

Drinking, driving keeps OPP busy in New Year

The new year had hardly crossed over the threshold before Wellington OPP were kept busy with drinking and driving investigations.

Most serious was a collision on Wellington Rd. 32 at the junction of 124 on Saturday, Jan. 3 at about 8:10am. Officers found a 1999 Toyota Tercel southbound on 32, entered the intersection of 124 on a red traffic light and collided with an eastbound Hyundai SUV. The SUV driver, Craig Bramhall 47, of Guelph received leg injuries and was taken to Guelph General Hospital.

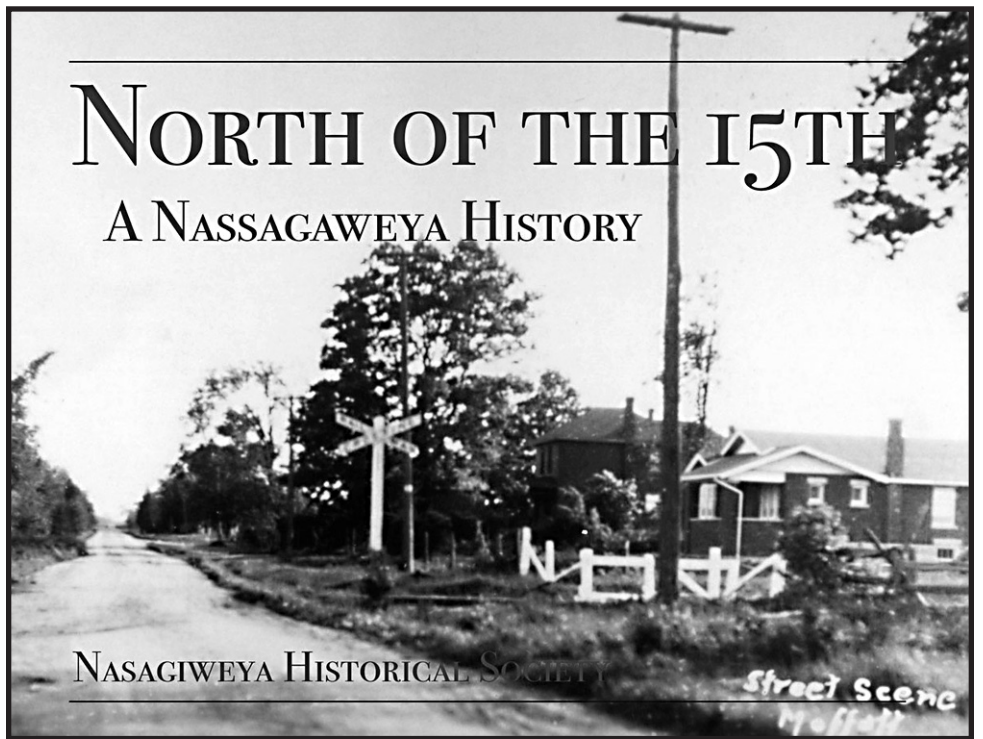
Police said the driver of the Toyota, Jason Clutton of Brantford had been drinking and has been charged. He received arm injuries for which he was treated at Guelph Hospital.

At about 3:15am on Sunday, Jan. 4 officers were monitoring traffic on Wellington Rd. 124 near 32 when they spotted a 1994 Volkswagen Passat travelling well above the 70 km/h limit.

The driver, a 41-year-old Puslinch twp. Resident was charged with speeding at 110km/h, drinking (he failed the roadside screening test) and failing to surrender his license.

Earlier, on Monday, Dec. 29, at about 8:50pm officers were conducting R.I.D.E. spot checks at the intersection of Wellington Rd. 22 and the Fifth Line of Guelph-Eramosa when they spoke to the driver of a Ford pickup that pulled up at the intersection. Officers said he had been drinking and failed to roadside test. A 42-year-old Cambridge man has been charged.

On Christmas Day at about 10:45pm Wellington OPP officers responded to a report of a pick-up truck stuck in the snow at a home on Jason Dr., north of Guelph. The 2001 Chevy Silverado was on the front lawn of the home. Officers said he had been drinking. A 66-year-old Guelph man has been charged with impaired driving.



