



CONGRATULATIONS: QDF (Quality Daily Fitness) leaders show off their certificates of dance received by Robert Little school. This group of leaders performed at the Living Arts Centre, an event usually for grade 8's and older. They performed their routine for the school at their Christmas concert on Friday, Dec. 14. – *Justina Pembleton photo*.

Acton's Joe Carroll to join Katimavik

Joe Carroll of Acton will begin his eight-month Katimavik experience along with hundreds of other young Canadians in January of 2008.

Katimavik is a volunteer-service program for youth ages 17-21 who want to make a difference and try something new. Since 1977, more that 28,000 young Canadians have taken the same route, learning skills through volunteering, group living and discovering their country.

During the program, Joe will live in three Canadian communities: Quesnal,

in British Columbia; Timmins, in Ontario; and Bell Island, in Newfoundland, where he will volunteer about 35 hours a week for a variety of non-profit organizations. Everyday life will consist of living with ten other young people his age and a project leader in a house rented by Katimavik.

The project leader supervises the activities and ensures the program's implementation, through workshops and activities pertaining to leadership skills, official languages, environmental issues, cultural discovery and a healthy lifestyle.

Katimavik offers young Canadians the chance to discover what kind of work they enjoy, learn new skills, contribute to communities, build their resume, meet new people, learn some French, get work and life experience and kick start their future. As a socio-economic study conducted by Malatest & Associates Ltd. in 2005-2006 revealed, two-thirds (66%) of participants claimed Katimavik influenced their career plans.

