



**Body FACT:**

WHAT MAIN SUBSTANCE IN CIGARETTES IS AN ADDICTIVE DRUG?

ANSWER: NICOTINE

KC06B201

**Creative Coloring**

Smoking is no joke. Color in this picture to create your own masterpiece.



Smoking is an expensive and unhealthy habit!

KC06B203

**THIS DAY IN... HISTORY**

- 1820: CAPTAIN NATHANIEL PALMER BECOMES THE FIRST AMERICAN TO SEE ANTARCTICA.
- 1973: U.S. PRESIDENT NIXON DELIVERS HIS INFAMOUS "I AM NOT A CROOK" LINE TO REPORTERS.
- 2003: ARNOLD SCHWARZENEGGER IS INAUGURATED AS GOVERNOR OF CALIFORNIA.

KC06B204

**new word**

**trachea**

part of the body that carries air to the lungs

KC06B205

**How they SAY it in...**

**English:** BREATHE

**Spanish:** ESPIRAR

**Italian:** RESPIRARE

**French:** RESPIRER

**German:** ATMEN

KC06B202

**Did You Know?**

SMOKING IS THE MOST COMMON CAUSE OF LUNG CANCER IN THE UNITED STATES. IT IS ESTIMATED THAT 87 PERCENT OF LUNG CANCER CASES ARE CAUSED BY SMOKING.

KC06B206

**get the PICTURE?**

Can you guess what the bigger picture is featured here?

ANSWER: CIGARETTES

KC06B207

**The ROCKWOOD Miller**



**TUTU FUNNY:** Student volunteer Carson Walsh helped draw visitors to CK Coverings Open House and Fund Raiser. Proceeds from the bake table went to Rockwood Centennial Public School and proceeds from a quilt raffle went to St. Patrick's Catholic School. For raffle tickets, visit [www.rockwoodbusiness.ca](http://www.rockwoodbusiness.ca) and click Events. *Submitted Photo*

**Former Acton youth leader convicted of two sex assaults**

*By Frances Niblock*  
A former Acton church youth group leader who pleaded guilty to sexually assaulting two local young men was sentenced to nine months arrest and two years probation.

federal Sexual Offender Registry for 20 years.

Hitchcock was charged by Wellington OPP in April last year after the victims came forward during an investigation.

Gordon Vern Hitchcock, 50, of Belwood, entered the guilty pleas in the Superior Court of Justice in Guelph on November 2 in connection with the sexual assaults that occurred during the summer of 1986, and June of 1991.

Crown attorney Steve Hamilton said the 1986 sexual assault took place at Hitchcock's house and the victim knew Hitchcock through the church. The 1991 assault occurred at a weekend church-run camp where Hitchcock was a leader.

Hitchcock also faces a weapon prohibition order – standard with a sexual assault conviction – and must provide a DNA sample. He will also be listed on the

Hitchcock, an Acton High School graduate, grew up on the family farm in Nassagaweya, and was a Rockwood resident before moving to the Belwood area.

**HOROSCOPES**

**ARIES – Mar 21/Apr 20**  
This week, you're in high spirits and full of energy, Aries. Get as much out of the early portion of the week as possible, because eventually the excitement will die down.

**TAURUS – Apr 21/May 21**  
A chain reaction of good news occurs this week, Taurus. You are caught off guard but will enjoy the outcome. Bolstered by a great week, even mundane chores will be fun.

**GEMINI – May 22/June 21**  
You are the idea person this week, Gemini, and you just need to find someone who will follow through on your vision. It will be a slow go through some communication problems.

**CANCER – June 22/July 22**  
You will probably splurge on something you shouldn't, Cancer, but it's OK for this week. Your finances are sitting pretty and you have some room for indulgent purchases.

**LEO – July 23/Aug 23**  
You are on a roll this week, Leo. Everyone loves you, you say all of the right things, and everything is going your way. It will come to an end on Saturday.

**VIRGO – Aug 24/Sept 22**  
People may give you a hard time this week, Virgo, but you won't let it bring you down. Show off your talents, and soon others will come around to see your worth.

**LIBRA – Sept 23/Oct 23**  
Let someone else be the life of the party, Libra. Take some time to listen up this week instead of having all ears and eyes on you. You may be surprised at what you learn.

**SCORPIO – Oct 24/Nov 22**  
This week a friend will whisper something in your ear that will immediately put a smile on your face. You could use some uplifting news because the next few weeks will be doozies.

**SAGITTARIUS – Nov 23/Dec 21**  
A trip is certainly in your future, Sagittarius. You just have to decide where you want to go. It will be hard to stop grinning when you're on an amazing adventure.

**CAPRICORN – Dec 22/Jan 20**  
No one you encounter is in a generous mood this week, Capricorn. You start to fall in line with their negative attitude and then decide you'd rather be your upbeat self.

**AQUARIUS – Jan 21/Feb 18**  
Your instincts lead you to make an impulse decision early in the week, Aquarius. It worries you, but don't fret too much — you're onto something really good.

**PISCES – Feb 19/Mar 20**  
This week is all about making connections, Pisces. You have to increase your networking circle. It will boost friendships and work relationships.

- FAMOUS BIRTHDAYS**
- NOVEMBER 12**  
Ryan Gosling, Actor (26)
  - NOVEMBER 13**  
Joe Mantegna, Actor (59)
  - NOVEMBER 14**  
Prince Charles, British Royalty (58)
  - NOVEMBER 15**  
Beverly D'Angelo, Actress (55)
  - NOVEMBER 16**  
Oksana Baiul, Figure Skater (29)
  - NOVEMBER 17**  
Howard Dean, U.S. Governor (58)
  - NOVEMBER 18**  
Owen Wilson, Actor (38)

**Wellington O.P.P. Report**

A 45-year-old Hillsburgh man was arrested and charged with impaired driving when OPP officers responded to a report of a truck in the ditch on Wellington Road 22 at the Eighth Line of Erin Twp on Monday, Nov. 13 at 11:49p. m.

Officers found a 2003 Ford pick-up in the ditch and said the driver had been drinking. He's to appear in Guelph Court on Dec. 11 to answer to the charge.