Mayor's By Rick Bonnette



One of the nicest sights in Halton Hills is seeing the look of exhilaration on a child's face as they participate in one of our sports and recreations programs in our community.

Canadian Tire Jumpstart is a community-based charitable program that helps kids in financial need participate in organized sports and recreation.

On May 29th and 30th please visit our local Canadian Tire and help support the Halton Hills chapter of Canadian Tire Jumpstart. A dollar from each sale will be donated to Jumpstart to help our local kids participate in sports and recreation programs.

I want to share with you some frightening information. Did you know that there are over 4,000 deaths by suicide per year in Canada and that suicide is the second leading cause of death among youth aged 10-24 years? Suicide is the third leading cause of death among adults from ages 25-49. How do you detect the signs of a family member who may contemplate suicide? We are fortunate in Halton Hills that Rev. Paul Ivany and Sue Vogt-Culp and others have organized a Halton Hills Suicide Prevention Group. To learn about becoming a suicide alert in your family call 905-877-6122 (specify message for H.E.A.L.) or email HH-SPG@hotmail.com.

CTV recently did a wonderful piece on Halton Hills resident Dr. Jeff Sutherland and his outlook on life while dealing with ALS. Jeff, Darlene and the boys ...you continue to be a huge inspiration in our Town!

As I mentioned in my last column, don't forget to mark in your calendar Tuesday June 8 when The Town of Halton Hills hosts our Volunteer Appreciation Celebration at the Gellert Community Centre. Volunteers from your organization are invited to join me along with members of Council to express our sincere gratitude to our many dedicated volunteers for their commitment to enriching community. Please RSVP with the total number of volunteers planning to attend at www.dontneedacape.com by Tuesday, June 1.

Mark June 18-20th on your calendar! The Halton Hills Cultural Roundtable has been organizing many events for the BIG DADDY Festival. This will be the only Festival in all of Canada to celebrate Father's Day and it's happening right here in Halton Hills. There will be many events in Acton and Georgetown over that weekend. It should be fun for the whole family. Final details to follow.

• Congratulation to Peel Landscape Depot on their grand re-opening in Georgetown

• Congratulations to Welcome Wagon, celebrating 80 years in Canada!

Keep it real! I can be reached by telephone at 905-873-2601, ext. 2342, or by e-mail at mayor@ haltonhills.ca.

The Food Banks in Erin and Rockwood are in need of peanut butter, jam and canned pasta such as ravioli. Hunger Awareness Day is June 1.

News & Events

Interested in Volunteering? A number of opportunities are available for volunteers.

- Short shifts in the retail stores. Bring a friend and work together. Friendly atmosphere where you get to be part of the community.
- Volunteer drivers to provide transportation for seniors to medical and therapeutic appointments. Must be 18 or older and have a clean driver's abstract. Mileage will be reimbursed from volunteer's home.
- Video Dance Party Chaperones. If your children are attending the Video Dance Parties in Erin or Rockwood, have you considered volunteering as a chaperone?

Contact Gillian Riseborough at 519-833-9696 x222 or gillian.r@ew-cs.com and find out why our volunteers love being part of EWCS.

Weekly Highlights from New to You Store & Bookends:

Bookends: Summer is on the door step and here are a few favourite picks from Bookend's "Must Read

- The Last Promise by Richard Paul Evans
- Eat Pray Love by Elizabeth Gilberts
- Memoirs of a Geisha by Arthur Golden
- The Mists of Avalon by Marylin Zimmer Bradley • A Short History of Tractors in Ukrainian by Marina

Lewycka. A number of classics are always available.

New to You, Erin: A great selection of ladies summer tops are available as well as shoes and purses to complete the look.

New to You, Hillsburgh: Women's plus sizes are featured this week. Come check them out.

New to You, Rockwood: If you are looking for bright summer clothing for your children we have a good collection at the moment. White shirts for young men as well for upcoming graduations.

New to You Stores regrettably cannot take furniture, housewares and home décor items due to space restrictions. We welcome gently used clothing items for women, men and children of all ages. Stores are also currently in need of pant hangers.

Seniors News:

Please contact Sherri Plourde for more information on any of the following senior's programs or events

Day Trip: Grand River Dinner Cruises, July 7. Coach

Treatment for: • Fibromyalgia • Chronic Pain • Stress Headaches ...and much more. Naomi Bedell Registered Massage **Therapy** Deanna Wilson 65 Mill St. E., BSc. DCh. Acton, ON Chiropodist 519-853-8557 Foot Specialist 519-853-8557 65 Mill St. E Acton, ON L7J 1H4 LTH Foot/Nail Care Diabetic Footcare Custom Orthotics, Home visits

provided by Great Canadian Coach Lines. Cost is \$68. (includes transportation, entertainment, roast beef lunch with homemade bread and desserts and a three hour boat cruise along the Grand River) We need over 35 people in order to take this trip on the coach. Please contact Sherri Plourde @ 519-833-0087 to book your

Rockwood Euchre: every other Thursday at the Library from 1 - 3:30 p.m.

"In Stitches": knitting/crochet group would like to invite you to join them for a couple hours of knitting/ crocheting and conversation-every Tuesday from 10 a.m. - 12 p.m. at the EWCS Seniors Centre, Erin.

Bid euchre: - Tuesdays 1 - 4 p.m., EWCS Seniors

Thursday evening Pilates: (bring your own ball) @ EWCS Seniors Centre from 6 - 7 pm. Instructor fee is based on number of participants. Please call to register,

Line Dancing: Friday from 10 a.m. - 12 p.m. @ EWCS Seniors Centre. Please contact Sherri Plourde for more information or to register.

Bridge: EWCS Seniors Centre, Fridays 1 - 4 p.m.

Meal on Wheels: EWCS in partnership with V.O.N. is pleased to announce that we will be once again offering and delivering hot lunches on Mondays and Thursdays each week. Please contact Dee Dee Eurig (Victoria Order of Nurses) at 1-888-506-6353 for more information.

"SNERD'S": free computer help to seniors in the Erin & Hillsburgh area. Please call for more information on this service.

Foot Care Clinic: Wed. June 15, located in the EWCS Seniors Centre in Centre 2000, Erin. Most people are born with healthy feet, but three out of four people develop serious foot problems as they age. Cost is \$20. This clinic is by appointment only. Call Pauline to book your appointment, 519-941-9716. Please bring your own towel.



