THE OLD HOME PAPER

It's like a smiling friendly face. It's like a voice you long have known; You see it in some distant place And rush to claim it for your own.

The paper from your old home town Has bridged the long and dreary miles And with it you can settle-down Among familiar tears and smiles. "

It speaks for every friend you know, It tells of scenes you yearn to see, It brings back joys of long ago And tells of joys that are to be

And as you run the columns o'er Your yester years come trooping back. You fancy you're at home once more And golden seem the lettery black.

Its speech is one you understand, It tells of griefs that you can share, It brings you in that foreign land. Glad messages to bankh care.

There; among scened and faces strange, The old-home paper seems to be A faithful friend that doesn't change, A-friend that you are glad to see. -Edgar A. Guest

Menu Hints

Recipes for New and Novel Dishes; Household Ideas and

DAINTIES POR THE THRIPTY Conditions are improving but even yet thrifty housewives are interested in tasty dishes that do not put too great a strain upon the family purse. Here are two recipes that will surely appeal.

PINEAPPLE HAM LOAP

- I package quick-setting gelatin dessert (pineapple flavor)
- I cup bolling water
- I cup cold water 1 cup cooked ham chopped line
- I teaspoonful onion juice 2 tablespoons sour pickle, chopped

Dissolve quick-setting gelatin desseri in boiling water; add cold water and onion juice. Chill until it begins to thicken, add chopped ham and pickle pour into loaf pan and chill. Unmould on platter and cut in thick alices to

serve. Berved 6. PINEAPPLE COCOANUT CREAM I package quick-setting gelatine des-

sert (pincapple, flavor) I cup boiling water 14 cup sugar

- 1 cup milk .:
- I cup cream, whipped 1 cup shredded cocoanut

Dissolve quick-settnig gelatin desser in bolling water; add sugar; chill until it begins to thicken. Add milk, mixing thoroughly. Fold in whipped cream and cocoanut. Pour into mould and chill until firm. Serves 8.

MILK DESSERTS GIVE CHILDREN CHILDREN RUSH HOUR LUNCH THAT'S WHOLESOME AND

APPEALING How to get enough nourishment into the child in the few minutes he is home from school for luncheon is a real problem. The meal must be satisfying with: out being a tax on the digestion. And it must be easy to eat quickly. A milk dessert fills all these requirements and give: the needed nourishment in a most wholesome form. Here are some easyto-make, inexpensive desserts of this sort warranted to appeal to the youthful

ORANGE MERINGUE CUSTARD 11/4 cups (1 can) sweetened condensed

- 3 oranges 3 eggs
- -3 tablespoons granulated sugar Blend sweetened condensed milk with diced pulp and julce of oranges. Add well-beaten egg yolks. Pour into buttered baking dish. Cover top with meringue made from stiffly-beaten egg whites and sugar. Bake 15 minutes, or until meringue is brown, in a modedate

wlow oven-(325-degrees F.) - Server alx. HAKELESS PUDDING 11/2 cups (1 can) sweetened condensed

jules of 1 lemon

14 cups graham cracker crumbs

Blend together sweetened condensed milk, lemon julce and well-beaten ogg Stir until thick. Add braham cracker crumbs. Place in sherbet glasses. May be garnished with whipped cream and ut meats. Berves six.

Precedon from Asthma is one of the most distressing troubles, sudden in its attacks and prolonged in its agonies. Proquently many things are tried, but nothing seems to give hope of relief Dr. J. D. Kellogg's Asthma Remody is the one help which can be depended from." upon. If you have tried other remedica without success, do not fail to get at onde a package of this uniformly suc-

cessful preparation. AND HE GOT HIS WAY

"I wish you hadn't made me dress up," said hubby, as they were speeding to the thesire in the taxl . " "Noncense, dear," she replied. "You

look splendid in your evening clothes." "Still all the same, I wish I hadn't. "Well, I never saw such a man." "Answay. I think we ought to turn

back home," he went on. "Don't be stupid; we're late already." she anapped.

"All the mmo-" he began. the trouble, Henry?" alu

On Top of the Bus

BY FLORENCE ELLIOTT

THERE was a touch of fall in th air. It was brisk and refreshing on the upper deck of the New York bus as it whisked its way along Riverside drive.

Not many people had taken advan tage of the clear freshness of the open alr. But there were two children watching eagerly for the unusual elther on the Hudson or nlong the streets. Two sents behind them there. a pleasant tooking individual, was obviously disturbed.

"You know as well as I do the children and I can't live on that." Across the aisle the two small boys were tumping up and down; gay ani-

mated little figures. "Oh, mother!" shricked the younger one, pointing overhead, "a dirigible!" No attention was paid by the older

people to the youngster. The man's voice was low. "It's wonder I'm able to attend to business with all the complicated plans for separnte homes," he said, "let alone the not individual star playing! children. Their training is mainly breathed deeply. your Job, anyway."

