

Impressive dessert suits all fall meals

We're having two Thanksgiving dinners this weekend— what are you doing and better yet, what are you cooking? We are dining with the one side of the family on Saturday in order to celebrate a 60th birthday at the same time. Then the other side of the family on Monday. Thank goodness, I only have to make one of the meals!



Lori Gysel & Gerry Kentner

there is a wonderful vanilla bean flavoured one that I love.

If you want to change up the cake a little, you can add some chopped pears to it or almost any kind of nuts would be good. For the chopped pears, add about 1 cup at the same time the date mixture is stirred into the batter. Nuts would get added at the same

time— pecans or walnuts would be my top choices. About one cup of the nuts would be enough.

Make sure that you allow your dates to sit with the baking soda and boiling water long enough so that they are mushy looking before you add them in to the batter—and don't cheat by only using hot water from the tap. It has to be boiling water or the dates won't break down properly.

The cake can be made a day in advance, as it keeps nicely for several days. Just make sure it is completely cool, then wrap the pan well with plastic wrap so that it is air tight. If it was baked in a metal pan, remove it from the pan before storing. If it's a glass or ceramic pan, then you can just leave it in the pan. The sauce can also be made a day or two in advance if you like, then just warmed up to serve. The whole thing is much better warm.

Have a wonderful Thanksgiving; have fun and keep cooking!

(Lori and Gerry can be reached at whatscookin@independentfreepress.com)

Assuming that many of you are cooking up a feast of some kind this weekend, I thought you might enjoy this recipe. It is a delicious and very impressive dessert— totally suited to fall meals—but simple, simple, simple to make and really reasonably-priced ingredients!

Don't skip on making the sauce, as it really tops off the cake nicely and it is so easy to make too. Very delicious served with a scoop of ice cream—

Sticky Date Cake with Caramel Sauce

Ingredients

- 1 cup + 1 tbsp all-purpose flour
- 2 tsp baking soda (divided)
- 1 cup pitted, chopped dates
- 1 1/4 cup boiling water
- 1/4 cup softened butter, unsalted
- 3/4 cup granulated sugar
- 1 egg
- 1 tsp vanilla



Caramel Sauce

- 1/2 cup butter, unsalted
- 1/2 cup 35% cream
- 1 cup dark brown sugar lightly packed

Method

Pre-heat oven to 350° F.

1. Mix together in a bowl: 1 cup +1tbsp flour and 1 tsp baking powder and set aside.

2. Place chopped dates in a bowl. Sprinkle with 1 tsp baking soda and the boiling water. Stir a little to cover dates and set aside. Allow dates to sit until quite mushy (approximately 15 minutes).

3. Using an electric beater, cream together one quarter cup softened unsalted butter and three quarters cup sugar. Add egg and vanilla and combine. Slowly begin to add flour. When all flour is incorporated, fold into bowl with dates.

4. Mix all ingredients well and pour into greased 8"x8" pan. You can double the recipe and pour into 9"x13" pan. Bake for 35-40 minutes. Remove from oven and cool.

5. Prepare caramel sauce by combining ingredients in a sauce pan and bring to boil over medium heat. Let boil for 7 minutes. Pour over individual servings of cake before serving.

Cook's Note: This is best served as a small slice of cake with caramel sauce poured over top, then a scoop of ice cream on the side. If you pour the caramel sauce over the ice cream, it will solidify— probably best to pour it over the cake.

Upcoming community dinners

Wednesday, Oct. 22

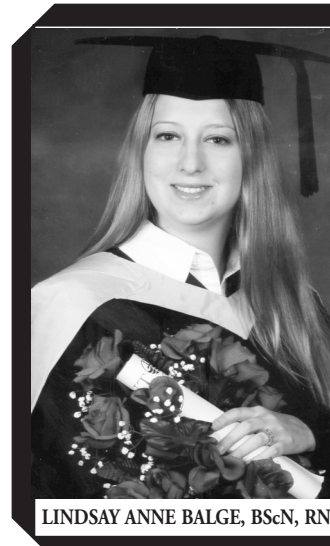
A Beef Barbecue will be held 5-7 p.m. at Hillcrest United Church, corner of Trafalgar Rd. and Five Sideroad. Tickets: \$13 adults, \$7 children under 12 and under five free. For tickets call Edith, 905-873-6057.

