

**On Call Computer Technicians, 416.315.5081 or email: ross@occt.ca.**

Ross McDuff started his 24 hour PC/Network computer troubleshooting and maintenance company over 6 years ago. We can help setup 1 computer or a network of more than 50 with servers. Also, we sell computer hardware and computer systems.

**Traci-Lee's Handmade Soap, 523 Guelph St P.O. Box 43 Norval, Ontario L0P 1K0 905.702.2523 www.traci-leeshandmadesoap.ca**

We take great pride in our handmade products. For everything from soap to an amazing line of skin care and moisturizing products, stop by and experience our personalized service. We will be glad to answer all of your questions.

**Towne & Country Window Coverings 905.873.0165:**

Providing Professional Sales and Installation of Blinds, Shades & Shutters. We offer fair prices on our extensive line of quality products. Contact us today for more information on your window covering needs and to schedule your free in-home consultation.

Towne & Country Window Coverings serves Halton Hills and the surrounding areas.

**Milton Tent Rental, Inc. 934 Milton. 905.875.2585.**

**email: info@miltontentrental.ca.** Owners since 2005 Graham and Lori Norwood. We rent quality wedding tents, furniture, bbq's, tent heating, dance flooring, linen, children's furniture tent lightening etc. Tents range in size from 100 sq. ft. to 3200 sq. ft. plus. Web Site www.miltontentrental.ca.

**Tammy Somerville, Creative Memories Consultant, 65 Churchill Road North, Acton, L7J 2H9 cmtammy@sympatico.ca 519.853.4174**

**www.mycmsite.com/tammysomerville** Partnering with Creative Memories, Tammy helps busy people manage their digital images and photographs with simple solutions and personal service. Through home events, workshops and consultations families celebrate their lives with their pictures and stories by creating digital photo books, pocket page albums, frames, traditional scrapbooks.

**Additional New Members:**

- Acton Veterinary Clinic
- BellaTan Inc.
- Colour Clinic(The) for Permanent Cosmetics
- Dr. Jones Chan
- Dryden Building Systems
- Generations Physiotherapy Centre
- Grundman's Gallery of Antiques and Collectibles LTD.
- Halton Hills Roofing
- Have Table Will Travel
- House of Ribs
- InStorage Self Storage
- MedRehab Group
- Traci-Lee's Handmade Soap



# Ask The Professionals

Send your questions for any of these professionals:  
**"Ask the Professionals"**  
 Independent & Free Press,  
 280 Guelph St., Unit 29, Georgetown L7G 4B1

**MANON Dulude**  
 PSYCHOTHERAPIST  
 PROFESSIONAL COUNSELING SERVICES  
 905-873-9393  
 HTTP://FORGECDACHINGANDCONSULTING.COM  
 INFO@FORGECDACHINGANDCONSULTING.COM



MANON DULUDE

**Q:**How can a Career Management Coach help grade eleven and twelve students define their career plan?

**A:**Manon Dulude's team can assist undecided students resolve the career choice dilemma. Undecided Students would benefit from working with a Career Management Coach and engaging in an in-depth career exploration process. Completing a personal profile and an interest and skills assessment tool will highlight one's personal strengths, communication and behavioral style, and preferences for type of work and work settings. This information is helpful in defining a suitable career choice. A Career Management Coach will also help an individual explore the lifestyle various career options offer. This exploration insures a greater fit between the individual and their career choice. In addition, Manon's team includes a psychometrist who offers psycho-educational assessments. Many students lack confidence in their abilities. Psycho-educational assessments provide information on one's learning potential and style. A psycho-educational assessment can assist in determining the best post-secondary option (College or University) and increase chances of success. Students are surprised to learn that with proper coaching and support they could manage University. Keep in mind that students with special educational needs require a recent assessment to obtain educational support at the post secondary level. If you are a student in need of clarifying your future, you may benefit from working with a Career Management Coach. Manon Dulude's associates can also provide the Psycho-educational testing at the Georgetown Office.

Manon Dulude is a Certified Career Management Coach and a Certified Professional Coach. She can be reached at 905 873 9393.

**ADAPT**  
 HALTON ALCOHOL, DRUG and GAMBLING  
 ASSESSMENT PREVENTION & TREATMENT SERVICES



Carrie Woodcock  
 Problem Gambling Counsellor

**Problem Gambling Services**  
 36A Armstrong Avenue  
 Georgetown, ON L7G 4R9  
 (905) 873-6502  
 42 Mill Street  
 Acton, ON L7J 1H2  
 (519) 853-8222

**Q: What is Gambling?**  
**A:** Gambling means risking money, property or something of value on an event or activity which the outcome is determined by chance. This includes not only licensed formats such as casinos, bingos, scratch tickets, horse races etc. but also the informal wagering that people do amongst themselves.

**Q: What is Problem Gambling?**  
**A:** Problem gambling means that a person's gambling is having a negative impact on their life and/or on the lives of those close to them. This can be the result of a one time event or an ongoing pattern of behaviour. If you are wondering if your gambling is a problem or if you are concerned about someone else's gambling help is available.

**WE CAN HELP!  
 FREE • CONFIDENTIAL  
 • PROFESSIONAL**

**ROSS PHYSIOTHERAPY SOLUTIONS**  
 Practical solutions for peak performance  
**905-873-7677**  
 318 Guelph St., Georgetown  
 Indoor Mall next to Harveys



**GERALD ROSS**  
 H.B.Sc. PT, MCPA, res.CAMT

**Q:**My pain comes and goes for no apparent reason, what can be done to figure it out?

**A:**Physiotherapists are expert detectives when it comes to figuring out pain patterns. It is common for pain from postures or activities to go unnoticed when the individual is concentrating on something else (like data on a computer, conversation or sports). In other cases the painful tissue may lie deep within the body and therefore may not have the pain receptor density that is required to give instant feedback, but is sufficiently sensitive to react to inflammatory chemicals once they have had time to accumulate, often long after the aggravating activity has stopped. This produces a time lapse between the cause and effect making self-assessment very difficult. Your physiotherapist is very skilled at identifying these subtle sources of aggravation.

**Halton Hills Speech Centre**  
Director of M. Karen MacKenzie-Stepner Speech Language Pathology Professional Corporation  
**211 Guelph St., Suite #5  
 Georgetown L7G 5B5  
 905-873-8400**  
 www.haltonspeech.com



Karen MacKenzie-Stepner

**Q:**My toddler is very hard to understand. When should we expect him to speak clearly?

**A:**Talking doesn't just happen. Children have to learn speech gradually; and learning all the speech sounds takes time. Children master speech sounds in a specific sequence, according to maturation of their oral structures and visibility of the sounds. Some sounds like p, b, m, t, d, and n are usually mastered by age three while others like r, th and s may not be correct until the early school-age years. While learning to speak, all children make mistakes and pronounce some sounds incorrectly. You may hear your child substitute one sound for another (ex., "wabbit" for "rabbit"), omit a sound (e.g. "han" for "hand") or distort a sound (e.g. "shlip" for "ship"). Although these are common errors and will probably disappear as a child gets older, they might also be signs of articulation disorders. Simply stated, an articulation disorder exists when a child consistently makes speech sound errors that are not usually made by children of the same age. Distinguishing between simple mispronunciation and articulation disorders can be difficult. If you feel that your child might have an articulation problem, you should make an appointment for an evaluation by a Speech-Language Pathologist. For further information, or to inquire about our programs, please call our Centre.