"Well," she went on, "as I told you, the children and I can't possibly live on the amount you bropose."

"You don't seem to realize Um who ing you practically all I make," the man reminded her. "I notice you're not giving up any of your clubs," she pointed out

"And why should I?" he retorted. "What do you expect me to do with my evenings? Spend them in the mov-

pect you'll spend them right where seven months."

udvice and I gave it to her."

legal or otherwise. After all, you have office hours, you know." The man was indigment, "Just befrom that wretched husbahd of hera; and wanted to know what to do, you call it odd moments. It was only dur-

ing dinner." She sighed. "That's always the way with Grace, Tom. Only this, only that, As though Grace out of the entire city's women needed special advice about her husband."

"I suppose a husband should feel dolighted to come home every night and find an infernal doctor draped around the house !"-

"Tom!" She turned to him almost possession. flercely, but then laughed-seeing how sullen his face was, "You're nothing lam. but a child yourself!"

more serious tone. Not for myself, but Junior isn't any heels.

too robust.". The man searched her face. A surprised, alarmed expression spread doctor mays I'll have to be taking him away every now and then. Dryer climate, higher altitude."

The man would have interrupted but

If you looked tired when you came it." home I'd decide to tell you later. And for days. So you see I kept postpon-

lile It. Tom was deep in reverle. "All I could think of was that he'd once wanted you to marry him," he mut-

"You seem to forget I married you." she reminded him. "You mean you're not interested in

him. You're not. . . .?" "Tom, you idiot!" He was beaming. "Joun, take the

kiddles to some runch next summer and let me go along, too." thrust. "What 'about Grace' She'll be needing advice most of the time.

know. "Anyway, Grace salls on her not a whit. honeymoon tomorrow."

"Her honeymoon," exclaimed Jean "Who's the man?"

"Who would it be?" retorted Tom. "The same wife-beater she's been weeping and waiting for me to free her from these many months!"

Jean broke into gules of laughter at his retort, but Tom had an insistent "You haven't unswered me." he re

inluded her. She looked dublous, "Answered

"Will you or will you not no. I'll muke a fresh sturt. Will youplease take me along with you and the children to the runch?"

He didn't say anything, just gripped an hour later Philip went to his hotel

THE STRENGTH OF THE PACK

(Continued from Page Three) mouth. His mind was whirling with the words of Steven Harland, the coach spoken to him alone at the end of the flist period: "The strength of the pack is the wolf and the strength of the wolf is the pack. If one member goe bad, the strength of the whole is hurt."

His team was the pack. . Its strength was being lessened because he. Philip: was bent on satisfying a jealous/grudge Honesty forced him to acknowledge that in sending Rodney to the bench, he wa taking as great a chance of losing the game for his team as he would had he the last practice.

His hot young heart protested. H tiled to shut the cars of conscience to sat a man and a woman. . The woman, facts. August, "Aggle" Lason, the substitute left forward was giving every ounce of his ability, but he had not Rodney Wainwright's ability. Rodney had double the speed, double the weight With him back in the line-up, functloning as he would with proper co-opcration the team would be ready for that critical "break" which demands lightning swift action, an extra spurt of speed, a hard cure shot to score the winning goal.

> The strength of the whole pack, not the strength of the leader! Teamwork

Rodney had put the desire for a personal honor above loyalty to his team. Was not that what he, Philip was doing? He was showing off, demonstrating that he was the star, the hockey genius upon whom should be showered praise and acclaim. He was making Rodney pay because of the practice cut, not because by attending the dinner and lecture he would stand a better chance of doing research work with the Friel polar party. The name of the lucks "No, I don't expect you to spend applicant had not been given out as your evenings in the movies. I ex. yet but persistent rumors from those present at the dinner, indicated that

you've been spending them for the past Walnwright was the one to be chosen. Jealousy battled with moral fiber as "I fall to see why you have to drag Philip corkscrewed down the loe. Truth Grace into this," he muttered. "You battled with warped viewpoint. Would know very well my sleing her was Commander Prick that fine big-souled merely on business. She needed legal explorer be proud that his generous offer to take one geology student from the "In all due respect, Tom, Grace had university was making Philip Stanton very odd moments for needing advice, disloyal to the team who trusted him? Then and there Philip crossed his Rubican, proved to himself the caliber of the man he meant to become. Hooking cause she received a heastly telegram his stick around the puck, he fought want you on my expedition. Will you depression that kicks against service or with it inch by inch to his bench. "Put Red on," he shouted tenicly: "we need

> "Atta boy, Grinny." Too hard pressed for more than throb of relief that he was not to be a quitter in the eyes of his coach, Philip with the old umile that gave the team a sense of care which comes upon the lessening of a strain, that reassured a chastened Rodney, zigzagged down the lice with the precious rubber still in his

