



beat the blues

**1 week - all inclusive
Toronto Departures**

Allegro Nuevo Vallarta*PLUS**
(Puerto Vallarta, Mexico)

Feb 20 & 22 **\$668**
+ taxes \$277

Viva Tangerine****
(Puerto Plata, D.R.)

Feb 25 & Mar 01 **\$768**
+ taxes \$318

El Cid Castilla****
(Mazatlan, Mexico)

Feb 27 **\$768**
+ taxes \$277

Playa Costa Verde****
(Holguin, Cuba)

Feb 8 **\$778**
+ taxes \$210

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(Varadero, Cuba)

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+ taxes \$210

on sale

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Air Only from Feb 18, 25 **\$498** + \$187 tax 1 or 2 weeks

Ourantlatico* \$588** +taxes \$187 **\$798** +taxes \$187
Air & Hotel • Mon., Feb. 11

Clube Humbria**\$938** +taxes \$187 **\$1398** +taxes \$187
All Inclusive • Mon Feb 18, 25

Featured prices are per person based on double occupancy in a standard room. Local departure tax payable in destination: Cuba - CUC \$25. Costa Rica US \$26. Whilst all reasonable efforts are taken to ensure the accuracy of the information in this ad, Signature Vacations accepts no responsibility for actions, errors and omissions arising from the reader's use of this information howsoever caused. Signature Vacations, a division of First Choice Canada Inc. reg # 50014683.

YLER TRAVEL SERVICE LIMITED

519-853-1553
888-833-8953
FAX: 519-853-1559
379 Queen St.
Acton, ON
L7J 2N2



RELAXING DEMO: George Mankarios relaxes and de-stresses as Angela de Haas (Meditation Guide) demonstrates the reflexology technique at the opening of Soul Reflections. - Tracey Gardner photo

Soul Reflections opened last Saturday to appreciative clients

by Tracey Gardner

Owner Judy MacDonald was pleased with the enthusiasm of clients to the new Soul Reflections store, which held its grand opening on Saturday, Feb. 2.

Many people showed up early to take in the various demonstrations and to sign-up for the many classes being offered.

Soul Reflections is a Holistic Wellness Centre which offers a wide range of

Natural Healing and Wellness methods, treatments and products, all offered by qualified providers and instructors.

Conveniently located at 39 Mill St. E., the Centre offers Yoga classes including Baby & Me Yoga, Pilates classes, Guided Meditation and even spiritual circles, along with many products and books dealing with Holistic Wellness and Healing.

Georgetown gets \$3.8m for low income housing project

The federal and provincial governments are allocating \$8.4 million to Halton Region to help fund two new rental housing projects in Burlington and Georgetown. The two projects will create 120 units of affordable housing under the Canada-Ontario Affordable Housing Program.

The \$8.4 million allocation includes \$5.32 million for 76 units within a project at Claridge Rd. in Burlington. The project is sponsored by Bonnie Place and the units will be occupied by low-income people. Another \$3.8 million for 44 units at 89 Mountainview Rd. S. in Georgetown is sponsored by Residences at St. Andrew's Georgetown Corporation. The units there will be occupied by low-income individuals and some families.

"The 120 units being built under the Canada-Ontario Affordable Housing Program are an important step in addressing Halton's affordable housing gap," says Halton Regional Chair Gary Carr. "I would like to encourage the Federal and Provincial Government to continue working together to make affordable housing a reality for Halton residents of all income levels and at all stages of life."

The new Canada-Ontario Affordable Housing Program comprises a commitment of \$301 million from each of the two senior levels of government. In total, the federal, provincial and municipal governments will invest at least \$734 million in the program, which will provide affordable housing for 20,000 households in Ontario.

STILL TIME TO ENTER!

Acton BIA Beat the February Blahs Contest

February 1st to February 14th

Enter to win prizes at these participating stores

<i>Country Reflections</i>	<i>Top Nails</i>
<i>Blue Springs Flower Shop</i>	<i>Dollar Stretcher Daze</i>
<i>Staying Alive Fitness Inc.</i>	<i>Giant Tiger</i>
<i>Blue Springs Spa</i>	<i>Godfather's Pizza</i>
<i>Mill St. Crossing</i>	<i>Acton Motors</i>
<i>Vintner's Acton</i>	<i>Forever Youngsters</i>
<i>Blooms Away</i>	<i>Super Cuts for All</i>
<i>Profile Hair Salon</i>	<i>Willow Lane Natural Foods</i>
<i>Silvercreek Spa</i>	<i>Think Tank Computers</i>
<i>Acton Optical</i>	<i>Video 99</i>
<i>Starlight Cafe</i>	<i>SunBeach Tanning</i>
<i>X Marks the Spot Fitness.com</i>	<i>Town Friar</i>
<i>The Needle Gnome</i>	<i>A Taste of Italy</i>
<i>Leathertown Tavern</i>	<i>TDI Dance Centre</i>
	<i>Andy's Family Restaurant</i>

With a purchase at participating merchants, you will receive a ballot to win fantastic prizes from downtown merchants!

**Draw to be made on February 14
Just in time for Valentine's Day!**

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New Tanner
ad. It pays.
Call Marie
by noon
Monday's.
519-853-0051**