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Eye Exams Arranged

Seeing is Believing

How an eye exam can maximize your child's potential

Make sure your child is prepared to succeed by having their eyes examined before they start school.

One in six children has a vision problem significant enough to impair their ability to learn.



Focusing on Healthy Development

Regular eye exams can detect health problems and conditions such as a turned or lazy eye in the early stages. These conditions may be treated successfully if an optometrist diagnoses them early in a child's life; if they go undetected, they can lead to permanent sight loss.

When should children have their eyes examined?



To help children maintain healthy vision, they should have their eyes examined at six months of age, at three years of age and then every twelve months or as recommended by your optometrist.

The role of vision in learning

- Your child's vision is vital in developing skills such as:
 - reading
 - copying
 - hand-eye coordination
 - social skills

- More than 80 per cent of learning is done through the eyes.



- Children with poor vision often find it difficult to focus on their work and may be misdiagnosed as having a learning or behavioural disability.

How would I know if my child can't see well?



Often, there are no signs that a child has a vision problem, making regular eye examinations very important. Young children do not have the experience necessary to know what is normal as far as their vision is concerned; they often assume that everyone sees things the way they do.

**DR. JOHN W. POND
& ASSOCIATES**
Optometrists

372 Queen Street East
Unit 5
Acton, Ontario
(in the Sobeys Plaza)

519-853-4300

Hours: M-F 9:30-5:30
Evenings and Saturdays by Appointment



Won't my child have a vision screening in school?

Vision screening programs are no longer a common practice, and are not a replacement for a comprehensive examination by an optometrist. In fact, as many as 43% of children with vision problems are able to pass a vision screening.

What if my child can't read yet?



Eye examinations can be done at any age, even before your child knows how to speak – let alone knows the alphabet.

Your Child's Eye Care Team

While optometrists, ophthalmologists, family doctors, and pediatricians all play a role in examining children's eyes, optometrists are the primary providers of eye care to patients of all ages.

In Ontario, children 19 years of age and under are covered by OHIP for an eye exam every twelve months.



Your Eyes Deserve An Optometrist.

Are you at risk for blindness?

Optometrists across Ontario want you to be aware of the eye related complications that can occur with diabetes.

Did You Know

- Diabetic Retinopathy is the leading cause of working adult aged blindness?
- Diabetic eye disease can come without warning signs or pain?
- You can have normal vision but poor eye health?
- More than 200,000 Ontarians have diabetes and don't know it?

A regular comprehensive eye examination by an optometrist can help detect changes to the eye including diabetic retinopathy, cataracts and glaucoma. Your sight can be saved with early detection and treatment.

Don't Lose Sight of the Risks.

Make your appointment today with an Ontario Association of Optometrists Member.



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