

The Animal Boxing Promotions



WHATEVER YOUR GOAL

- Something unique, fun and effective
 - In home training
 - One-on-one training
 - Group training available
 - Get in shape, tone your body
 - Specific sport training
 - Training for Competition Boxing (amateur or professional)
- An individual program will be designed for you

NEW PROGRAMS

Yoga for: Adults, kids, or Moms/Dad with kids
 Fitness for kids or Moms/Dads with kids
 (Sessions will run Mon. thru Fri. mornings and afternoons)

Professional Boxer AND Personal Trainer,
 Monique Duval, wants to share her secrets

For more information, sign-up for classes or to book a consultation call Monique Duval at 905-702-0684 or 416-402-7354
 536 Main St. (in Glen Williams)
 or email: boxermonique@hotmail.com



Local players aid Warriors' win

Five Georgetown teenagers were members of the Mississauga Warriors' club football team that recently captured its second consecutive Ontario Varsity Football League championship after a thrilling last-minute kick return for a touchdown. Offensive linemen Elliott Montag (centre) and Ben Carter (second from right), defensive backs David Green (second from left) Tyler Fram (right) and defensive end David Juszczuk played for the Warriors, who went 11-1 on the season. Down 21-20 to the Pickering Dolphins in the fourth quarter of the final played at Hamilton's Ivor Wynne Stadium, Mississauga's Natey Adjei's 60-yard punt return for a touchdown with 1:45 remaining put the Warriors ahead and they added a two-point convert for the 28-21 victory.

Submitted photo

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