Sunday, Oct. 26

Acton Community Brunch, sponsored by the Kinette Club of Acton will be held at the Acton Community Centre & Arena, 9:30 a.m. to 1 p.m. Cost: \$6 preschoolers free. All you can eat buffet. To promote community spirit and to help raise funds for Acton service groups.

Thursday, Oct. 30

Huttonville United Church hosts a Shore Supper fish fry, 5:30-7:30 p.m. at Huttonville Community School. Adults \$15, children \$7 (12 and under). For tickets: 905-455-8258 or 905-838-1166.



LINDSAY ANNE BALGE, BScN, RN

Congratulations

Lindsay
for receiving your
Bachelor of Science Degree in
Nursing from Trent University
with Honours. Best success
in your new role as a
Registered Nurse at the
Toronto General Hospital.

We are so very,
very proud of you.

stop

Heart Disease and Stroke!

Support the Heart and Stroke Foundation.

BANKRUPTCY!

GET A FRESH START. Get SOLUTIONS now for:

Credit Card Problems	Loss of Job or Loved One	Repossessions
Major Cash Flow Problems	Wage Garnishments	Evictions
Persistent Bill Collectors	Judgements, Law Suits	Student Loan
Delinquent Taxes	Foreclosures	Divorce Related Financial Problems

Bankruptcy can be avoided. Call us! No charge for initial consultation! By Appointment Only.

PADDON + YORKE INC.
FINANCIAL ADVISORY SERVICES
TRUSTEE IN BANKRUPTCY

875-0811

225 Main Street East (Main & Martin St.) Milton *A better solution!*

Churches & Temples

Georgetown Alliance Church
Sunday Services
at 9 am & 11 am
**A Nursery & Junior Worship are offered during both services*
290 Main St. (S. of Maple)
905-873-0249
www.togetheratgac.com

St. George's Anglican Church
60 Guelph Street, Georgetown 905-877-8044
Additional parking at Georgetown District High School
www.stgeorgesgeorgetown.com
SUNDAY WORSHIP
8:00 am Traditional Worship
9:30 am Worship with Nursery Care
11:15 am Contemporary Worship
K'NeCT Kids (Church school) & Nursery Care
Thursday Worship - 10:00 am

KNOX PRESBYTERIAN CHURCH
God's Word for Today's World.
www.knoxgeorgetown.ca

REV. DR. JAMES COOPER
116 Main St. South
Georgetown, ON
(905) 877-7585
Service Dial-In:
(905) 702-1629

SUNDAY WORSHIP SERVICE: 11:00 A.M. (Nursery Services Provided)

GEORGETOWN CHRISTIAN REFORMED CHURCH
welcomes you!
Lead Pastor: Rev. Gary vanLeeuwen
Associate Pastor: Rev. Ted S. Bootsma
Sunday Worship Services: 10:00 am & 6:00 pm
11611 Trafalgar Road (north of Maple Avenue) 905-877-4322
www.gcrc.on.ca

MOUNT ZION FULL GOSPEL MINISTRIES
(Affiliated with World Christianity Ministries)
A Life changing ministry
"But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."
BALLINAFAD COMMUNITY CENTRE downstairs
ALL WELCOME Sunday Worship 11 a.m.
PASTOR ANDREW G. PATON (COUNSELLING AVAILABLE)
(519) 853-5657

georgetown christian fellowship
g c f
growing • caring • friendly
Join us Sundays at 9:30AM for coffee 10:00AM Service, Nursery & Kids Church!
Lead Pastor: David Tapley
13619 Hwy 7 West Tel. 905-873-9652 Website: www.gcchurch.ca

St. John's Anglican Church, Stewarttown est. 1834
Trafalgar Road and 15th Sideroad -
The Friendly Little White Church on the Hill
All are Welcome to Sunday Service: 10:00 am
Canon Laurie Duby will be the Guest Preacher
Interim Priest in Charge: Rev. Canon Marni Nancekivell
Church Office: 905-873-9235

BAHA'I FAITH
BAHA'IS BELIEVE that there is only one God, that all the world's religions represent one changeless and eternal Faith of God, and that all humanity is one race, destined to live in peace and harmony.
For more information call 1-800-433-3284 or write
BAHA'I, Box 91, Georgetown, L7G 4T1
www.ca.bahai.org

United Way of Halton Hills wishes to thank the following people and businesses that contributed to the success of our 10th Annual President's Ball. This year's Ball raised over \$15,000 towards our 2008 Campaign Goal!

