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Tracy Mitchell DD

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 **Halton REGION** The Regional Municipality of Halton
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Raising Responsible Teens

Triple P Seminar for Parents of Pre-Teens and Teens

All parents can benefit from additional support.

Parents, learn how to help your teen:

- take part in family decision making
- be respectful and considerate
- be involved in family activities and a healthy lifestyle
- be reliable and assertive



What is Triple P?

- **Positive Parenting Program** supported by research and led by accredited practitioners
- Helps you learn adaptable skills to develop good communication and strong relationships with your children


Children and youth who grow up with positive parenting are more likely to feel good about themselves and develop to their full potential.

Where: Library, E. C. Drury High School
 215 Ontario Street South, Milton

When: Thursday, April 2, 2009, 7:00 - 8:30 p.m.

Registration
 To register for this **free** Triple P seminar, or for more information, please contact Halton Region.

In case of inclement weather please call Halton Region for program cancellations and rescheduling.



1151 Bronte Road, Oakville, Ontario L6M 3L1
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Sharks, Lightning in championship

Sharks, Lightning earn spot in Championship this Friday

Last Friday night were the final games for Acton Ladies Hockey round robin playoffs. Both games were closely fought matches and both games ended in a 2 -2 tie.

In the first game both goalies stymied their opposition ending the period scoreless. In the second period DL Greig scored for the Acton Optical Lightning from a face off from teammate Daina McKellar. The X Marks the Fitness Spot Sharks tied it up with a goal from Kari Cooper assisted by Karen Foster and Shelly Dodds. After that Daina McKellar scored for the Lightning on an unassisted goal. The Sharks fought back when Carrie Gallant scored on a break away, executing a nifty deek, assisted by An-

Acton Ladies Hockey

nette Kroezen. In the second game the DNR Contracting Devils had the game at 2 - 0 until half way through the second period when the Staying Alive Fitness Cougars scored and then scored again with less than two minutes to go in the game. Scoring for the Devils was Heather Monk assisted by Erin Donnelly

and Jane Tivendale on an unassisted goal late in the second period. Scoring for the Cougars was Leanne Monaghan unassisted and Mary Lou Dixon with assists going to Ute Cole and Pamela Ireland.

This Friday has the last games of the season.

The first game is the consolation game at 10pm with the DNR Contracting

Devils facing off against the Staying Alive Fitness Cougars.

The Championship game is at 11pm with the X Marks the Fitness Spot Sharks squaring off against the Acton Optical Lightning.

This should prove to be some great fast action hockey. Come and cheer your favourite team. We are having a special referee/official at both games.
by Rick and Josey Bonnette

Novice Chargers in Semi

Acton Novice Chargers travelled to Jordan to play in a two day March Break tournament on Monday, March 16 and made it to the semi-finals.

In Acton's first game they would meet a tough competitor in the Kiwanis Starts. Kiwanis opened the scoring 4 minutes into the game, Acton would respond with 43 seconds remaining in the first with a goal from Jack Kennedy with the lone assist going to Kyle Spence.

In the 2nd, Kiwanis once again took the lead, only to have Jake Case respond

12 seconds later on a great passing play by Nicolas Jones. Going into the 3rd period tied at 2, Noah St. Denis gave the Chargers a lead that they never gave up, coming out on top 3-2.

"A great way to start a tournament, great game to watch, everyone played hard, Justin Percy played awesome in goal!" said coach Case.

Acton then faced the host Jordan Lions in what would be another close and hard fought game. Jordan opened the scoring 3 minutes in, with Noah St. Denis responding just 15 seconds

later with an unassisted goal. The Lions scored 2 goals in the 2nd period.

Trailing 3-1 heading into the 3rd period, Jake Case would score an early short-handed goal with assists going to Liam Weir and Nicolas Jones. That's close as Acton would get falling by a score of 3-2.

On Tuesday the Chargers faced the Welland Tigers coming out strong with Jake Case scoring unassisted 5 minutes into the game. In the 2nd period, with aggressive fore-checking from Noah St. Denis, Noah stole
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ACTON MINOR BASEBALL REGISTRATION

TEE-BALL & HARBALL PROGRAMS
PROGRAMS IN ACTON FOR 4-18 YEAR OLDS

At 

SATURDAY, MARCH 28, 2009
11:00AM TO 3:30PM

2004-2005	Blastball (T-Ball)	\$115
2002-2003	Grasshopper (Safetyball)	\$145
2000-2001	Rookie (Hardball)	\$150
1998-1999	Mosquito (Hardball)	\$150
1996-1997	Peewee (Hardball)	\$160
1994-1995	Bantam (Hardball)	\$160
1991-1993	Midget (Hardball)	\$170

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For more information please call 853-4834 or go to www.actonminorball.com

