

Rockwood Midget girls win Intercounty League crown

By Rebecca Ring

Hot on the heels of winning the ORSA championship title, the Rockwood Rebels Midget Girls' team won the Intercounty League championship in three games. They played against Drayton Moorfield in the best of five series.

To recap game one, on August 14 the Rebels "mercied" Drayton, winning 10-0 with Rebecca Warmington pitching a no-hitter in Eden Mills. Game two was played in Drayton last Thursday. The Rebels won 12-2

with Warmington on the mound.

Game three, at Lloyd Dyer Park on Tuesday night, saw the Rebels down 3-0 in the first inning. Refusing to lose, the Rebels came back to score 14 runs in the next six innings and took the game 14-3 to win the series. Megaan McNamara hit a home run and Warmington pitched another great game for the victory.

Coach Paul Parkinson said the team worked hard and had an excellent year, losing only one game. They certainly earned these trophies.

The Rockwood MILLER



Local artist featured at TO shows

By Rebecca Ring

The works of Rockwood sculptor Candice Raquel Lee were featured in three different shows in Toronto this past summer.

The first was in June at Arta, in the Distillery District. The gallery chose to show her sculpture "What Abimelech Saw". It depicts Isaac and Rebekah "cavorting" in a garden. To avoid famine, Isaac and Rebekah immigrated to the southern region of Gerar, where Abimelech was king. Afraid that the Philistines would kill him in order to take his beautiful wife, Isaac lied, saying Rebekah was his sister. Later, the king spied them cavorting in the garden and quickly deduced that they were really husband and wife. Afraid of the wrath of God if anybody fooled with Rebekah, Abimelech sent out a decree that they were indeed married and Rebekah was to be left alone.

Lee said that this show was "a lot of fun." She particularly appreciated that explanations of the art were displayed on the walls. She felt that this gave visitors a better understanding of what they were seeing and stimulated many discussions.

The second show was entitled *Summer Heat* at the Queen East Gallery. This gallery also chose to exhibit "What Abimelech Saw", with the theme of the show being all things "steamy". Lee said she was one of only two artists there that worked with bronze. She enjoyed meeting other artists and learning of their experiences.

The third was the 8th Annual Juried Emerging Sculptors' Show, sponsored by the Sculptors' Society of Canada and held at the



ARTIST AT WORK: Sculptor Candice Raquel Lee had a busy summer with her work appearing at three different shows in Toronto. She found the experiences to be both rewarding and eye-opening. *Submitted Photo*

Canadian Sculpture Centre. Two of her pieces, *Eve's Awakening* and the popular *What Abimelech Saw*, were exhibited. *Eve's Awakening* depicts Eve emerging from Adam's side, looking terrified

while Adam sleeps, holding her hand.

"Country girl"

This final show, as well as viewing some other exhibits, resulted in Lee feeling like "a country girl in the big city."

She was overwhelmed, disillusioned and disappointed with the Sculptor's Society. Her sculptures were the

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EWAG NEWS

EWAG Seniors' Programs for the Fall - Read All About Them...

Fall is coming quickly and EWAG's programs for seniors are beginning again in Rockwood.

****Smile Theatre** presents 'Radio Daze' at Rockmosa Community Centre on Thursday, September 14 at 2 p.m. Tickets are \$7 in advance or \$10 at the door. Please call Mary Ellen at 519-833-0087 to make reservations or pick tickets up at one of our offices.

****The Feeling Better** gentle exercise Program returns on Thursday, September 14 at 11:30 a.m. at the Rockwood Library. For more information please call 519-822-1260 ext. 7992.

****BINGO** resumes at Squire's Lodge at 1 p.m. on Monday, September 18.

****A 10 week session of Tai Chi** begins again Wednesday, September 20 at 2:30 at St. Johns Anglican Church. Please call Mary Ellen at 519-833-0087 to register today.

****Euchre** starts again on Thursday, October 5 from 1-3:30 at the Rockwood Library.

Please call Mary Ellen at 519-833-0087 for more information on any of these special events or programs.

½ Price Sale at Encore Shop - For the month of August come into the Encore Shop and purchase all summer wear at ½ the already low price. Come in early for best selection!

Volunteers - Do you have

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CAPSULE Comments



*Health Canada has started a website to address the interest in a flu pandemic. For those of you that have access to the internet you can find the site at www.pandemicinfluenza.gc.ca. It's chock-full of factual information about flu all over the world. It has good information for travellers too.

*A study was done in approximately 200 people who were asked to describe the attributes of the ideal doctor. The seven top adjectives were; humane, respectful, empathetic, personal, forthright, confident and thorough. A good feeling about your doctor does help your overall physical and emotional health.

*A study of 15,000 people (age 40-70) in England and the U.S. found that diabetes was twice as high in the U.S. than in England. Also heart disease and high blood pressure were more common in the U.S. . This has a lot to do with body weight. Keeping your weight down to normal will decrease health risks.

*Every year throughout the world, 50 billion tablets of A.S.A. (aspirin) are swallowed. It is used as an anti-inflammatory drug, pain and fever reliever although acetaminophen is used more for fever reduction. A.S.A.'s main use is to help keep the platelets in the blood from sticking together. Even though A.S.A. is available without a prescription talk to your doctor first before using.

*Always get professional advice when taking any new medication. Although A.S.A. has been around for 100 years, it can cause problems. Before you take it, talk about it.

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Rockwood Rockets Soccer Club

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