



CAMP UPGRADE: The 1st Acton Scouts and Ventures recently helped rebuild an Adirondack and campsite at the Blue Springs Scout Reserve. The group worked long hours on a very hot weekend to complete the task. They also removed rocks, trimmed trees and rebuilt the campfire. 1st Acton originally built this Adirondack 15 years ago, and took it upon themselves to give it an upgrade. It was a tremendous contribution to Scouting and Blue Springs Scout Reserve. -Submitted photo

Humidex Advisory in effect

As a result of hot temperatures, a Humidex Advisory was issued by Environment Canada on July 5. This advisory is due to the combination of high heat, high humidity (greater than 40 degrees Celsius) and/or other weather conditions that can be hazardous to your health. Even short periods of high temperatures can cause serious health problems. When a Humidex Advisory has been issued by Environment Canada, the Health Department issues a Heat Alert.

Those especially at risk during heat and smog related weather conditions include older adults (over 65 years), infants and young children, and those with chronic heart or lung disease, including asthma. Parents, coaches and others supervising children should be aware of the health risks dur-

ing a heat alert. If you experience symptoms of heat-induced illness, such as rapid breathing, weakness or fainting, headache, or confusion, seek medical attention right away.

You can avoid heat related illness by staying out of the hot sun or heat, and going to air-conditioned sites (e.g., malls, community centres). You should also avoid strenuous outdoor activity and, if possible, reschedule sports practices and jogging times. Drink lots of water and natural fruit juices (avoid alcohol, coffee, cola). Call or visit friends and neighbours who may also be at risk.

For weather information, listen to the forecasts on local television and radio stations or read local newspapers. Weather and heat information can also be obtained from Environment Canada's web site at: www.weatheroffice.ec.gc.ca/forecast/canada/on_e.html. For air quality and smog alert information, visit: www.airqualityontario.com.

During period of heat alert these facilities will be open as places of refuge for persons to seek relief from the heat; please call ahead or check the Town's website (www.haltonhills.ca) for times.

Mold-Masters Sports-Plex – 221 Guelph Street, Georgetown 905-877-8488

Acton Arena & Community Centre – 415 Queen Street, Acton 519-853-0020

Halton Hills Cultural Centre & Library (Georgetown Branch) – 9 Church Street, Georgetown, 905-873-2681

Halton Hills Public Library (Acton Branch) – 17 River Street, Acton 519-853-0301

Halton Hills Civic Centre – 1 Halton Hills Drive, Georgetown 905-873-2601

Gellert Community Centre – 10241 8th Line, Georgetown 905-877-4244

Aquatic Facilities – Daily Recreational Swimming
For recreational swim-

ming schedules please call the pool of your choice:

Acton Indoor Pool (Admission fees apply) – 519-853-3140

Gellert Community Centre (Admission fees apply) – 905-877-4244

Gellert Park Splash Pad – Open daily 10 a.m. to 8 p.m.

Dominion Gardens Park Splash Pad – Open daily 10 a.m. to 8 p.m.

For information on heat and smog, please visit the Halton Region Health Department's website at www.halton.ca, or dial 311, or call 905-825-6000, Toll free 1-866-4HALTON (1-866-442-5866), TTY 905-827-9833.



Congratulations

Jenn

on being accepted at
Brock University

VERY PROUD OF YOU!

*Love Mom, Dad,
Jackie, & Colin.*

INDIAN RIVER DIRECT

ACTON

FREESTONE PEACHES

25 lb. boxes

The Hide House Parking Lot
Monday, July, 12th • 12:30pm - 3:30pm

We are proud to announce the Graduations of

Patrick Porterfield
from the University of Waterloo with an Honours Bachelor of Arts in Social Development Studies

and

Christine Porterfield
from McGill University with a Joint Honours Bachelor of Arts in Anthropology and Religious Studies

Congratulations and Good Luck in your future endeavours!
Love Mom and Dad