



PASSPORT WINNERS: Sandra Morrill, Janet Clevely, Colleen Baeumler, Peggy Johnston, Genny Barlow and Lynn Nokes were the six winners of the Passport to Businesses in your own Backyard competition, sponsored by 12 Rockwood businesses. Winners met with some of the participating business owners last Saturday. – Denise Paulsen photo

Foodbank accepts donations

By Denise Paulsen

A ready supply of food is something that most of us take for granted. If we're running low on food or toiletries, we make a trip to the grocery store. For some families in the community, however, it isn't that simple.

The Rockwood Foodbank is a relief to people in the village who find themselves experiencing a shortage of food and other essential items. Generous donations of necessary supplies are

welcomed Monday, and again on Wednesday through Friday, between the hours of 9 a.m. and 4 p.m.

Housed within the New To You store on Church Street (behind Rockwood's St. John's Anglican Church), the foodbank is run through EWAG services, and is affiliated with the foodbank program in Erin.

Darci Burgess is the office co-ordinator at the Rockwood branch where families who find themselves in need are treated

with respect. To protect customer confidentiality, donations are discouraged on Tuesdays. The families are invited to pay a visit to the foodbank, on a Tuesday of each month, to pick up what food and toiletries they require for the coming four weeks. The Rockwood foodbank's goal is to provide the average family with one week's worth of supplies – to supplement their monthly needs.

"We're happy to receive both cold and hot cereals, peanut butter, lunch

Networking in Rockwood

By Denise Paulsen

The Rockwood Business Networking Group is a collective of like-minded individuals with something in common – they are all entrepreneurs operating a business spanning the geographical areas from Brampton to Guelph and Campbellville to Fergus.

The Everton Academy of Culinary Arts on Hwy. 24 is the place to be every Thursday morning at 7:30 until 8:45 a.m. for the groups' weekly breakfast meeting. A membership fee of \$200 (plus \$10 per breakfast) includes the cost of regular speakers on topics such as how to keep motivated and information on developing

snacks – pudding cups and cookies – canned fruit and vegetables. People often forget that we are always looking for toiletries – grooming products – shampoo, toothpaste and toothbrushes," Burgess said.

Donations of food and essential items, to help the less fortunate in the Rockwood community, are welcomed year-round.

networking skills. Ongoing educational training is a feature of the organization providing both inspiration and valuable business expertise to its members.

Each week a member of the networking group is invited to put their own individual enterprise in the spotlight – sharing updates about their business or service.

"This is a positive experience. We exchange referrals and the informative speakers support our goals," said group member and real estate agent Jennie Stanhope.

The local networking focus group is a diverse mix of businesses and services including asset management, event planning, real estate

agents, home goods/services and property maintenance.

Formed in January 2007 to address networking challenges by sharing ideas and experiences, the group also offers moral support to local businesses. The group's premise is simple – business isn't easy.

Independent of the recently dissolved Rockwood Eramosa Business Association (REBA), the Rockwood Business and Networking Group is open to new members – helping area entrepreneurs to become more productive and successful in their chosen endeavours. For more information visit the group's website at www.rockwoodbng.com.

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Easter celebrations in Eramosa

Holy Week services in Rockwood and area churches are as follows:

St John's Anglican Church
 Thursday April 1, 8 p.m.
 Friday April 2, 10:15 a.m.
 Saturday April 3, 8 p.m.
 Sunday April 4, 10:15 a.m.

Eden Mills Church
 Thursday April 1, 7:30 p.m.
 Sunday April 4, 9:30 a.m.

Rockwood Presbyterian
 Sunday April 4, 11:15 a.m.

Everton Community Church
 No confirmed information available at press time.

Rockwood United Church is sistered with Stone United Church on Fourth Line, Eramosa.
 The Easter Sunday ser-

vice at Stone United Church on Sunday April 4, at 9:45 a.m. The regular Easter Sun-

day service will be held at Rockwood United Church on April 4, at 11:15 a.m.

heaven on

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