in salad, there are so many possibilities that it is difficult to mention them all. Some people forget entirely that tomatoes and cream cheese made a perfect combination. The cheese can be added to French dressing and served with any kind of green or vegetable salad. This dressing is also good with fruit salads and gives them a piquant flavor that is sometimes lacking.

THE OLD MAN OF THE BIG CLOCK TOWER



presented with a framed portrait of Queen Victoria. Of course there were Jubilee stamps, and I fancy many still have some of that issue stored away as souvenirs of the jubilee. A new flag floated from the mast-head on the Town Hall, and the town was gay with decoration. Much more than was visible on May 6th of this year. Seems to me we are falling away just a little in displaying flags and decorations on holidays in this present day. There wasn't any radio or means of rapid communication at the time. We weren't able to hear the Jubilee service in England, but we were none the less loyal. Here is the message sent by Queen Victoria to Canada: Buckingham Palace, London, June 22nd The Governor-General of Canada, Ottawa, Canada. From my heart I thank my beloved people. May God bless them.

VICTORIA R. and I. There have been great changes in methods and celebrations since the Diamond Jubilee. But with all the change loyalty to the King or Queen has not been lessened. There, now, I've overrun my space again, and I must quit for this week. I've enjoyed the Silver-Jubilee celebrations just as much as I did the Diamond Jubilee of '97. But I couldn't find my tie to wear, the same as Murray McDonald.

*The Old Man*

THE QUEEN'S PARK ARENA  
 By The Watchman

**JOY IN SIMPLE THINGS**  
 I have found such joy in simple things; A plain, clean room, a nut-brown loaf of bread, A cup of milk, a kettle as it sings. The cheer of a roof above my head; And in a leaf-faced-square upon the floor Where yellow sunlight glimmers thru a door.

I have found such joy in things that fill My quiet days; a curtain's blowing grace, A growing plant upon a window sill, A vase fresh-cut and placed within a vase; A table cleared, a lamp beside me there. Oh, I have found such joy! I wish I might Tell every woman who goes seeking far For some elusive, feverish delight, That very close to home the great joys are: Yet never through the ages, commonplace. —Grace Nell Crowell.

The Silver Jubilee of King George V. was quite an event and I enjoyed the parade and service in the Park, even if the morning was a bit chilly for May. It recalled to mind the Diamond Jubilee of the reign of good Queen Victoria, that even the young men can well remember. Why, they tell me that such young men as Murray McDonald were wearing ties on the Silver Jubilee that he had bought and kept since the Diamond Jubilee of Queen Victoria, in '97.

So just to recall events of a date not so far back, I decided this week to dwell about the Jubilee of 1897, and perhaps make a comparison or two with the event of 1935. Bless me, you know Murray was on the baseball nine back in those days, playing first base, and of course had all the popular kinds of ties that the young fellows wore.

Jubilee Day was June 18th, 1897, and Acton played ball against the Argyles, of Toronto. The batteries for Acton were Steiber, Clark and Ryder, and H. Jeans was the umpire. It was a ten-innings affair.

A feature of the Jubilee then was the parade of school children from the School to the Town Hall. T. Brunst, Sr., was the standard-bearer, and Acton Cornet Band headed the procession.

My, but Acton's had a hand for a good many years, and it seems to me it's always been on hand to take its share in the community efforts. Back in '97 and before, and now in 1935, and we were in "future years."

I got hold of the old files of that day, and it gave a list of the scholars in the parade. I'd be glad to re-publish that list for you all. I mentioned it to Mary, and she said, "Don't you do that!" You see, Mary knows that it wouldn't please the ladies, and I know that the men wouldn't care. I'll compromise and just give you the teachers: Miss McNeely, M. A., of fourth department; Miss Patterson, of the third department; Miss McPhail, of second department; and Thomas T. Moore, of first department.

I sure would love to tell you of the youngsters of those days, but Mary seems to hang by her decision, and won't even agree to letting me tell of the list of boys.

The Diamond Jubilee service of 1897 was held in the Town Hall. On the platform on that occasion were George Hynds, James McLean, T. H. Harding, Robert Wallace, H. P. Moore, Reeve Nicklin, Councillor Smith, Revs. R. B. Cook, J. E. Howell, M. A., J. K. Gooden, M. A., H. A. Macpherson, W. Byers, Col. Allen, Dr. Uren, Dr. McKean, W. A. McLean, Esq., Alex. Grant, Esq., Arch. Campbell, Esq., and Misses McPhail, Patterson and McNeely, teachers. "The Red, White and Blue," and "The Maple Leaf Forever" were the songs that marked the musical part of the program and there were speeches by the prominent citizens of the day. Each department of the Public School was

Toronto, May 15th—Since announcement was made in the press two weeks ago that the Department of Welfare would endeavor to find jobs for unemployed men on farms of the province, literally hundreds of letters have been pouring into the offices of Honorable David Croll from men seeking farm work and from farmers seeking men. Realizing that farmers are often faced with the problem of finding suitable help, the Department has set up an agency for the handling of such matters and considerable success has attended its efforts.

Approximately 65 per cent. of the requests from farmers have been satisfactorily looked after, and many men today are working for the first time in years instead of being on the relief lists. The Welfare Department has set the minimum wage at \$20.00 per month and a surprisingly large number of farmers appear willing to pay this sum to the proper kind of help.

Relief inspectors play an important part in the arrangements. When a letter from a farmer is received, the information is sent to the relief officer in the town nearest the farm, and he is asked to find a suitable man. Very little trouble is experienced in this regard. If a man who has had farm experience refuses to accept a job on the land, he is told that he runs the risk of being cut off the relief rolls. The Welfare Department is determined to give the unemployed a fair deal, but shirkers are not going to be allowed to live on public bounty when there is work available, especially when that work is the kind they have done before.

The majority of unemployed men, however, do not hesitate when there is a chance to work. Many jobless men have written to the Department asking for farm jobs and every effort has been made to get them placed. In this way, the Department of Welfare is working steadily towards the important objective of getting men off relief and making them wage-earners again.

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Complete in Itself, Mother Graves' Worm Exterminator does not require the assistance of any other medicine to make effective. It does not fail to do its work.

AND THE TEACHER PAID

North Battleford, Sask., and Black's Harbor, New Brunswick, are a considerable distance apart but each entered into a rather amusing affair arising out of a school lesson on sardines. Bardine, explained the teacher, have their heads cut off before they are canned. To make the lesson more emphatic, the teacher offered to take the entire class to the movies if any one could produce a can of sardines with the heads on. Two future "captains of industry" immediately saw an opening for some strategy so they wrote to the sardine canning factory at Black's Harbor and asked for a can of sardines with the heads on, explaining the circumstances. Well, a can of sardines, head and all, arrived, and the teacher took the entire class to the movies. The sardine canner at Black's Harbor is the largest in the world, according to the Industrial Department of the Canadian National Railways.

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 June: "Yes, women can't go wan for ever."

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