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Know the facts about vision loss

• Vision is our most precious sense. Canadians report that they would rather sacrifice years off their lives than lose their sight.

• According to Statistics Canada, there are more than 600,000 Canadians living with a vision problem that cannot be corrected using ordinary lenses. With Canada's aging population, this number will increase dramatically over the next 10 years.

• One in nine Canadians over 65 experiences significant vision loss and requires specialized training to help regain their independence. This figure rises to more than one in four over age 80.

• Vision loss risk factors include smoking, diet, heredity, age, excessive sun exposure and obesity.

• The top four causes of vision loss in Canada are age-related macular degeneration (AMD), glaucoma, diabetic

retinopathy and cataracts.

• AMD is the leading cause of vision loss in North Americans over 50 - yet only three in ten Canadians are familiar with it, or know it affects the eyes. Each year, 78,000 Canadians are diagnosed with AMD— more than cancer and stroke combined.

• Glaucoma is the second most common cause. Over 250,000 Canadians have the disease, yet half don't know it because glaucoma often begins without symptoms.

• For people with vision loss, admission to nursing homes takes place three years earlier than usual, and the occurrence of hip fractures is twice as high.

• According to a recent study, only 25 per cent of working age people with vision loss are employed, due to a number of societal barriers.

Source: CNIB

—News Canada



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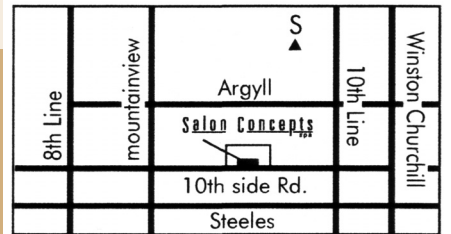
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