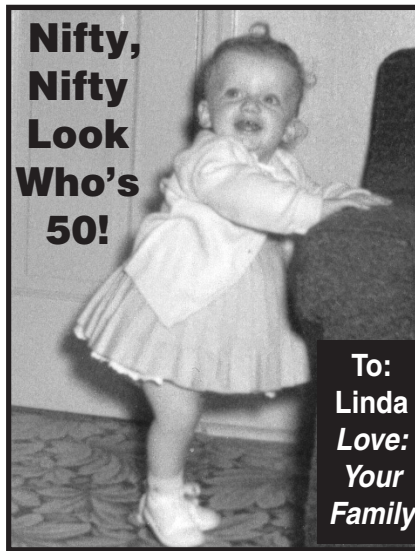




Bring on all challenges! Last year's winners of the Race for the Hills, Team TRI-LOR (from left, Lori Martin, Laureen Thorne and Laurie Green) get ready for the the second annual fun event on October 13.



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Teams wanted for Race for the Hills

Winning strategies have been developed in boardrooms or even sitting around the kitchen table but what about during an Aerosmith concert? That may be just the ticket for one local team of Lori Martin, Laureen Thorne and Laurie Green— better known as Tri-Lor.

As the 2006 winner of the first annual Race for the Hills, team Tri-Lor, will return Saturday, October 13 to defend their title.

Martin cannot wait to see what is in store having endured physical and mental challenges that involved bikes, bodies, brains and creative poetic clues last year.

The event attracts participants of all abilities and leaves a lasting mark. One 2006 chal-

lenge involved soldering metal with the guidance of local artist Doris Treleaven. Martin notes the resulting compilation of all teams' artwork, permanently on display at the Cultural Centre, "is a great memento of the race".

In the meantime, when not strategizing to rock music, the ladies fit in the odd bike or run whenever they can. Tri-Lor's advice to other teams is to "just work together and have fun".

Race for the Hills 2007 registration deadline is Friday September 28. Call 905-873-2601, ext. 2275 or visit www.haltonhills.ca/recand-parks

Please don't drink and drive



Life Chain Sunday

Join in a show of support toward Respect for life - from conception to natural death.

Join the Life Chain Sunday gathering on Guelph Street and Maple Avenue, Sunday September 30th, 2:30 to 3:30 pm.

This is an ecumenical, peaceful, prayerful show of unity with the pre-birthed of our society.

For further information go to - www.lifechain.net

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Yes, I wish to receive information from Color Your World and Black & Decker on upcoming specials, contests, promotions & events.

Contest Rules: Contest opening date: Sept. 24th, 2007 12pm. Deadline for entries: Dec. 31st, 2007 12pm. Residents of Ontario may enter, except employees and immediate family members (and/or persons domiciled with) Metroland Media Group, the prize sponsors and/or any employees of their affiliated companies. Entrants under 18 must have parent/guardian consent. Chances of winning the random draw depend on the total number of entries received. Prizes must be accepted as presented with no cash substitution. Winner consents to having their names and/or photos appear in Metroland Community Newspapers. The decision of the contest judges is final. No purchase necessary. A limit of one qualifier per person, per household, one entry per e-mail address. Black & Decker prize valued at \$469.96, Color Your World prize valued at \$2,500. In order to be eligible to win, the selected contestant must correctly answer a skill-testing question which will be administered upon notifying the winning entrant. Full contest rules visit: contests.metroland.com

Safety is Child's Play



Protect your child from dangerous situations on the playground by following these safety tips:

- Always supervise children at the playground.
- Make sure children are playing with age-appropriate equipment.
- Ensure that a soft surface surrounds all playground equipment to cushion potential falls.
- Check all equipment to make sure it is firmly anchored and functioning properly.