GOLD SPONSOR
DUFFERIN AGGREGATES

SILVER SPONSOR
COMMUNICATIONS & POWER INDUSTRIES

OTHER SPONSORS:
Gourmet Foodservice; Kwik Kopy - Meyerside

Thank You to the following people and businesses for you donations to our Auctions.

A & W	Georgetown Little Theatre	North Pole Outdoor Gear
Acton Soccer Club	Georgetown Marketplace	Ontario Science Centre
Air Combat Zone	Georgetown Soccer Club	PC Agent
Alan Gardens Bed & Breakfast	Georgetown Terminal Warehouse	Pets At Home
Alexandre's	Giant Tiger	Pizza Hut
Art Gallery of Ontario	Glazed Expressions	Planet 4IT
Art of Flowers & More	Godfather's Pizza	Power Zone Fitness Centre
Ash City	Gourmet Foodservice	Proplastex
Barrager's Cleaners	Granite Ridge Golf Club	Red Lemon Hair Salon
Beatrice Dumbreck	Great Canadian Holidays Inc.	Regan Desjardins, Barrister & Sol.
Black Creek Pioneer Village	Groupe Laurier CIM Group	Remax - Georgetown Office
Bob Allison - Allison's Farm	Hallmark	Rivalization Day Spa
Boca Rattan	Halton Hills Chamber of Commerce	Roger's Video
Bonnie Glass	Halton Hills Furniture & Appliances	Rose Theatre Brampton
Boston Pizza	Hamilton Family	Second City Toronto
Bruce Bowser	Herbal Magic - Acton	Second Wind Pilates Plus
Canada Post	Hershey's	Sharpe Blackmore
Canadian Tire	Hides In Hand	Shopper's Drug Mart
Canterbury Gourmet Foods	Honeywell	Simon Fraser MacDonald
Carmen Hicksen	ICI Paints	Staying Alive Fitness
Carolyn Filter - C&R Potteries	Inga Lavioie	Steam Whistle Brewing
Carrier	Inn at Manitou	Steve Foster
Casa Loma	Jabberwock Bed & Breakfast	Studio 49
Castelli Canada	Joe Rockhead's	Suite Dreams Toronto B&B
Clarington Country Bed&Breakfast	John Gibson, CA	Tanner's Restaurant
Cogeco	Kula Yoga Studio	The Cellar Steak & Seafood
Conservation Halton	Laura Kingsbury	The Club at Bond Head
Dairy Farmers of Ontario	Les Suites - Ottawa	The Keg
Dairy Queen - Georgetown	M&M Meats - Georgetown	The Shed Café
Diane Miller	MacMillan's Gourmet Frozen Foods	The SeeView Gallery
Dover Floor	Maple Lodge Farms	The Spa On Main
Dowell Family	Marineland	Theatre Orangeville
Downtown Spa & Relaxation	McDonald's - Acton	Tim Horton's - Acton
Eastdell Estates	Meg King	Timex Canada Inc
Emerald Isle	Midas	Toronto Argonauts Football Club
Fairmont, St. Andrew's Scotland	Mullins Family	Toronto Downtown Jazz
Frank Anthony	Naomi Assenheim - Opal Wing	Town of Halton Hills - Parks & Rec
Fraser Direct	Needle Gnome	United Way of HH - Board
Freckled Lion Bookstore	New Orleans's Pizza & Subs	Von Trapp Family Lodge
Georgetown Choral Society	Nicole Troop	Willow Pond Country B&B
Georgetown Globe Productions	North Halton Golf & Country Club	Young's Pharmacy
Georgetown Terminal Warehouse		

Our sincere thanks to our Committee members, Volunteers, North Halton Golf & Country Club, Chris Cooke, Norm Webster, Rolly Rocker & The Hemi Heads, Laura Thompson and all of our guests who supported the event.