

Tooth Chatter



by
**ALEX
TRENTON
DENTURIST**

CLEANING YOUR DENTURES

Keeping your dentures clean is the most important patient responsibility in good oral health. Dentures, like natural teeth, attract plaque, become stained and collect food particles that can cause bad breath. The two best methods of cleaning dentures are brushing and soaking.

SOAKING

Soaking your dentures every night with an effervescent tablet will effectively cleanse away food particles from crevices and spaces between the teeth. It will remove plaque and odour-causing film, and eliminate virtually all micro-organisms.

BRUSHING

The most effective cleansing method is brushing with a special denture brush and paste. Use a special denture paste, as regular toothpaste may be too abrasive, and can damage the acrylic surface of your dentures. Brushing daily will maintain the bright natural appearance, as well as leaving your mouth feeling fresh. Brushing is recommended for removal of plaque. The best cleaning method is to combine both brushing and soaking.

We can clean your dentures professionally for stubborn stains and build up. Also, "Lavdent denture Cleanser" is available through our office, and is the next best thing to Professional denture cleaning.

You do not need a referral; simply call our office direct.

Creating confident smiles since 1982.



Alexander Trenton, DD, F.C.A.D. (A)

Denturist

Georgetown Denture Clinic,
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(905) 877-2359

(Across from the Library and Cultural Centre)

www.georgetowndentureclinic.com



By **Cory Soal**
R.H.A.D.

... **Lend
Me
Your
Ears**

New technology developed in the past several years can help most people with hearing loss to achieve improved communication. Today's hearing instruments have evolved from simple devices to remarkably sophisticated and technologically advanced personal hearing computers. In just the last few years, more advances in hearing aid technology have been made than throughout history.

In many hearing aids, there are no longer knobs or controls, because the instruments automatically adjust loudness. Some hearing aids are programmed so that they require only the push of a button either on the hearing aid or on a wireless remote control to switch to different listening situations and provide balanced sound in the office, at home, on the telephone, or at a concert. Digital and digitally programmable hearing aids have been introduced that amplify signals in new ways and make the benefits of hearing aids even more customized. Many hearing aids are virtually computers with flexible and sophisticated processors that analyze and respond to specific sounds. Some advanced hearing instruments process sound more than a million times per second.

To find out more about these latest advancements call...

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Need help with your business? The library now partners with experts

Starting and running a small business is not an easy thing to do. And I speak from experience. As a university student, I started a summer business with a housemate of mine. Our idea was brilliant. With us both being crafty sort of people, we decided to buy raw wool from farmers, hand-spin it into yarn, naturally dye it with beets, blueberries, onion skins, etc., and knit it into sweaters for yachters.

"Why yachters?" you ask. Well, we planned to take advantage of the waterproofing provided by the natural oils in the wool. Unfortunately, we had forgotten that sheep are somewhat stinky, and their wool remains that way if you don't wash out all the oil, and no amount of blueberries, beets or onion skins will make it any better.

Needless to say the whole thing was a tremendous flop, and the only business skill I learned was how negotiate with angry parents who were convinced that I had led their business-major-of-a-daughter astray.

We, at the Halton Hills Public Library, understand that small business require a lot of planning, not just in the start-up stage but also as the business grows. To help small businesses, the library has partnered with Halton Region's Business Development Centre (BDC) to bring a special series of seminars addressing topics such as business plans, market research, and tax considerations.

BDC is also offering the Consultant-on-Site Program. In this program, small business owners or those considering entrepreneurship can meet with a professional business consultant who can help with any questions regard-

**Clare
Hanman**



ing starting or running a small business.

Even if you are not starting a business yourself, but instead you are trying to get back into the job market, the library offers Resume Critique Days. On the second Wednesday of each month a consultant from the Centre for Skills Development and Training is available to meet with you and help you make your resume one that will capture the attention of your future employer.

But that isn't where it stops. As a library we have all sorts of resources for the business community and those who are job hunting. There are many books, magazines and online databases that offer a wealth of information, all available for free with your library card.

For more information on any of our resources, seminars or business programs, please visit your local library branch or our web site at www.library.hhpl.on.ca.

And if you have any suggestions for what to do with somewhat-smelly, blueberry-stained wool, let me know.

*Clare Hanman is a
circulation supervisor
with the Halton Hills Public Library*

Gold Club

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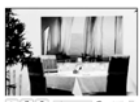
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