



LEARN REAL TRADITIONAL MARTIAL ARTS

KARATE \$29⁹⁹

ONE MONTH INTRO SPECIAL INC. UNIFORM



- *COMPETENCE
- *CONCENTRATION
- *DISCIPLINE *FOCUS
- *AGILITY *BALANCE
- *STRENGTH *CONFIDENCE
- *STRESS RELEASE
- *WEIGHT LOSS

Let us show you how hard work and traditional karate can bring out the best in you.

ENJOY A LIFESTYLE OF HEALTH & FITNESS



KIM & CRAIG BEFORE

They have already
LOST
70 LBS & 25 LBS
Training at
Rampulla's
Martial Arts



KIM & CRAIG NOW

Learn from 2 of the best and most winning Martial Artists in Canada.



Shihan Pickells & Sensei Rampulla

YOU HAVE IT IN YOU - WE BRING IT OUT!



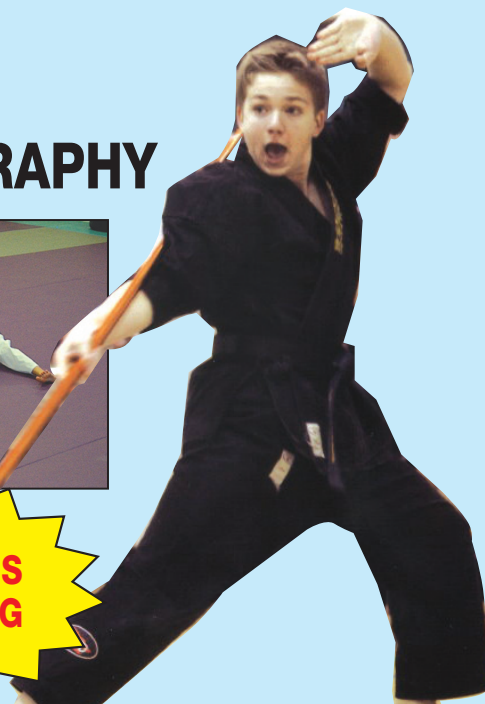
Learn Acrobatic Martial Arts from the best Extreme Martial Artists in Georgetown. Team Ryouko has developed "the XSD program", - a fusion of several martial arts geared towards performance.

EXTREME MARTIAL ARTS

- *ACROBATICS
- *WEAPONS
- *FIGHT & CHOREOGRAPHY



NEW SESSIONS STARTING NOW!



THE MOST WINNING SCHOOL IN HALTON HILLS!

Rampulla's Martial Arts

211 Armstrong Ave., Georgetown
905-702-1116

website: www.rampullasmartialarts.com
email: tony@rampullasmartialarts.com

* FAMILY RATES * NO COMMITMENT

