



# Membership Renewals

July 1 - September 30, 2007

A & W Restaurant  
Accents Décor  
Acton Auto Tech  
Adams Rent-All Inc.  
Apple Auto Glass  
Ashgrove Welding Ltd.  
Atlantis Athletics  
Bank of Nova Scotia  
Bennett Health Care Centre  
Bill Van Ryn Weed & Pest Control  
Bill's Repair  
Brilliant Gold  
Business Development Bank of Canada  
Canadian Building Materials//JC Duff  
Canadian Tire Associate Store  
Can-Pro Horse Equipment  
Cattron Theimeg Canada Ltd.  
Communication Associates Inc.  
Danny's Auto Collision  
Dial-A-Bottle  
Dianne Penrice, Broucker, Johnson Associates Halton Ltd. Brokerage  
Discount Car & Truck Rentals  
Drewry, Lynn and John,  
Remax Realty Specialists Inc.

Eagle Ridge Golf Club/Property of ClubLink  
Endzone Sports Exchange  
Eramosa Physiotherapy Associates  
Family Optical  
Felton Bookbinding Ltd.  
Fendley Florists  
Floraglass Inc.  
Georgetown Chevrolet Inc.  
Georgetown Market Place  
Georgetown Volkswagen  
Gerrie Electric Wholesale  
Glen Valley Furniture Restoration  
GMA LLP  
Habitat for Humanity Halton  
Haltalarm Systems Inc.  
Halton Hills Paving  
Halton Hills Speech Centre  
Halton Region Business Development Centre  
Hassell Automotive Ltd.  
Heal Thyself Clinic  
HealthSpan Naturopathic  
Helson Kogon Ashbee Schaljo & Associates LLP  
Ice Dream Art


Impact Heating & Air Conditioning Inc.  
Johnson Associates Halton Ltd. Brokerage  
K & M Design Co., Inc.  
Kentners Social Catering  
Knowledge Management Enterprises  
Kwik Kopy Design and Print Centre  
Lamothe Approvals Inc.  
Lawlor & Company  
Leferink Transfer Ltd.  
Links2Care  
Literacy North Halton  
Manon Dulude Counselling and Life Coaching Services  
Marckek Manufacturers Inc.  
Matthews Design & Drafting Services  
McIsaac Septic Pumping Ltd.  
Mike Francis Insurance Agency, State Farm  
MOXXI Boutique  
North Halton Golf & Country Club Ltd.  
Nurseland Farm  
Oxford Learning  
Papillon's Purification Systems Inc.  
Park Thermal International (1996) Corporation  
Puma Golf  
Ramrock Electric

Red Lemon Hair Salon  
Riteway Auto Body  
Ronald K. Henry  
Royal Bank of Canada  
Sears Authorized Dealer, Georgetown  
Solinst Canada Ltd  
Sopinka & Kort LLP Barristers & Solicitors  
Spriggs Insurance Brokers Limited  
Star Limousine Service  
Stephen P. Saxe Ltd.  
Strictly Dance  
SunBeach Tanning Studio  
T & T Auto Repairs  
TD Canada Trust  
Teamwork Business Solutions Inc.  
Tina's Homemade Cooking  
Topper's Pizza  
Transitions for Youth  
Unilock Ltd.  
United Fire Safety Co. Ltd.  
United Lumber Home Hardware  
Wall to Wall  
Water Magic  
Williams Mill Visual Arts Centre  
Williamson Industries Inc  
Zio's Italian Restaurant

# Ask The Professionals

Send your questions for any of these professionals:  
**"Ask the Professionals"**  
Independent & Free Press,  
280 Guelph St., Unit 29, Georgetown L7G 4B1

**Dr. J. Eric Selnes,**  
Orthodontist  
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drselnes@heritageorthodontics.com  
www.heritageorthodontics.com



Dr. J. Eric Selnes  
Orthodontist

**Q:** Why am I seeing all these adults with braces?

**A:** The saying, "You are NEVER too old..." has never been more accurate. Lots of people think that braces are only for kids. In fact, over 40% of our patients are adults aged 18-70.

Adults seeking treatment often are unhappy with the appearance of their smile. Common complaints include crowding, spacing, misalignment, protruding upper teeth or even jaw and facial esthetic concerns. Treatment can range from simple therapy to align teeth to complex therapy to align jaws. Treatment times can vary from 6-36 months depending on complexity.

The braces of today are dramatically different from the "railroad tracks" of 20 years ago. We now have:

- small metal and clear braces;
- invisible (inside) braces;
- treatment options WITHOUT BRACES using Invisalign®.

