



TRAFFIC SNARLED: The driver of this dump truck heard a clunk, then a grinding noise and then another "weird" noise coming from the rear wheels before he pulled over on Mill Street just before the lights at Main Street early Tuesday morning. Traffic was snarled for hours as police and the MTO investigated. — Frances Niblock photo

There is safety in numbers "Buddy"

As the end of summer approaches and families get ready to return to their "back to school" routine, parents are urged to talk to their kids about personal safety strategies such as the Buddy System to help keep them safe when away from home.

Children who go places alone are at greater risk of victimization and that's why the Buddy System is one of the most important safety strategies a parent can teach their kids. Whether a child is walking to and from school, heading to the park after school to play with friends or participating in extra-curricular activities, they should always be with a buddy.

"There is safety in numbers," said Lianna McDonald, Executive Director for the Canadian Centre for Child Protection. "Children should know that when going to and from places, even those that are familiar to them, they should do so with a friend or a safe

adult. We encourage both parents and educators to use the Billy Brings his Buddies program to help teach this important safety strategy."

"There is nothing more important than a child's safety and well-being," said Tom Buckmaster, President of Honeywell Hometown Solutions. "Programs like Billy Brings his Buddies are so important because they teach kids a valuable safety habit in such a fun and interesting way that it makes it easy for them to learn. Honeywell is proud to support the Canadian Centre for Child Protection and the Billy Brings his Buddies program."

The Canadian Centre for Child Protection also encourages educators to reinforce this important safety lesson with their students. In partnership with Honeywell, the Canadian Centre will be providing nearly 11,000 Billy Brings his Buddies Grade One Teacher Kits free-of-charge to Canadian

schools in October. This will mark the fifth consecutive year the kits have been distributed. Since 2006, more than 44,000 kits have been provided to Grade One teachers across Canada.

To access the Billy Brings his Buddies program, parents can visit the website (www.billybuddy.ca) which features an on-line storybook, activities and games. Aimed at first grade students, the site also provides information for parents and educators on the Billy program and other age-appropriate child personal safety strategies.

Active and safe routes to school

Active and Safe Routes to School is a provincial initiative to create an environment that is conducive to, and supportive of, safe, walkable communities. It promotes the use of active and efficient transportation for the daily trip to school addressing health and traffic safety issues while taking action on air pollution and climate change.

What are the eight initiatives of Active and Safe Routes to School?

1. Walking School Bus: Parent volunteers walking a route, picking up children along the

way and taking them to school

2. Walking Wednesdays: One day a week is set aside as the day to walk to school

3. IWALK (International Walk to School Week and Day): Annual event for the first week of October

4. Walk-a-Block: A drop off zone a block or two away to encourage walking

5. Walkabouts: Assessing the neighbourhood for appropriate infrastructure to support the walk to school

6. Walking buddies: Older students are 'bud-

died" with younger students for the walk to school

7. No Idling at School: Initiatives are adopted to promote car engines off

8. Classroom Mapping: Teachers assist students to map their neighbourhood looking at enablers and barriers to active transportation

How do I get involved in this program?

If you are interested in getting this program into your school contact your school Principal or call the Active and Safe Routes to School Project Manager at 905-335-3663 x 2228.

Driving made easy

Fall is almost here, and driving is easy - or can be - if you make sure your vehicles are ready. A few simple maintenance items can ensure your highway cruising is trouble free, efficient and healthy. For instance, spark plugs are the lifeblood of an engine, and replacing worn spark plugs with a fresh set of spark plugs will perk up even a tired engine and

help keep it running efficiently.

Have your oxygen sensors checked to make sure they are operating correctly - these sensors help regulate vehicle operating efficiency and play a key role in keeping the vehicle's exhaust emissions within acceptable limits. Replace any oxygen sensors that are worn out to protect the

environment and improve operation of your engine.

A fresh air filter will make sure your engine gets just the right amount of clean air it requires - and don't overlook the cabin air filter. This very important filter keeps the air entering the vehicle fresh and clean, and contributes to healthy occupants, especially on long trips or hours in the car.



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The family of

Carl & Elma Timbers

would like to invite you to a celebration of their **60th Wedding Anniversary** at **Ballinacree Community Centre** on September 11, 2010 from 7p.m. to 11p.m.



60th
Anniversary