Rooters were making the urena a bed-They pounded one another on back and shoulder and cried. "Grinny, She naused before continuing in a Grinny, give us a goal, Grinny." Every gaze was glued to the straining figure "That was one of the reasons I that was coming closer and closer to spoke about having more to live on. the rall, with Lawrence's center at his

How it happened no one could tell. The two met with a thud. Sticks clashed. His own flew up and struck across his regular, clear-cut features. Philip a territic blow over the eye, He She continued a little shakily. "The staggered, rullied, then sank slowly down as the bell clanged the end of the

second period. . A silence fell. Seven thousand studshe went on. "That's the reason you've ents held their breath as goal guard seen Doctor French draped around the and players rushed to his aid. He was house so often." ____ | not linconscious, only danid by the "But you never told me anything pain which made his eyes close in spite about it!" the man exclaimed: I'le of himself. Through the darkness which looked hurriedly across the niste at threatened to envelop him, he heard his younger son. The lad was a little, a volce, a deep, vibrant voice he had listened to many times over the radio "You never gave me a chance, Tom! "Up my lad," it said. "Courage does

He looked toward the railing, saw then sometimes I'd have to call Doctor tall, spare figure, then supported but French and saide from being burely swaying unsteadily, started toward it civil to him you wouldn't talk to me Only those nearest saw Commander Priel extend his hand and ask solicitously. "Are you hurt, Stanton?"

"Hurt, sir?" The fumous smile flushed out. Philip reacted for a manakerchie holding it to his head to staunch the titreaming blood. "My noddle's made of ivory, commander."

The third period proved to be the longest twenty minutes the fans had ever known. Both teums went on a rampage in skating, in stick handling, in body checking. Penalties were numerous. The But Jean could not resist a final clang of the referee's bell seemed con-

With one minute to go, the break and a ranch is no place to commute Phillip had been hoping for, came. That it would give Rodney a chance to ucore "Who's childish now?" he wanted to the winning goal made him healtste

> Signaling his left forward, he gathered himself with both defence men into an intricate combine that for a breath focused Lawrence's attention. Oenter grabbed the puck, let my to the left forward .- Left forward shot, straight, hard, too swift to be stopped. The rubber dropped into the net.

> Buddenly the game was over. The student body, worked up to a frenzy in their eagerness for victory, showed their real sportsmanship. Forgotten was the bitterness and the hostility. Hundreds walted around to speak to the Eastern

> "My expedition needs such lads you, Philip," said Commander Priel, as by appointment. ' "I'm proud to have you as one of the expedition. That was a splendid victory to-night. I congratu

CANADA'S EXPORTS GAIN

Indicative of an expanding market for Canadian products, exports from the Dominion during the first nine mouths of last year show a gain of \$73, 544,083, or responding period of the previous year. minion Burean of Statistics, Canada's be present. total export trade for the period from April 1 to December 31 totalled \$510.- decirable qualifications that conform the same period in 1933. Exports to cause these are mostly visible characof 27.3 per cent. while exports to foreign Vigor: is evident by the carriage, desir countries gained by 7.2 per cent.

56.4 per cent., and exports to British South Africa amounted to \$9.281,464 showing an increase of \$4,288,838, or piling genetical data at the Dominion 85.9 per cent:

Among other countries; the United States led, taking goods to the value of \$169,635,519, an increase of \$28,100,954. or 19.9 per cent. Japan was next with \$12,573,376, an increase of \$2,673,069, or 27 per cent.

Miller's Worm Powders will the stomach and intestines of worms so offectively and so easily and painlessly that the most delicate stomach will not feel any, inconvenience from their action. They recommend themselves to mothers as a preparation that will restore strength and vigor to their children and protect them from the debilitating efforts which result from the depredations of worms.

Why is the sun like good dough? Because It is light when it yies

"Thank you sir." sald Philip. not accept the honor until you know go into a store and get something that first goal because I wasn't man enough do? In most cases you go to your to overcome a jealous grudge. I almost heighbor and growl, when you should truly promoted."-Norman H. Davis.

betrayed my team." The commander held out his had, "I at the game. There were two victories has been shown many times during the won, were there not, Stanton? I still past few years and especially during the come?"

"Indeed, yes," said Philip, and took have resulted in a change being made the outstretched hand.

SELECTING AND MATING BREEDERS IN THE POULTRY FLOCK

Too often in selecting the stock for breeding, high egg records or some out-16.8 per cent., compared with the cor- are allowed to influence the judgment, without due regard to vitality or good According to figures, released by the Do- breeding qualities that may or may not must be able to direct your mind and

755,087 compared with \$437,211,004 in the breed is comparatively simple, by-Empire countries, showed an increase ters and can be chosen by comparison. able body weight for age and breed. Of the Empire countries, the United health and bloom of feather, and good Kingdom was Canada's best customer, bone formation. A clean-cut besd with taking goods to the value of \$216,376,360 clear, bright, and prominent eye in the an increase of \$42,732,446, or 24.6 per male and female is a certain indication cent. Exports to Australia amounted to of brain power and nervous energy and \$13,116,646, and increase of \$4,731,501, or the hall-mark of high vitality and reproductive strength.