Most dentists agree about the negative effects of crowded teeth on the health of the gums. Many also suggest that the fit, appearance and longevity of certain crowns, bridges and implants may be improved if the teeth are straightened first.

The appearance and health of your teeth is an important aspect of your business and social life. Orthodontic treatment can be an important step towards optimizing your dental health and appearance. Visit your Orthodontist to find out if you might benefit from Adult Orthodontics.

**Halton Hills Speech Centre**  
211 Guelph St., Suite #5  
Georgetown L7G 5B5  
905-873-8400  
www.haltontspeech.com



Karen MacKenzie-Stepner

**Q:** I immigrated to Canada about 2 years ago and have not been able to get a job in my chosen profession because people find it difficult to understand what I am saying. English is my second language and I find it difficult to say some of the sounds. Is there anything I can do to improve my accent?

**A:** When English has been learned as a second language, particularly as an adult, accurate pronunciation of all the sounds can be difficult. There are a number of sounds that most other languages do not have or may not distinguish between. For example, many languages do not use a "th" sound. If you find yourself saying sank you or tank you for thank you, or have difficulty with other sounds, then accent improvement may be something you should consider.

If you find that friends and colleagues are saying "pardon?" or "Could you say that again?", especially on the telephone, pronunciation may be a problem. This in turn can make it difficult for promotion at work or perhaps hold you back from applying for that "perfect" job. Accent improvement programs are available. One such program is the Compton P-ESL Program which is designed to improve your pronunciation of English as a second language. This program is now available at the Halton Hills Speech Centre. If you have any questions, please contact the Centre at 905-873-8400.

**Manon Dulude Psychotherapist**  
Individual, Couple & Family Counselling  
DAY & EVENING APPOINTMENTS  
905-873-9393  
38 OAK STREET  
GEORGETOWN  
MANON DULUDE



**Q:** How can Assessment and Communication Tools help the process of Relationship Coaching?

Ken is decisive, action-oriented, and stress tolerant. He approaches his environment and challenges with little hesitation and takes charge quickly. His will to succeed is strong and his energy is high. He prefers to lead rather than follow and responds best to direct confrontation. Ken is impatient with Diane; he thinks she should be more assertive.

Diane is an empathetic listener who tries to find ways to promote harmony and comfort for others. She is practical, friendly, consistent, and avoids extremes. She responds best to kindness, friendliness, and established ways of doing things. Diane thinks Ken is dominating and has insufficient concern for the feelings of others.

**A:** Sound familiar? How often have you heard that opposites attract? It is true that couples need diversity of individual style to be successful? Relationship Coaches use Communication Tools to assess and educate individuals on "how to" take advantage of such differences as a way to make each individual grow and learn from each other. Increased personal awareness and "getting the other's point of view" can lead to a healthy outgrowth of communication in a couple.

The Personal Style Indicator (PSI), a learning and communication tool for increasing understanding of self and others, is a scientifically developed, self-administering, self-scoring instrument that clearly identifies one's basic personal style of responding to people and to tasks. What is personal style? In a nutshell, it is your natural predisposition to perceive, approach, and interact with the environment in a preferred way. Many believe that this part of your personality is inborn. If this is the case, awareness of your style can be a powerful personal asset.

The majority of couples are made up of individuals like Ken and Diane who dance to the beat of a different drum due to inherent personal styles. However, when couples are privy to the differences, needs, and response patterns of their spouse's individual styles and have a common language to identify these, tolerance and support are immediate and often significant.

Manon Dulude is a Psychotherapist & Certified Professional Coach and a licensed distributor of the PSI. She invites you to call and experience the benefits of the PSI in Relationship Coaching. She can be reached at 905 873 9393.

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Barbara Byckowski  
Investment Advisor, CMA, CFP, CFP

**Q:** We have a family business. Can you provide me with an idea of what financial planning strategies we should be looking at?

**A:** Please give me a call to attend our upcoming "Family Wealth Management" presentation on November 7th at Eagle Ridge Golf Course at 7 p.m. This is one topic we will be covering when we discuss basic financial planning strategies for families with above average financial resources. Here are four strategies we will discuss specific to owning a family business:

- A financial plan for the parent is a critical component of a business succession plan
- An estate freeze using a family trust is a common business succession and income-splitting strategy that transfers some or all of the future growth of the business to the next generation
- A shareholder's agreement will provide the framework for the smooth operation of a business when certain triggering events occur (death, disability, retirement, etc.)
- Insurance is an important consideration - disability, key person and life insurance are imperative to ensure that the business can continue should death or disability occur prematurely

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