

THE CLASSIFIEDS

where the Deals Are!

The New Tanner Classifieds cost just \$8 (plus GST) for 15 words and 30¢ (plus GST) for each additional word. Prepayment is required. Classified deadline is Tuesday at noon. Call 519-853-0051 for details or send an email to thenewtanner@on.abn.com



HEALTH

CPAP PILLOW: New!! Do you wear a mask for sleep apnea? This multi mask sleep air pillow has a special cut out for cpap masks, it is used to improve sleep comfort and keep spine alignment. It allows back and side sleepers a pressure free mask zone. For more information contact the Homecare Department at Young's Pharmacy & Homecare Georgetown. 905-873-4021 ⁽³⁷⁾

HIP/KNEE REPLACEMENT KITS: This package is a money saver as well as providing the necessary equipment to make recovery as comfortable as possible. For more information contact the Homecare Dept. at Young's Pharmacy & Homecare, Georgetown 905-873-4021. ⁽³⁷⁾

HELP WANTED

RMT

Busy Wellness centre looking for 2nd P/T RMT to work 1 or 2 nights/week & alternate Sat. SHared room, % split, fax resume to 519-853-4764 ATTN: Naomi or call 519-853-3460

ANTIQUES WANTED

ANTIQUES - Bought & sold Victoriana/Primitives/glass/china/Stoneware/Architectural/Nostalgia/Collectables/Books/Paper. Refinishing & Restoration 30 years experience. Consignments accepted. Ron Dodge Antiques. "We treat the past with respect" 519-787-8287(tfn)

HELP WANTED

MILL ST. CROSSING PUB & RESTAURANT Now hiring waitstaff. Apply within. 519-853-0620⁽⁵⁶⁾

HELP WANTED: Tow truck, light service drivers needed for CAA contract for georgetown/Acton. Must have clean driving record/flexible hours - will train. (519)873-4800

Mature Sales Help required: Please email Resume to Tyler Property & Mangement LTD at tylertransport@bellnet.ca. or drop off resume at The Souer by Curcuit City 373 Queen St. East Acton.

Free Flu Shots

Halton Region Health Department will be offering influenza (flu) immunization to all Halton residents six months of age and older beginning in late October. Clinics will be held throughout Halton Hills, Milton, Burlington and Oakville at various schools and community centres.

Influenza (flu) is caused by a virus which affects the lungs. It can be spread easily from infected people by coughing and sneezing, or by touching contaminated surfaces such as toys, door-knobs, eating utensils and unwashed hands. The flu affects people of all ages including the young and healthy and usually lasts from five to ten days.

The flu can cause fever, headache, general aches, pains, fatigue and cough, which can linger for several weeks. Annual influenza immunization is recommended for everyone six months of age and older. Individuals of any age with certain medical problems or a chronic illness, young children, all pregnant women and seniors are considered high priority for influenza immunization as they are considered high risk of flu-related complications.

Flu immunization is also important for those who may spread the flu to this high-risk group and for those who provide essential community services.

"With a good match between the strains on the vaccine and those in circulation, the influenza vaccine is 70 to 90 percent effective in preventing the flu in healthy adults and may protect them for up to one year," said Dr. Bob Nosal, Halton Region's Medical Officer of Health.

Steps can also be taken to help reduce the spread of the influenza virus to others including:

Wash your hands often and well with soap and water. Use alcohol-based sanitizers if soap and water are not available

ACTON SENIORS' RECREATION CENTRE

BY JULIE CONROY



Paper Tole classes restart tonight Thursday, Oct. 18 from 7-9:30 p.m. The teacher will be Donna Young.

There aren't many things that are free but the scrap booking classes are! They will restart on Monday, Oct. 29 at 6:45 p.m., and will be held on the last Monday of each month while interest lasts. If you haven't "Scrap booked" before, now is the time to learn. Empty out those draws and boxes and bring your pictures (and a friend) and get involved in this great pastime.

Last call for the tickets for the Oktoberfest dinner on Friday, Oct. 26. The last date to purchase yours is Oct. 22. The entertainment this year will be a Scottish dance group. You don't have to come in costume, but there will be prizes for the best ones, and on the menu are Oktoberfest sausage, German potatoes, and sauerkraut. The dessert is everyone's favourite, strudel, or for those who wish something lighter, fresh fruit.

There is still time to sign up for the trip to the Waldie blacksmith shop and Spring-ridge on Wednesday, Oct 31. We will meet at the Centre at 10:45 p.m. and car pool, as there aren't too many people interested at the moment.

The line dancers are back in full swing on Monday mornings from 11:30-12:30. There is still room for a couple more dancers.

