



ACTON SENIORS' RECREATION CENTRE

BY JULIE CONROY

The trip to Niagara Casino on Wednesday, Sept. 5 was enjoyed by everyone. I didn't see too many happy smiling faces, so I guess the casino came out the winner. I'm glad to hear Isabel Nichols is home after spending part of the afternoon at the Niagara hospital. She was enjoying the buffet dinner when a piece of meat lodged in her throat. Luckily Dave Maloney was sitting near by and jumped into action with the "Heimlich manoeuvre" and managed to dislodge it so she could breathe. The casino and ambulance personnel were very efficient. After she was checked out, Isabel was returned safely home.



TEMPTATION: Jill Tetreault was happy showing off a lovely dress. She was hoping Real her husband would find the right occasion to take her out, so she would have an excuse to buy it. - Julie Conroy Photo

The monthly trip to Rama wasn't nearly as exciting, and the 50/50 draw was won by Gwen Pemberton and Stephanie Westaway. The lucky birthday by Ruth Burke. Sitting in the lucky seats were Tony Calucci, Betty Brewer, Sylvia Fisher, Eric Heptner and Yvonne Van der Heyden. The next trip will be September 26.

The Gerri fashion show was well attended, and we should see some very smart and fashionable ladies in Acton judging by the sales before and after the show. It was really nice to hear that many of the fashions featured were actually manufactured in Canada. It's getting harder and harder to "Shop Canadian," it seems. Seven Acton Seniors Centre models showed of the clothing to its best advantage under the direction of the commentator Lyrell Waldie. Behind the scenes keeping everything running smoothly were Gerri staff Elizabeth Hamilton and Maureen LaPalme. Some ladies were lucky enough to win door prizes and vouchers.

Don't forget to make a point of coming to Seniors Information Showcase co-

Hills, and thinking about fitness. We offer two exercise classes, one gentle exercise, and the other Fit and Fun. To participate in these classes you have to be a member of the Centre, but the T'ai chi class, led by instructor Wilf Rauser, is a Town program and open to everyone.

Of course, the dedicated ladies who play Bid Euchre on Thursday afternoons never did take time off and played right through the summer. Last Thursday, Shirley Hunter had a mooner, and I slipped up again last week and reported Frances Hogenbirk had one mooner; well it was two. Sorry, Frances.

A message from the lunch committee. Deadline for signing up for lunch is Wednesday by 4p.m. Lunch will not be available after 12.30p.m. This way everyone can enjoy their lunch together, and get cleaned up ready for bingo at a reasonable hour.

One other thing to note effective Friday, Oct. 5 all participants of the pot luck lunch are requested to make a homemade dish. If you are unable to make something you are encouraged to purchase and bring a prepared dish that can be incorporated into the pot luck lunch. For those one of a kind exceptions, when you are unable to cook or purchase a dish you will be able to pay \$10, understanding this is not a regular occurrence.

There is lots of interest in the train trip from Orangeville to the Forks of the Credit. If you have signed up please pay by Sept. 14. If you would like to go there are still a couple of spots left. It looks as if we will have a full buffet dining car for the event.

The 50/50 draw on Friday, Sept. 7 totalled just over \$475 and was won by Irene Breen. Congratulations, Irene.



LINE UP OF BEAUTIES: Suzanne Blanchet-Haffey, Jill Tetreault, Betty Holmes, Marj Allan, Doreen McIntyre, Marj MacFarlane, and Teresa Downey, were the very professional models at the fashion show by Gerri Fashions at the Acton Seniors Centre on Tuesday, Sept. 4. - Julie Conroy Photo

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