

## EWAG NEWS

### Please Note Office and Shop Hours for Coming Week

EWAG Shops and Offices will be closed on Saturday, July 1 and Monday, July 3 for the Canada Day long weekend. Our office in Rockwood will also be closed on Wednesday, July 5 and Thursday, July 6 although the shop will be open as per our normal schedule on these two days.

**EWAG Fundraising Golf Tournament July 20 – Buy Your Tickets Today** – EWAG is planning for its 4<sup>th</sup> Annual Golf Tournament and Silent Auction to be held this year on Thursday, July 20, at Guelph Lakes Golf & Country Club. The cost to play is \$100 and includes 18 holes of golf, a shared golf cart, water, golf tees and a full BBQ steak dinner. For more information on how to register, please call Brenda at 833-9696 ext. 230. Support EWAG and have an awesome day of golf with friends!

**Last Week for ½ Price Sale at EWAG's Encore Shop** – Stock up on all of your summer clothing needs by coming into our Encore Shop and seeing the great selection of clothing we have for the whole family. All clothing in the shop is currently on sale for ½ the already low price. Come in soon for best selection! Open Monday – Thursday from 10 – 4 and Friday and Saturday from noon – 4.

**Early Years Programs for Summer** – Excellent summer programming is coming your way! Field trips, outdoor fun, summer activities and much, much more. For more information and to be added to our mailing list for our newsletter, please call Jane at 519-856-2113. Call today and don't miss out on a moment of fun!

**Location and Hours** – EWAG Community Support Services is located at 106 Church Street and is open Monday – Thursday from 10 a.m. until 4 p.m. and the Encore Shop is also open Fridays and Saturdays from noon until 4 p.m. We offer a variety of Government forms, laminating, copying, faxing services and much more. Call for more information at 856-2113. We are also on the web at [www.e-wag.on.ca](http://www.e-wag.on.ca).



**EXCELLENT STUDENTS:** These Rockwood Centennial Public School students received the following awards: (from left back row) Brooke Hill for Most Improved, Brandon Stewart for Citizenship (Grade Seven), Cole Dunlop for Perseverance, Marissa Rankin for Most Improved Junior, Katie Broadworth for Humanity, Alexa Hawksworth for Core French, Andrew MacMillan for School Patrol Efficiency, (front row from left) Ethan Barrand for Environmental, and Maria Melito for Citizenship (Grade Three). *Photo by Rebecca Ring*

### Hillside Festival gets the "go ahead"

At their last meeting, Guelph/Eramosa council agreed to designate the 23<sup>rd</sup> annual Hillside Community Festival as a "Community Festival." This designation is required to obtain a special occasion permit.

## Guelph/ Eramosa

## Council Chips by Rebecca Ring

The festival will take place from July 28 to 30 at the Guelph Lake Conservation Area. Forty-five artists will play a wide assortment of music on five stages. Saturday's shows are already sold-out. Tickets are available for Friday and Sunday, for such acts as Feist, the Constantines and Corb Lund.

The festival is a non-profit organization with four staff and 1,000 volunteers. Proceeds from past festivals helped to build a permanent stage on Guelph Island. It has a "living roof," which is made up of indigenous plants that would be growing where the stage was constructed. According to manager Rachel Thompson, the living roof was constructed to educate the public on envi-

ronmentally sustainable and healthy building choices.

### HVAC purchase approved

Brad Roelofson, manager of property and leisure services, requested that council approve the purchase of an HVAC system for Rockmosa Community Centre to help solve air quality problems. In May 2005, the township contracted BSI to investigate mold found at the centre. High humidity in the basement and inadequate ventilation were reported to cause an above average level of carbon dioxide, but still within Health Canada guidelines. The report states, "These values should be used with caution as an indicator of acceptable indoor air quality."

RJ Burnside and Associates were asked to investigate upgrading the heating and air ventilation system. They submitted a plan last September, with drawings completed last April. Of ten local contractors invited, two submitted a bid: Oosterveld Heating and Air at \$52,465.31 and Rite Way Mechanical Ltd. at \$67,388.60, including GST.

The project is over budget by \$10,000, so council's approval was required to proceed. Council approved the quote from Oosterveld Heating and Air at \$52,465.31.

### Rockwood Cemetery reports

Paul Taylor, manager of Woodlawn Memorial Park, provided an annual report for Rockwood Cemetery to council last meeting, including current fee schedules. In 2005, the cemetery provided six full size and nine cremation interments. Interment rights for five full size graves were purchased, and \$1950 was deposited into the Care and Maintenance Trust Fund. Four foundations for monuments were installed with \$400 deposited into the Care and Maintenance Trust Fund for Memorials.

Staff cut and trimmed the five-acre turf area eight times and pesticide was applied to the whole cemetery. A decoration day was also held last July.

The memorial restoration crew inspects, straightens and putties the monuments annually, dealing with safety issues first. Five foundations are due to be replaced. Unsafe monuments were laid down temporarily until repairs are made.

# THE CLASSIFIEDS

## small ads

# BIG deals

## Ask for Marie!

## Phone (519) 853-0051

### CAPSULE Comments



\*Smokers who switch to a light cigarette erroneously think because they are inhaling less nicotine, they are reducing the risk of lung cancer. Not so. It's not the nicotine that is the problem. It's the hundreds of toxic chemicals in the smoke that causes the cancer. Smoking light cigarettes often results in smoking more just to keep up the nicotine levels in the body. Best advice: Don't smoke at all.

\*The SPF (Sun Protection factor) is a number used to measure sun protection ability in sunscreen lotions. It's a measure of how much sun radiation will produce skin redness on skin protected by sunscreen compared to skin that is not. A lotion with at least an SPF of 15 blocks 93% and a lotion with an SPF of 30 blocks 97%. Use a lotion with an SPF of at least 15.

\*Talking about sun exposure, don't forget to protect your eyes during the sunny days of summer. Use sunglasses that block at least 95% of UVB and 60% of UVA rays. This type of eye protection can reduce your risk of cataracts.

\*Many people take antioxidant vitamins like vitamins C and E and the mineral selenium. They feel it protects them against disease and feel it lowers the risk of cancer. However don't take these products if you are being treated for cancer with drugs or radiation. You may not get the full effect of the therapy.

\*Looking for a hassle-free pharmacy to call your own? Give our brand of pharmacy a try.

**ROCKWOOD PHARMACY**  
178 Alma Street, Rockwood ON (519)856-9486