



It's tough enough to play four box lacrosse games during a tournament weekend, never mind eight hours on the floor in one day as these players from the Halton Hills Rams are about to experience next weekend in Aurora. Pictured above (from left) are: Chris Sargent, Jim Commandant, Jacques Mirreault, Troy Latimer, Steve Bast, Scott Holmes. Absent was Jeff Weddig.

Submitted photo

Happy 19th Birthday Ashley



May all your days be sunny days

Seven local lacrosse players to play in 25-hour match

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Organizers hope to raise about \$50,000 for DOVE and several celebrities have pledged their support, including CBC personality Rick Mercer, along with members of the Toronto Rock lacrosse team and the Toronto Argonauts' football club.

Eyebrows might be raised at the notion of the sometimes-violent sport of lacrosse stepping up to support an anti-violence campaign, but the non-contact masters game has different rules in place that promote safe and fair play.

Players aren't permitted to hold the ball for longer than five seconds or five steps, allowing for participants of all skill levels to join in.

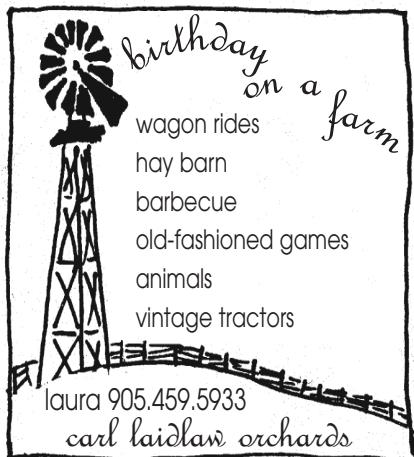
"It's a quicker game because you have to move the ball all the time," added Sargent. "Yes, it's somewhat ironic that lacrosse is involved in this, but the idea is that you leave it on the floor. Violence has no place off the field of play."

Masters lacrosse has grown in popularity in the province over the past decade, with 40 about centres now recognized by the Ontario Lacrosse Association.

The Rams were founded in the 1990s by Gerald Veltman and now have about 35 players over the age of 21 in the club. Sargent says that new members are welcome to join the Monday night pickup group that has an emphasis on having fun.

"We actually have an award I give out at the end of the year. It's not called Most Improved Player any more. It's now known as the Least Deteriorated Player."

For more info on joining the Rams or to support their participation in the DOVE game, call 905-877-0665.



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ATHLETES of the Week

CHRIST THE KING



Kelsey Milne

ACTON DISTRICT HIGH SCHOOL



Alex Milne

GEOGETOWN DISTRICT HIGH SCHOOL



Brandon Elliott



Seth Laidlaw



Kelsey Smith



Emily Driedger

Acton High School Athletes of the Week are Baillie Marshall and Acton High School Athletes of the Week are Alex Milne and Kelsey Smith. Both Milne and Smith are members of the Bearcats track and field team who competed at GHAC in Hamilton. Milne was chosen for her fourth place finish in the 3,000 m. category, and qualifies for the Regionals. Smith also qualified, bringing home a fourth in discus and sixth in the shot putt.

Georgetown District High School Athletes of the Week are Emily Driedger and Brandon Elliott. Both Driedger and Elliott are members of the Rebels track and Field tea, and competed at GHAC, as Driedger brought home a second in the 1,500 m., a first in the steeple chase and second in the 800 m. Elliott won both the 400 and 200 m. events, As a result, both qualify for the Regionals.

Christ the King Athletes of the Week are Kelsey Milne and Seth Laidlaw. Milne, a Grade 10 scrum half for the Jaguar girls' rugby squad, was team MVP in CtK's season-ending 12-7 playoff loss to M.M. Robinson. Laidlaw starred for the Jags' Halton champion field lacrosse team this season from the attackman's spot, providing an insurance marker in their 7-5 win over Burlington's Notre Dame to secure a berth in the provincial finals.

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