



# ACTON SENIORS' RECREATION CENTRE

By Julie Conroy

I am looking forward to joining all the other members celebrating their birthdays that fall during December and January. I know of one person who not only celebrates her birthday but Christmas on the same day. A double celebration, but she must feel have felt a little cheated when she was younger. Happy birthday, everyone. We celebrate two months at a time now, as so few used to come out. It makes for a larger crowd, and, of course, most people bring a guest.

Have you renewed your membership yet? It really is a bargain at \$20 a year. Drop in the Centre in the next few days, and see what we have to offer you. If you can't see a single thing you would like to do, may be you can suggest something that would interest you, then the program committee will try and include it in future events. If you find winter long, join one of the committees, and offer either help, or ideas. There is lots of room for both.

The Friday lunch committee has retired after working hard for 10 years, and we are looking for volunteers to help once every four weeks. During the month of January Margaret Dodgson's social committee have offered to provide the Mystery Lunch at a cost of \$8, instead of the usual January evening dinner, so that just leaves two other lunches this month

to cover. If you would like to volunteer, or would like more information call Margaret Dodgson at 519-853-8855.

Have I given you a headache with all this talk of volunteering? Come and listen to Brendan Cleary Ph.D., D.ace., on Monday, January 23 at 2p.m. He is the founder of the Ontario Migraine Clinic in Georgetown and will be talking about acupuncture, and its benefits. Studies show there has been a lot of success reliving migraine headaches using acupuncture.

On Tuesday, January 31 a Halton Region Police Detective will be talking about Identity Theft, and how to keep your identity safe. It is a subject we are hearing a lot about at the moment. I know it is a meeting everyone should try to attend. We all need to be aware of ways to keep our information private, and have heard and seen horror stories on the television and in newspapers.

The Acton Seniors Recreation Centre will be holding their annual General Meeting on Tuesday, February 21. As well as an interesting speaker it will be time to vote for new Board members. Some of whom have held their positions for three years, and their term of office has ended, plus others vacancies due to resignations. Please make the effort and come out to this important meeting, and

help elect the people who will ably represent you on the Board, when making important decisions about your Centre.

The Thursday afternoon Bid Euchre was well attended and Muriel Dzierla had one mooner and Ruth Burke two.

Last Friday afternoon six people enjoyed a hike on part of the Bruce Trail just north of Glen Williams and east of Scotsdale. We walked the stretch opposite the Silver Creek Conservation area. Catherine Barrett was a new hiker, and enjoyed the trails very much. I even managed to find time to join them this week, and hopefully I will continue during the winter months.

Sherry is very busy at the moment with the February/March newsletter. The newsletters will be ready for pick up towards the end of January. This is one way you can be current with the happenings at the Centre. It takes a lot of work by Sherry and many other people to print this informative newsletter. They are filed by street address, so if you see a neighbour, or someone who lives close by, please take a little walk up the street, and pop theirs in their mail box. Perhaps they haven't been well, or aren't able to get out in the Winter. They might even enjoy a little visit from you.

The 50/50 was not won on Friday, so it should be at over \$100 this Friday.



**TRAIL BREAK:** Acton Seniors' Centre members Nives Bozic, Heinz Rusche, Nina Palichuk, Irma Marin, and Catherine Barrett take a break while walking the Bruce Trail last Friday. The Trail was very scenic with views across the valleys and over the ravines. We were close to the Fallingbrook Trail, and the stream was running quite quickly even though it was quite cold. — Julie Conroy photo



The Regional Municipality of Halton

## Christmas Tree Collection for Urban Areas of Halton Hills

### A change to the Christmas tree collection.

Due to the high volumes of waste after New Year's Day, collection of Christmas trees did not take place the week of January 2-6.

Before you place your tree at the curb, make sure it is ready to be recycled. Please remove decorations, bags and wires, and place your tree at the curb before 7:00 a.m. of your collection day (same day as your Blue Box collection). Please ensure Christmas trees are not frozen or buried in snow banks on your scheduled collection day.

January 2006					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
9	10	11 B	12	13	14
16	17	18 A	19	20	21
23	24	25 B	26	27	28
29	30	31			

Look for your 2006 Waste Management Calendar to be delivered to your mailbox mid-January 2006

## Winter Tips for Setting Out Your Waste

- Place ALL items at the curb by 7:00 a.m. on your collection day, but not before 5:00 p.m. the evening before.
- In one Blue Box, place loose glass bottles and jars, metal food and beverage containers, aluminum foil, styrofoam, plastic bottles and polycat.
- In a second Blue Box flatten and place corrugated cardboard, fine paper, boxboard and newspapers.
- Tie cardboard in bundles no larger than 30"x30"x8" (76cm x 76cm x 20cm).
- To save space, crush pop cans, large plastic bottles and beverage cartons, and fill boxboard boxes with other boxboard items.
- On windy days, place your Blue Boxes out for collection on the morning of collection day by 7:00 a.m., instead of the night before.
- Stack your Blue Boxes on top of one another and place heavier items on top to prevent papers from blowing away.
- Place garbage bags/containers on one side of the driveway and Blue Boxes on the other side of the driveway.
- Keep waste items clear of snow and visible to collect. Do not place items on top of snowbanks.

### It's time to register for JUNIOR or SENIOR KINDERGARTEN Program

We look forward to welcoming your child to school!

**Junior Kindergarten 2006-2007:**

Children must be 4 years old by December 31, 2006.

**Senior Kindergarten 2006-2007:**

Children must be 5 years old by December 31, 2006.

**Note:** If your child is currently attending one of our schools for Junior Kindergarten, you do not need to register for Senior Kindergarten.

To determine your designated home school, access our website [www.hdsb.ca](http://www.hdsb.ca) and review our on-line boundary maps or use "School Locator" (click on "School Information", then "Find a School"). Call your designated school to find out which dates have been established for Kindergarten registration.

Parents/guardians must be public school supporters.

Please bring the following **original** documents with you\*:

- your child's immunization record
- proof of address
- your child's Ontario Health Card
- proof of your child's age (birth certificate or passport)

\*If you are not the child's parent, please bring proof of custody (court order).

Please ensure that your child is registered by **February 3, 2006.**

For further information contact 905-335-3663, ext. 3271 (Milton and Halton Hills), ext. 3294 or ext. 2211 (Burlington and Oakville).



**Halton District School Board**  
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