There are several evening programs offered now, so hopefully the people who are still working will be able to become members and enjoy some of the activities. If you would like to join the Seniors Centre you can join anytime, although our membership runs from Jan. 1- Dec. 31. If you should join now, the fee would be pro-rated for the remaining months plus

2008's membership. It's a great way of making new friends, and finding interesting ways of filling your day. Since I joined five years ago my friends complain I am never home.

Art classes have restarted under the tuition of Maria Sallay, and everyone was busy learning the different techniques last Wednesday. I noticed a few new faces.

At the Thursday afternoon Bid Euchre Frances Hogenbirk, Edna Nellis, and Elma Braida all had Mooners.

There will be an afternoon talk on "Money and Collecting for Fun and Profit." Coin Man, John Murray will be at the Centre on Tuesday, Oct. 23 at 2 p.m. Jane says "It should be very interesting topic" It will be followed by light refreshments. You don't have to a member of the Centre to attend this presentation.

Pat Jones is getting desperate. She needs volunteers to man the front desk either for the morning or afternoon shift. It is a great way to meet new people and find out what is happening at the Centre. Give her a call if you can help even every other week. In a few months some of her dedicated volunteers will be leaving for warmer climates.

I am trying to plan a trip to the Guelph Arboretum for a buffet dinner and show. I do need anyone interested to sign up as soon as possible, so I can book it. We might car pool or take a bus.

You should expect a visitor at your door in the next few weeks bring you a gift of a new energy efficient light bulb. The Mayor's pet proj-

ect at the moment is a Green Plan Task Force, and Clark Sommerville and Jon Hurst have spear headed "Porch light" following a project Clark heard about when at the FCM conference in Calgary. If we switch from the regular bulbs to one of these compact fluorescent light bulbs we would each save \$50.00 in electric costs over the next five years. Think what that would mean if everyone changed to these bulbs. We would have excess power and wouldn't have to consider building more and more power plants.

Just a reminder! The Flu clinic is on Wednesday, Oct. 24. and several of our members will be volunteering helping everything to run smoothly.

The Annual Bazaar will be on Saturday, Nov. 24, so hopefully all our members are busy making crafts, or getting ready to bake something wonderful for the bake table. We always run out of things early, so please try and make a little more this year, as this is one of our main ways of raising funds. We already have some great items on our penny table, so try your luck, and you might win the perfect gift for someone.

Joanne Bissonnette's husband Paul had made a lovely red sleigh which will be filled with seasonal goodies shortly, and again there will be tickets on sale for it.

It pays to advertise in THE NEW TANNER

Employment Opportunity...

Fundraising and Marketing Project Manager

The Acton Aqua Ducks Swim Club (Acton, ON) is seeking to Hire a Fundraising and Marketing Project Manager. terms of this contract position to be negotiated. For more information please contact Martha Smith at 519-853-4396 by Oct. 31/07

- Providing strategic leadership and management for aspect of fundraising including
- One or more of the following would be an asset:
 - Post secondary education in a related field and/or Fundraising Certificate or Diploma from a recognized college or university.
 - A Certified Fund Raising Executive (CFRE) certificate or diploma
 - 2-5 years experience of progressive experience in fundraising development and marketing.

Time to change battery

Clocks are set back one hour on Sunday, October 28 and Halton Hills Fire Safety Technician Pat Woods says "this is an ideal time for reminding everybody to change their smoke alarm batteries."

"While smoke alarm batteries should be changed at least once a year, we recommend they be changed twice a year," Woods said. Fire Departments world-wide have adopted what has come to be a well known phrase of "Change Your Clocks - Change Your Batteries." "We can keep the number of deaths in Ontario declining," says Fire Safety Specialist David Ford, "if everybody equipped their homes with smoke alarms. With the introduction of the new smoke alarm law in March 2006, it shows how serious the initiative is, to save lives and reduce injuries caused by fire." The minimal cost of smoke alarms today makes it difficult to understand why there are still homes not equipped with at least one working smoke alarm, Ford says.

Should residents require assistance in the selection or placement of smoke alarms, they are free to contact a staff member of the Fire Service. Additional pamphlets and brochures are available at the Information Centre at the Georgetown Marketplace.

DeMelo Wellness Centre
25 MAIN ST. N. ACTON
ARNOLD HEARING CENTRES

77 Westmount Rd. #104, Guelph Ontario N1H 5J1
(519)836-8111

Hearing Health Services:

- Hearing tests • Programming
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SEE YOU FRIDAY OCT. 19

Call Guelph office to book your appointment
(519) 836-8111 With Us
www.arnoldhearing.ca

Losing Your Grip?

Take this test: Are your dentures.....

- Loose?
- Cracked or worn?
- In your pocket?
- Missing teeth?
- Making your gums sore?

If you answered "yes" to any of these give us a call!

Acton Denture Clinic
Tracy Mitchell DD

130 Mill St. E., Unit 103 Acton, ON L7J 1J1
Telephone: (519) 853-0079 Fax: (519) 853-1134