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DE MELO CHIROPRACTIC & WELLNESS CENTRE

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ACTON SENIORS' RECREATION CENTRE

BY JULIE CONROY

June is Seniors Month, and to celebrate the Town of Halton Hills is hosting Seniors Days for adults 55 years of age and over. On June 12, 13, 14 there are many free activities planned from recreational swims to Tai Chi classes. There is something to interest everyone. Watch for the advertisements in the local paper, and come out and join us. Most of the activities are planned for the Gellert Community Centre, but there are free swims on Thursday June 14 at the Acton Indoor pool from 11.00 a.m.-12.00 p.m.

If you are interested in going to the Gellert Centre and do not have a ride,



At the last Dinner at the Acton Seniors Centre the Abruzzi Folk Dancers of Guelph entertained us with their intricate traditional Italian folk dances. The dance with the flags was very impressive. Maria Bartolomucci, the group's director and her partner Felice Cado are pictured taking a bow and the end of their performance. -Julie Conroy photo

perhaps it would be the perfect opportunity to take the Activan, Tickets are available at the Acton Library, Elizabeth Street apartments, Links2Care, and the Acton Seniors Centre.

Also during June The Acton Tanner will be featuring an Acton Seniors Centre member who has been active in the community. This week we are featuring Donna Rowley!

I hope you enjoy learning a little about her.

The new newsletters are available at the front desk, I apologize for jumping the gun a couple of weeks ago and saying they were available. Pick one up and find out what is happening at the Centre during the next few months.

I had a call from Margaret Neilson to tell me that although there were only six players carpet bowling they had a "blow out." Pat Jones's black team lost to Betty Lockerbie's black team 24 - 7. The last day for carpet bowling will be Monday June 25, and they will resume on Monday September 10.

Hopefully we will see lots of people at the Granny's Attic / Garage Sale on Saturday June 9. Who knows, you might pick up some item that we will see later on the Antique Road Show! Don't forget one person's junk is another person's treasure. We are accepting donations of saleable items on Friday, but no shoes or clothing please. All we need

is good weather, and a large crowd.

The next dinner we will be having at the Centre will be to celebrate Seniors Month, and all the many volunteer hours seniors put in over their lifetime. Without the volunteer work many programs and events would not be able to function. Victor tells me on the menu will be hamburgers, baked potatoes, and watermelon. We will be truly entertained by the Group Area 519, which includes Acton's own Don Lindsay.

Last Friday's weekly 50/50 draw was won by Marie Anderson. Marie puts in many hours of volunteer work at the Centre with the crafts, and is also the secretary of the Acton Agriculture Society. She won \$117.50. Congratulations Marie.



The Regional
Municipality of Halton

SUSTAINABLE HALTON

Our Community. Our Future. Our Plan. June 23 Symposium

The Provincial Growth Plan requires Halton Region to plan for up to 780,000 people and 390,000 jobs by the year 2031. Our current Regional Official Plan plans for growth to 2021, for 628,900 people and 340,000 jobs.

Halton's future - what it looks like and how it works, where and how we grow, and what we protect - depends on you. Sustainable Halton, previously called Durable Halton, is about planning for people, where we live and work, and the services we need. It is also about building complete, sustainable, and healthy communities.

22 Draft Technical Background Studies have been prepared to provide a context for discussing Halton's future. These studies cover issues such as analysing Halton's land supply, preserving agricultural land, determining how to meet Halton's human service needs in the future, and how Halton can meet its future infrastructure needs such as roads, and water and wastewater services.

Halton Region is holding a symposium to discuss the Sustainable Halton project and the 22 Technical Background Studies in more detail. The Sustainable Halton Symposium will be held on:

Saturday, June 23, 2007

9:00 a.m. to 12:30 p.m.

North/South Auditorium

Halton Regional Centre

1151 Bronte Road, Oakville

Please register for the Symposium by June 15 by phoning 905-825-6000 (toll free 1-866-4HALTON), ext. 7455 or by emailing us at sustainable@halton.ca by June 15th.

The Draft Technical Background Studies are available online at www.halton.ca/sustainablehalton or you can get a CD by calling us at 905-825-6000 (toll free 1-866-4HALTON).

For more information, please contact:

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Fri. June 15... Back by Popular demand
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