> Sometimes for the purpose of com Experimental Station, at Harrow, it becomes necessary to carry over some undesirable birds in order to obtain the complete family record. But when this information is recorded, and before the mating takes place, families are carefully combed for irregularities and fects' and the offending individual maybe the complete group of parents. by such drastic practice can the flock be improved and vitality retained. Vigor and freedom from disease should be the ficult to see! Many a chap has started ings on request. regard to the propensity of the strain money to meet the expenses of the first performance alone and ignore defects in constitutional vigor is to court dis-

aster in the ruture.

seems to be so much kicking, but what -William Boyd Macodrum. His one calls licking has in most cases been eyes were steady but miserable. "I may little more than a growl. Did you ever me for what I am. Lawrence won their proved unsatisfactory? . What do you have gone to your merchant. A klox does not mean that the merchant will know," he said with his quiet smile, "I be displeased but it may have the direct saw all you would tell me and more result of improving his business. I kicks about the quality of merchandise

and an improvement as a result.

Did You Ever Stop

to Think?

By Edsor, R. Waite, Shawnee, Oklahoma

Edgar G. Harris, publisher of the West Point (Miss.)

In a recent statement concerning a campaign to be inaug-

Daily Times Leader, doesn't agree with Roy R. North, deputy

third assistant postmaster general, regarding the relative cost

urated by post office employees in the interest of direct mail

advertising, Mr. North says: "What we are trying to do is to

offer the merchant a dignified service. The small fellow, par-

ticularly, who cannot now afford to advertise in daily news-

papers, can make use of this new service. For the expenditure

of say \$50 he can reach 2,000 people. If they buy, he can

expand and perhaps eventually-become an important-newspaper-

Commenting on Mr. North's statement, Publisher Harris

"This may be true in the case of the small suburban mer-

chant in the larger cities, but it does not apply to the smaller

towns and cities, where newspaper advertising is the most

"For \$50 the local merchant or dealer can buy more than

a hundred inches of advertising in the average local daily, and

he can reach all the way from 5,000 to 15,000 buyers with a

single advertisement. By reducing his advertising to postal

card size (as Mr. North probably has in mind) he can spread

his message through a number of editions and thus make a

long odds the most economical and effective medium the local

advertiser can use, and Mr. North should acquaint himself

"The truth of the matter is that the local newspaper is by

economical means of reaching the people.

advertiser."

very offective campaign.

with the facts."

Says:

of direct mail and newspaper-advertising.

Self-confidence is not recklessness. It is not the "know-it-all" attitude of the standing feature of the sire of dam able asset based on a common-sense abpraisal of your ability to perform.

The quality demands self-control. You body. The yielder or the weak-willed . The selection for vigor and for those individual is never able to marghal his own forces effectively. Hot tempers, excessive appetites, anything that reduces efficiency keeps you from being your bost self and prevent you from mastering Electro Therapy

your destiny. You must be self-reliant. not depend on somebody else's talents. Develop your own. That is why God has placed them at your disposal. Stand by your own ideas. Do not be afraid if you Pare alone. The crowd that is against you to-day may be with you to-morrow Popularity comes and goes like gusts of summer wind. If you employ your own resources you can succeed.

Again you must be prepared to make decisions and to stand by them. Once you have made your choice, stick to it. Do not be tarried to and fro by every passing breeze of opinion. If you stop at every milepost to weigh pros and cons, you will not get very far during or the day. Satisfy yourself that you are right. "I will be with thee." How and offspring are ruthlessly culled. Only cheerful an assurance that has been to many persons in times when the outlook was dark and the silver lining was dif- Thursday, 1.15 p. m. to 4.30 p. m. Evenessential factors in breeding, with due through college with barely enough towards high production. To select for year, It seemed as if it could not be done. Even before the doubters have ceased to shake their head, the young doctor, clergyman, farmer, engineer or lawyer steps into the ranks of the pro-

fessione de la competita put on your battle face. Sketch your map It may sound queer to advise one to of possibilities and treat them as possikick in this day and age when there bilities. The stuff is in you. Use it

> "Only by disarmament can the peace and progress of the world and the national security of each country be Phone 29

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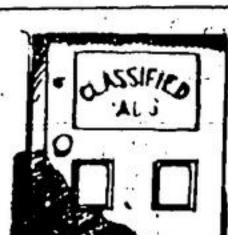
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