

**On November 11th
We Remember.**
See our special section,
presented by our community
committed, local Acton &
Rockwood merchants,
on Pages 10-15 and Page 16

Meals On Wheels celebrates 30 years

by Matthew Reid

After 30 years of handing out hot meals to Acton residents, Helen Dubeau is still on the road.

The Acton resident has been volunteering with Meals On Wheels since 1977, when she moved to Acton from her home in St. Thomas in 1976. Dubeau has been involved with Meals On Wheels since the very beginning,

with 2007 marking the 30th Anniversary of Meals On Wheels in Acton.

Everyday, hot wholesome meals arrive on the tables of many Acton residents, brought to them by the good graces of the many volunteers at Meals On Wheels and Links2Care.

"It lets people stay home and still get a good meal," says Dubeau.

The Meals On Wheels service provides seniors with hot, prepared meals and a delivery

service that brings the food to their front door. Everyday, the food is brought up from Milton, where it is then divided and distributed. Teams of two, a driver and a runner, then deliver it to the awaiting homes in Acton.

Dubeau says that being involved with Meals On Wheels has given her a great chance to get to know great new people and connect with the community.

Continued on Page 2

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WHAT'S INSIDE

Robert Little School gold certified eco-school



Acton High Valedictorian Alice-Rose Mick's heart felt speech. See Page 3



The Acton Legion recently presented long service and other awards. See Page 17



Anne of Green Gables turns Rockwood to Hollywood, or should we say Rollywood. See Page 15



EARLY RISERS: A group of staff, parents and students worked hard early Saturday morning working on area's of the "Celebrate You and Me" community project. Heading up the project was teacher Ken Crozier (third from left) with Julie Vale (fourth from left). Also on hand was principal Bob Tadman (first on right). - Justina Pembleton photo

First in Halton

by Justina Pembleton

Acton's Robert Little Public School is the first school in Halton to be a Gold Certified Eco-school.

To become an Eco-school, Robert Little had to score 80% on a check-list following criteria set in place by the Provincial program run out of the University of York in Toronto. The school had to incorporate three aspects to qualify as an Eco-school: conserving energy, teaching environmental classes and incorporating environmental projects.

Robert Little was in the process of completing the third phase of their "Celebrate You and Me" community project on Saturday, November 3. They are constructing a Woodland Trail for the students to use during environmental class to study the natural habitat of plant and wildlife.

"They're taking the learning out of the classroom. They don't just read about plants from a textbook, they plant seeds and learn hands-on," said Julie Vale.

The first phase of the project began with the Kindergarten's, where they built two vegetable gardens, a butterfly garden and a sandbox in the shade. The second phase was the outdoor class-

A Night with Nobility well received

Pomp and ceremony was the order of the day in the old town hall on Saturday night.

On their arrival at the medieval celebration, Lords and Ladies were announced to the throngs by the deep resonating voice of Lord High Chamberland (who looked magnificent in his tights and flowing robes), serenaded by a background of baroque music.

Once all the guests were settled at their tables, the frivolities of the Acton Old Town Hall Dinner Theatre began.

The King and Queen, in all their regal splendour, ruled the evening from the throne, demanding a high level of entertainment from the guests. There was jousting by Knights on their majestic steeds (rather cute stick horses), ribald

songs to please the King and Queen that were performed on demand by the intimidated guests and accompanied on the "harpsichord" (at least as much as possible, as verses were performed precariously off-key). The talents of the wenches were shown in the parading of the baskets and one of the more popular events was the Knobby Knees contest.

The Lords and Ladies of the audience participated with great gusto and were rewarded handsomely by the delicious meal served by the wenches of Concept Catering. In keeping with medieval tradition, huge platters of food were delivered to each table and everyone dug right in (literally, there was no cutlery!)

Continued on Page 3

Continued on Page 2

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