



ACTON SENIORS' RECREATION CENTRE

BY JULIE CONROY

Julie is taking a well-deserved break, so I - Eileen Dix will be writing the column for this week and next.

Last week's card game of Bid Euchre had two-and-a-half tables, but Ruth said that nothing exciting happened as there were no mooners! Non-players are welcome to join the 1 p.m. Thursday afternoon group, as Ruth says it is easy to learn the game and they would welcome more players.

The 50-50, drawn last Friday, was not won. The member whose name was pulled from the drum had not put in their Loonie and name.

Come to the movies! On Tuesday, August 31, at 1 p.m., we will be showing "Leap Year," which is about a woman who has an elaborate scheme to propose - it

should be a good laugh! Then on Tuesday, September 7 it will be "My Sister's Keeper," based on Jodi Picoult's novel of the same name - bring your tissues, this one is likely a tear-jerker! Mark your calendars.

A lot of our members have continued to come into the Centre for various activities during the summer months, but some classes take a break in July and August, then start up again in September. The Wednesday morning fitness class continued through the summer, but combined the two classes. The two separate classes, at 9:15 a.m. and 10:15 a.m. will resume on Wednesday, September 8. The Hiking Group that took a break in the summer will leave the Centre at 10 a.m. on Friday, September 10, for their first hike of the season.

The fitness and the hiking have a high attendance, but if you are interested in trying either one you would be made very welcome.

Bev Jones asked me to mention his Fundraising meeting which will be held on Tuesday, September 7, 10 a.m. at the Centre. Anyone who is interested in helping his group with their fundraising efforts, or has an idea to pass along, would be made welcome.

The Newsletter, covering events and programs in September and October, will be ready for pick-up soon, so be sure to look or ask for it when you are next in the Centre.

Julie talked about the free try-out programs offered during Open House week, which runs from Monday, September 13 through until Friday, September 17. Why not try them all and see which is right for you! Look for the full calendar of events in the previous week's The New Tanner.

Have you thought about what you will wear for the

Mexican Dinner on Wednesday, September 15? Pick up your ticket soon and prepare for an evening of fun.

Calling all golfers! Payment is needed for tickets available at both Acton and Georgetown Centres for the Wednesday, September 22 golf game at the Blue Springs course. You can enjoy a nine or 18 hole round of golf, followed by a delicious lunch and presentation of prizes.

The "Gals on the Go" trips to Mohawk include one on Monday, September 27 for dinner, races and the slots, and the other is for the Dinner

Theatre on Monday, November 15. Be sure to sign up for these soon so you won't be disappointed. I have been to both the races and the theatre there and would recommend both - and the "Gals" are such a fun bunch to be with (and the guys who join them!)

For those of you who have recently become 55, or maybe have just moved to Acton, and are hesitating about joining a "Seniors Centre" come in and try it out. I know when I told friends I was going to join they said I was too young to join seniors! Well, I am so glad I did join as I have made

so many new friends over the years, renewed old friendships, seeing people I hadn't seen in years, and I have been more physically active than I would have been. The good thing about our Centre is that it has a variety of programs and classes to suit everyone, younger and older seniors, those who are more able or less able to move around, and the opportunity to make friends.

Did you know that mosquitos have a life span of only two weeks; some condolence for those who get bitten by the little critters.



Police/Fire Report

Theft from car

A purse containing credit cards, identification, prescription glasses and a cell phone were stolen from an unlocked car parked on Greenore Crescent during the afternoon of August 18. The victim lives in Rockwood.

Drunk driver

A 66-year-old Acton man was charged with impaired driving and having over 80-milligrams of alcohol in 100-millilitres of blood after police were tipped off about a car being driven erratically on Saturday night. The man was arrested at his Scene Street residence.

Minor injuries

A van driver received minor injuries after a two-vehicle collision on Highway 25 and 10 Side Road at 9:54 on Sunday morning. Acton firefighters helped ambulance staff with the drivers and their vehicles.

False alarm

Acton firefighters responded to an alarm activation at a vacant residence on the Fourth Line, south of 15 Side Road at 10:54 on Saturday morning. No reason for the alarm was determined.

Faulty detector

A faulty CO detector caused an alarm activation at a Matthew Court residence at 3:34 last Thursday afternoon. While checking the house, Acton firefighters found there was no smoke alarm on the main level of the house and an inoperable

smoke alarm on the second floor. For immediate safety, firefighters installed two working smoke alarms,

which were returned to the fire department after the homeowners bought their own.



Acton Physiotherapy Centre
10 Eastern Ave, Unit 103 Acton ON

Located in the new Acton Medical Centre

Physiotherapy • Sports Injuries
Active Rehabilitation • Acupuncture
Covered by most Employee Benefit Plans
Motor Vehicle Insurance • WSIB

For appointments please call 519-853-1800



Acton Denture Clinic
Tracy Mitchell DD

Let us create a Beautiful Smile for You!
with dentures from the BPS experts.

- Full & Partial Dentures
- Precision BPS® & Implant Retained Dentures
- Same Day Service for Repairs & Relines

Choose the denture that fits your lifestyle, present, past & future!

130 Mill St. E. Unit 103 Acton
519-853-0079



The Regional Municipality of Halton
www.halton.ca

Halton Hills

Labour Day Household Waste Collection Notice

Please Note Collection Day Changes

Mon	Tues	Wed	Thurs	Fri	Sat
Sept 6 Labour Day	7	8	9	10	11
		Area 1, 3, 4, 5 Collection Moves		Area 2 Collection moves	

Due to the Labour Day holiday, household waste collection services the week of September 6 will take place the day after your regular collection day.

Please place your waste at the curb by 7 a.m. on your scheduled holiday collection day.

Please check your 2010 Waste Management Guide and Collection Calendar for your collection area details, or visit www.halton.ca/waste to use our "Search by Address" tool.

Halton Waste Management Site will be closed Monday, September 6, 2010.

Regular Operating Hours
Open Monday to Saturday, 8 a.m. to 4:30 p.m.
5400 Regional Road 25, Milton

For a full list of HWMS fees, visit www.halton.ca/waste or contact Halton Region.

Household Hazardous Waste

Not In the Garbage, Not Down the Drain

Household hazardous waste can injure waste collectors, and can damage the environment if disposed of improperly. Household hazardous waste must not be put in the garbage or poured down the drain.



Household hazardous waste is usually labelled as corrosive, explosive, poison or flammable, and includes materials such as antifreeze, batteries, compact fluorescent light bulbs (CFLs), fluorescent tubes, garden chemicals, household cleaners, motor oil and filters, paint, and propane tanks.

Household hazardous waste can be dropped off free of charge at the Halton Waste Management Site, 5400 Regional Road 25, Milton. There is a 20 litre maximum per visit. No commercial hazardous waste can be accepted. The Site is open Monday to Saturday, 8 a.m. to 4:30 p.m.

Visit www.halton.ca/takeitback for a list of local retailers that take back select household hazardous waste.

1151 Bronte Road, Oakville, Ontario L6M 3L1
Dial 311 or 905-825-6000 • Toll Free 1-866-442-5866 • TTY 905-827-9833 • www.halton.ca