

CONGRATULATIONS TO THE CLASS OF



**Centennial
grads welcome
challenges**

The ROCKWOOD Miller



The 2010 Graduation Class at Rockwood Centennial

Would you be interested in a Wednesday morning or afternoon book club? EWCS Active Seniors is hoping to start a regular book club and is also looking for a volunteer to take charge of this new program.

The club would meet at the Seniors' Centre in Centre 2000. Please contact Sherri at 519-833-0087 to sign up.

The Food Banks in Erin and Rockwood are in need of peanut butter, canned chili, canned pasta for adults and shampoo.

The last summer Video Dance Parties is in Rockwood at Rockmosa tomorrow (Friday.) For more information: www.videodanceparty.ca or 519-833-9696. EWCS is still looking for more volunteer parent chaperones.

Interested in Volunteering? A number of opportunities are available for volunteers.

- Short shifts in the retail stores. Bring a friend and work together in a friendly atmosphere where you get to be part of the community. Have fun working with clothing or books.

- Volunteer drivers to provide transportation for seniors to medical and therapeutic appointments. Must be 18 or older and have a clean driver's abstract. Mileage will be reimbursed from volunteer's home.



EWCS NEWS

- Video Dance Party Chaperones. If your children are attending the Video Dance Parties in Erin or Rockwood, have you considered volunteering as a chaperone?

Contact Gillian Riseborough at 519-833-9696 x222 or gillian.r@ew-cs.com and find out why our volunteers love being part of EWCS.

Seniors News:

Please contact Sherri Plourde for more information on any of the following senior's programs or events 519-833-0087.

- EWCS's Seniors Advisory Committee has been busy distributing senior surveys. Please check the local libraries and county buildings if you haven't had a chance to fill one out yet. You can also get a survey from EWCS main office or EWCS Seniors Centre. Everyone who is 55 years old or more and lives in either the Town of Erin or the Township of Guelph & Eramosa should complete a survey. This is your chance to have a say about the programs and services offered in the area.

- **Day Trip:** Grand River Dinner Cruises, July 7, 2010. Coach provided by Great Canadian Coach Lines.

Cost is \$68, which includes transportation, entertainment, roast beef lunch with homemade bread, desserts and a 3 hour boat cruise along the Grand River. We need over 35 people in order to take this trip on the

coach. Please contact Sherri Plourde @ 519-833-0087 to book your seat.

- **Rockwood Euchre:** every other Thursday at the Library from 1 - 3:30 p.m.

- **"In Stitches":** knitting/crochet group would like to invite you to join them for a couple hours of knitting/crocheting and conversation-every Tuesday from 10 a.m. - 12 p.m. at the EWCS Seniors Centre, Erin.

- **How Can I Do This?:** A two day seminar focused on Caregivers brought to you by the Alzheimer Society of Guelph-Wellington and EWCS will be held on Wednesday, August 4 and Wednesday, August 11 from 1-3 p.m. at the EWCS Seniors room. Please call Sherri to register @ 519-833-0087.

- **Mark Wednesday, August 18 on your calendar:** EWCS Seniors will be having its 2nd annual Seniors Wellness Fair at Centre 2000 on the ice surface. Please come out and see what East Wellington and other regions can offer in terms of service for seniors. Watch for more information in the local papers and radio.

GOOD EATS

The Rockwood District Lions prepared and served food on Saturday for many soccer tournament players competing during the three-day annual spring fair at Rockmosa Community Centre.

- Denise Paulsen photo



ROCKWOOD SOCCER 50-50 WINNERS

Guelph Storm Alumni Game
Saturday, June 12th, 2010
Brian Eidt of Guelph,
won \$614.00

Lottery License # M639141

Rockwood Soccer Club 50-50 Fundraiser
Saturday, June 19th, 2010
Debbie White of Rockwood,
won \$765.00

Lottery License # M644558