

NATIONAL ORTHOTIC CENTRE

Provides...

- * Custom Made Orthotics
- * Orthopedic Braces: Knees, Ankles, Wrists, Back
- * Custom Braces – For Knees & Ankles
- * Stockings - Support & Compression
- * Footwear - In Stock. CROCS, Naot, Tsubo, Asics, Skechers, Hush Puppy, Puma, Clarks, Rockport and More...

“COVERED BY MOST EXTENDED HEALTH PLANS”

Chiropody Services On Staff Chiropodist

- * Routine and Diabetic Foot Care
- * Corn and Callus Treatments
- * Ingrown Toe Nail Treatment & Surgery
- * Podiatric Conditions – Flat Feet, High Arches, Heel Pain
- * Evening & Saturday Appointments Available
- * Covered By Most Extended Health Plans

www.natloc.com

National Orthotic Centres:

Burlington - Millcroft Orthotic Centre

2020 Appleby Lane #5
905-319-1011

(Millcroft Shopping Centre)
New Location Opening May 08

Georgetown

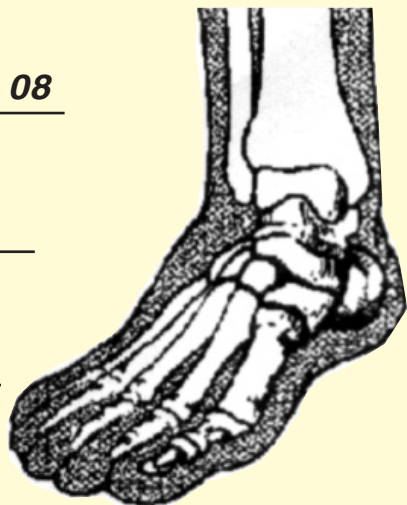
374 Guelph St.,
905-702-5306

Niagara Falls

7116 McLeod Falls
905-353-1800

Waterdown

255 Dundas St. E.
905-689-1703



Avoiding salmonella poisoning

Summer is the season of backyard barbecues and campfire cookouts. Unfortunately, this means that summer is also the season of Salmonella poisoning.

Salmonella is a type of bacteria that can cause severe diseases in humans, ranging from food poisoning to typhoid fever. Improperly cooked chicken and eggs are the main culprits in spreading the Salmonella bugs that cause food poisoning. Antibiotics are the standard treatment for Salmonella infections, but the rise in antibiotic resistance has forced researchers to look for more creative ways to tackle these tricky pathogens.

“Sometimes in research you need to look at things from a different angle,” says Dr. Amit Bhavsar at the University of British Columbia. Dr. Bhavsar is doing just that with his study on Salmonella’s

ability to evade the immune system.

Salmonella bacteria are very stealthy when it comes to causing disease. They can enter your body, invade your cells and start causing trouble before your immune system realizes what’s happening.

The bacteria produce special molecules called effector proteins that contribute to Salmonella’s stealth. The bacteria cell inserts the effectors directly into the host cell. Once inside, the effectors can dampen biochemical reactions that would normally trigger an immune response. Dr. Bhavsar is working to improve researchers’ understanding of how effectors work.

Dr. Bhavsar’s research is particularly promising because effectors are potential

See RESEARCH, pg. 5

GUELPH * ORANGEVILLE * GEORGETOWN * CAMBRIDGE * ELMIRA * ACTON

ERAMOS A
EPA
PHYSIOTHERAPY ASSOCIATES
Clinic of the UNIVERSITY OF GUELPH'S

Excellence in Orthopaedic Physiotherapy for:

- Spinal, Shoulder and Knee pain
- Post-operative Rehabilitation
- Sports Injuries
- Arthritis and Degenerative Diseases
- Motor Vehicle Accident and Work Related Injuries
- Women's Health - Post Breast Cancer, Osteoporosis

Our services include:
Manual Therapy Techniques, Individual treatment programs, Fully equipped therapeutic gym, Acupuncture, Ultrasound/TENS and Registered Massage Therapy.

NO PHYSICIAN REFERRAL REQUIRED

Early Morning & Extended Evening Hours

ACTON
Acton Arena & Community Centre
EPA
Sobey's

GEORGETOWN
Medical Clinic
EPA
10th Sideroad
Steeles Ave.

**372 Queen Street
519-853-9292**

**333 Mountainview Rd. S.
905-873-3103**

MORE HEALTH SAVINGS!

15% OFF

Bring this coupon to nutrition house in the Georgetown Market Place Mall and receive 15% OFF your next purchase.

Health questions? Ask our helpful & knowledgeable staff.



Georgetown Market Place Mall **905-702-8204**

For more information visit our website www.nutritionhouse.com
Not to be combined with any other discounts. Expires June 30, 2008