

Sports

with The New Tanner

Send us your scores

There are soccer, lacrosse and baseball games being played at all of Acton's sports fields and facilities, yet the results are not known, as almost no one sends The New Tanner any game reports.

Send reports, stats and photos before 9 a.m. on Monday.



TOURNEY CHAMPS: The Rockwood U10 boys' soccer team were champions at a recent tournament. The squad includes, back from left: Coach Ed Arnold, Hugh-John Calderwood, Ayden Bordeau, Tucker Arnold, Josh Dunbar, Adam Ford, Benjamin Griffiths, Wesley Gill and Coach Jeff Brown. Front: Owen Walsh, Oliver Griffiths, Patrick Nyman, Torin Martin, Carter MacPherson and Jackson Brown. – Submitted photo



ACTON SENIORS' RECREATION CENTRE

BY JULIE CONROY

I hope everyone managed to stay cool over the hot weather. Don't forget that the Centre is air conditioned and is a cooling center for anyone who finds the heat too much. The Library is also a cooling centre and might be a closer spot for some people.

I must say that the hot weather doesn't seem to be affecting the beautiful hanging baskets and flowers down town. It certainly looks beautiful, thanks to Josey and her assistant.

One of our very talented members, Wendy West left me a little note to tell me she placed first in the Seniors Singing Contest held in Guelph last month. This is a national "gig" so she will be entering the finals in the fall. I know we all wish her good luck. She sang at one of our Salute to the Vets dinners a couple

of years ago, and certainly has a beautiful voice.

Would you have liked to go to the Waterloo Region Progressive Lunch Tour on August 18 but you were busy on that day? Well, the date has now changed and it will be a week earlier Thursday, August 12. It sounds very interesting and is a great way of visiting various small towns and enjoying a lovely lunch while riding on a comfortable, air conditioned coach.

The Thursday afternoon Bid Euchre was well attended this week, and Shirley Hunter and Betty Brewer both had mooners.

Several members have been in the hospital during the past few months, starting with Betty Green, Delores Wright, Joanne and Paul Bissonnette, Pat Galton and Loretta Ivanyshyn all spent time in the hospital, and are now hopefully

well on their way to a complete recovery. Wendy Krever hopes to have the cast off her arm this week. I am sure it's been a long six weeks.

It is important that we try and keep our bodies healthy, and Nordic Pole walking is an excellent way of doing so. On Monday and Friday mornings from 10 to 11, they meet at Prospect Park. If you have never pole walked before, the instructor will show you how and you are able to borrow equipment. In the winter they walk in the Dufferin Rural Heritage Centre in the park.

Wendy Krever is busy planning events for the Acton Seniors Centre's Open House running from Monday September 13 to Friday, September 17. Hopefully there will be something that interests you.

I know the Birthday tea will be on the Tuesday and

this will celebrate the birthdays of all members who were born in either July or August. We are hoping for a return visit from Adrian Alder. Adler is a paramedic with Halton Region, and everyone who attended the last one said how interesting and informative his presentation was. If there is something that interests you that you would like to see included let Wendy know, and she will try and get a person in to demonstrate, or talk about the topic. I know there will be Tai Chi and a Sitting Yoga Session. You can either watch or participate. Yoga and Tai chi are both excellent exercises for both the mind and body. Some people find it hard to get down on floor so the sitting Yoga alleviates that problem.

Bryan Alder is \$125 richer this week as he won the weekly Friday 50/50 draw.

Acton Minor Ball

Blastball

Fun was the name of the game for the Herbal Magic Blastball team this week. Madeline MacDonald must have really warmed up before the game because she was hitting like a pro, and her throwing arm had some real heat on it. Riley Targett showed his skills when up to bat and really had the outfielders running. The Herbal magic team proved they were good sports after the game by sharing some freezies.

The Godfather Blastball team had a great time again this week. Conner Shoebridge played great in the outfield, relaying the ball back to home. At bat Austin Scully had some huge hits driving the ball into the outfield.



HEAD COACH REQUIRED

Major Midget BB

Coaching applications are now being accepted until **4pm - July 30th**.



Applications are located on our website:
actontanners.com

Interviews will be scheduled in August.

Applicants will be contacted.

Please email completed applications to:
actontanners@yahoo.com

Acton Minor Hockey Association

