



The Regional Municipality of Halton
www.halton.ca

More Blue & Green During the Holidays



Items for Blue Box

- Cardboard boxes
- Fine paper & envelopes
- Newspaper
- Boxed beverage containers
- Plastic bottles
- Aluminum food & pop cans

Items for GreenCart

- Turkey, ham & meat, including bones
- Challah bread
- Gingerbread
- Latkes, fruits and vegetables
- Paper napkins
- Paper plates and cups

Items for Garbage

- Clear moulded plastic packaging
- Plastic film
- Bubble wrap
- Plastic plates and cups
- Wrapping paper
- Bows & ribbons

Christmas Trees: Christmas tree collection occurs in January (urban areas only). Check your Waste Management Calendar or www.halton.ca/waste for exact dates. Remove all tinsel, lights, decorations and plastic bags before collection. Ensure trees do not become stuck or frozen in snow banks.

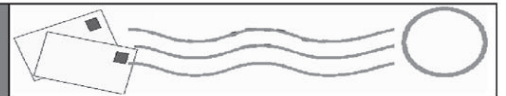
More Blue & Green for a Better Planet

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TIME OUT: Isabel Nichols, Betty Campbell, Cathy Brown and Sylvia Birks relax after enjoying a two hour bus ride to view the lights around Halton Hills. – Julie Conroy photo

Letters



Fluoride is toxic chemical

To the editor,

The letter from Dr. L. Levin is very impressive, that is if we did not know better. Thanks to modern technology things have changed, which in my opinion seems to have passed by Dr. Levin.

There is a massive amount of up to date information on the damage done by fluoridating water. For Dr. Levin to ride the coat tails of Health Canada is absolute nonsense. A fine example of their work, amongst many, is pushing aspartame on people with diabetes. However, they are great at getting headlines re. lead in toys, etc.

I wonder if Dr. Levin has seen the video – just one example – by Dr. Sush-eela (<http://tinyurl.com/susheela>) that tells it like it is – this video was made in 2008, not some old information that is outdated. In India they are taking fluoride out of water, not adding it.

Then there is a recognition by even Health Canada that fluoride should not be given to infants. So it's OK for us – but not them?

Why do you think this is? You are the doctor.

I understand that at least half of the members who sat on the Health Canada panel, and who said they wanted fluoridation have changed their minds. Now they are against fluoridation.

One of the things I hear a lot – that studies and reports by doctors outside of this country are not relevant. I guess I am not relevant – I came from England – outside Canada.

Then there is the little matter of fluoride and fish. Did you know fluoride kills fish? Just another benefit of this toxic stuff. Brent Foster, Environmental Lawyer, State Conservation Chair, Oregon Sierra Club = 5 minute video – <http://www.youtube.com/watch?v=AvExFr5J9BI>

Then there is the small problem of controlling the amount of fluoride one eats/drinks. Drink beer – most brands have fluoride. Drink bottled water – some have fluoride. Take a prescription – many have fluoride.

So one never knows how much fluoride one is taking in. Which is not a good situation, since it is toxic – a rat poison.

The biggest thing, as I see it, is the teeth issue is a scam – designed to stop people looking at the real issues – that is damage done to humans and fish.

If you look at the things fluoride does, how can anyone want it? Brain damage, bone damage, etc. Take a look at www.fluoridealert.org, it may open your eyes, but I doubt it. Old habits die hard.

Then of course there is the arsenic that goes in water with fluoride – and on and on.

I myself will never drink water with fluoride in – or beer – but what do I know? One thing I know, I do not have any false teeth.

The thing is – why are we not discussing health – not teeth? Teeth are small compared to the damage done to humans.

I could go on – but I hope I have made my point.

John Shadbolt,
Acton

Season's Greetings from:

Pete's Auto Paint

We are celebrating 11 years at our location and wish to thank all our loyal customers for helping us get here!

Have a Safe & Happy New Year!

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