

PRICE DROP SAVINGS throughout the store

Just add Sobeys

Tip:  **Rotisserie Roast**
It's easier than you think. Insert slivers of garlic and season. Cook over medium-low heat to desired doneness.
Rare 18-20 min/lb., Internal Temperature, 130 F
Medium 20-25 min/lb., Internal Temperature, 150 F
Well Done 25-30 min/lb., Internal Temperature, 160 F
Carefully remove from spit, cover loosely with foil for 10 minutes before carving.

THE BIG DEAL
SAVE UP TO \$2.80 lb.
Boneless Outside Round Oven Roast
Cut From Canada AA Grade or Higher
\$1.69 lb.
3.73 kg

Large Size Whole Seedless Watermelons
Product of Ontario or U.S.A., 15 lb. Average
3.97 ea.

Fresh Sweet Corn
12 in a Bag, Product of Ontario, Canada No.1
1.99 in a Bag or 20c ea. Cob
Bag of 12

5 to 10 a day
For better health

Extra Large, Hot House, Sweet Red, Orange or Yellow Peppers
Product of Ontario, Canada No.1, 5.49 kg
2.49 lb.

Large Size Red Mangoes
Product of Mexico
.69 ea. Large Size

Red Tomatoes on the Vine
Product of Ontario, Canada No.1, 2.80 kg
1.27 lb.

7 lb. Bag Ontario New White Potatoes
Product of Ontario, Ontario No.1
2.27 ea.

Large Size Lemons
Product of Argentina or Limes, Product of Mexico
3.99 Large Size

Large Size Romaine Lettuce
Product of Canada
.69 ea. Large Size

Fresh Green or Yellow Beans
Product of Ontario
1.49 lb. 3.28 kg

Compliments Salad Kits
Casser or Casser Lite, Selected, Product of USA, 284 - 383 g
1.99 ea.

Compliments Natural Pistachio Nuts
400 g
4.99 ea.

Potted Gerbera Daisy
4.5" Pot
3.99 ea.

Mini Gerbera Bouquet
10 Stems per Bunch
5.99 ea.

Sunflower Bouquet
5 Stems per Bunch
2/\$10 or \$7.99 ea.

Jumbo Size Sweet Cherries
Product of U.S.A., No. 1 Grade, 4.34 kg
1.97 lb. Jumbo Size

Northwest Cherries

Compliments Raw Pacific White Shrimp
31-40 Count, Frozen, 907 g
SAVE UP TO \$13.99
BUY ONE GET ONE FREE
907 g Pkg.

Compliments Crevettes royales blanches
faciles à décoquiter, déveinées, en carapace
uncooked · non cuites

Nestlé Real Dairy Confectionery or Fusion Ice Cream
1.62 · 1.89 l.
SAVE UP TO \$3.00
3.99

Real Dairy
Fusion
Rolo

Coca Cola or Pepsi Soft Drinks
12x355 ml, Dasani Fridge Mate 12x355 ml or Pepsi Bottles 8x355 ml
SAVE UP TO \$1.50 ea.
2.99 ea.

Coca Cola
PEPSI

LOOK FOR CLEARANCE ITEMS FROM OUR GARDEN CENTRE
Acton Sobeys will be open on the August Civic Holiday



Remember At Acton's Sobeys, We Are Always "READY TO SERVE"
We've got it or you get it
FREE* Guaranteed.
No one else does this for you. Only Sobeys does.
*see store for details

MasterCard VISA Interac
FLYER DATE: FRI. JULY 27 TO THURS. AUG. 2, 2007
OPEN 24 HOURS EXCEPT HOLIDAYS

CONGRATULATIONS ONCE AGAIN TO LORRIE HARRIS
A SOBEYS VALUE CHAMPION AWARD WINNER

WHAT'S NEW AT ACTON SOBEYS

In our Deli: Sabra Hummus.
This week: Buy one get one free!

ACTON MARKET PLACE PLAZA
372 QUEEN ST. E. 519-853-1960