'North of 15th' glimpse into early Nassagaweya life

By Rebecca Ring

The Nasagiweya Historical Society just released North of the 15th: A Nassagaweya History. It is a new book highlighting the history of the former township, which includes the rural areas south of Rockwood and west of Acton.

The 252-page, fully illustrated soft cover book is the result of a group effort which began about 20-years ago. Historical Society members and others contributed articles, photos, and family histories. The book includes the geography, pre-history, settlement in the 1800's, education, church and community of the township, maps and photos. Rockwood author, historian and publisher, Deb Quaille, assembled and edited the materials, filling in any missing pieces.

A grant from the Town of Milton Community Fund made it all possible.

Nassagaweya, or Nasagiweya as it was originally spelled, was the last Township of Halton to be settled and was a quiet countryside with farms and small hamlets. Even today, development has remained modest with many family

farms still owned by the settlers' descendants. Many of the original farmhouses and buildings such as schoolhouses, churches and rare stone barns still stand. The agricultural landscape carved out by the settlers still remains, drawing visitors to this area of living history.

One of the most interesting documents used for the book was "The Journal of Elizabeth Norrish," contributed by the Norrish family. It documents her life as a settler, including her family's emigration from England, how they farmed, family joys and tragedies over the decades, and even the local excitement during the 1837 Rebellion. Quaille says reading these memoirs was one of her favourite parts of the whole process.

Norrish's husband Joshua told the tale from a male perspective of the time in The Early History of Nasagiweya in 1889. He included territorial divisions, early municipal government and settlement.

For more information, e-mail nasagiweyahistoricalsociety@sympatico.ca, visit www.wordbirdpress.ca, or call The Nasagiweya Historical Society at (905) 854-2378.



Food FACT:

THIS TERM IS USED TO MEASURE THE ENERGY IN FOOD.

ANSWER: CALORIE

Health Word Find

Just in time for Family Fit Lifestyle Month, see how many related words you can find and circle throughout the puzzle.

CALORIE	ESTEEM	FUN
CHOLESTEROL	EXERCISE	HEALTHY
DIET	FOOD	NUTRITION
ENERGY	FRIENDS	WEIGHT

N J G I J E D F N D O S
 I U P H H P N W U O L D
 T U F V X S C E T T R N
 C H O L E S T E R O L E
 E D Y E D Y X Y I G Z I
 S A Y I T E N F T J Y R
 T T E H R R V T I C G F
 E T I C T U X R O W W O
 E E I R O L A C N E B K
 M S R P R E A Z I W R P
 E N O D P L W E I G H T
 E P D O O F V I H H D R

Nutrition Scramble

Unscramble the words to complete the sentences.

1. Enjoy sweets in N M D O T E I R O A.
2. Drink plenty of A W R T E to stay healthy.
3. It's important to increase V C Y T T I I A to lose weight.
4. Fad E T D I S aren't a long-term answer.

Answers: 1. Moderation 2. Water 3. Activity 4. Diets

THIS DAY IN...



- 1815: THE BATTLE OF NEW ORLEANS, THE LAST BATTLE IN THE WAR OF 1812, IS FOUGHT.
- 1958: BOBBY FISCHER WON THE U.S. CHESS CHAMPIONSHIP.
- 1982: THE AT&T BELL SYSTEM WAS SPLIT UP TO NO LONGER BE A TELEPHONE MONOPOLY.

new word

bmi

body mass index

How they SAY it in...

ENGLISH: Weight
SPANISH: Peso
ITALIAN: Peso
FRENCH: Poids
GERMAN: Gewicht

Did You Know?

MOST HEALTH PROFESSIONALS SAY THAT A PERSON SHOULD GET 20 TO 30 MINUTES OF MODERATE PHYSICAL ACTIVITY A DAY.

get the PICTURE?

Can you guess what the bigger picture featured here is?

ANSWER: DUMBELL

BABY BONUS

3D Ultrasound

Lynn Trenton
 Ultrasound Technologist
 127 Parkview Lane,
 Rockwood, ON

www.babybonus3dultrasound.com
 email: lynn@babybonus3dultrasound.com

519.856.2679

Every baby is a miracle...