

# FATHER'S DAY 2010

## How will you mark Father's Day?

Many Canadians observe Father's Day on the third Sunday of June. It is a day for people to show their appreciation for fathers and father figures. Father figures may include stepfathers, fathers-in-law, guardians (eg. foster parents), and family friends.

Canadians celebrate Father's Day in a variety of ways to express their love and gratitude to fathers or father figures. Father's Day activities include (but are not limited to):

- Participating in Father's Day fun runs and other events in which the proceeds go towards charity or prostate cancer research.

- Buying presents such as neckties and other items of clothing, chocolates, books or equipment for different types of hobbies.

- Giving handmade or purchased cards.

- Breakfasts, brunches, lunches, or dinners either at home or in restaurants.

- Taking fathers or father figures out to the movies, the park, the zoo, or another place of interest.

Some people organize joint Father's Day parties and activities with

close friends and family. Those who live away from their fathers or father figures may make long-distance phone calls, send an email or online card, or arrange for gifts to be delivered on Father's Day. Some museums and other venues open to the general public may host special Father's Day celebrations where fathers and father figures can enter free of charge.

### Public life

Father's Day is not a federal public holiday in Canada. It falls on a Sunday, which is a day off for many workers so many offices and stores are closed. However, some shopping precincts and stores, as well as restaurants, cafes and entertainment venues, may be particularly busy on Father's Day.

### Background

There are some suggestions that the idea of Father's Day may originate in pagan sun worship. Some branches of paganism see the sun as the father of the universe. The June solstice occurs around the same time of year as Father's Day so some people saw a link between the two.



The New Tanner joins with local businesses and everyone wishing all Dads a Happy Father's Day!



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