

# SPORTS AND LEISURE

Squash club champs determined

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Recipe of the week: Asparagus soup

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## Rebels win, draw

Catcher Alex Stanwyck (left) of the Georgetown Rebels makes a difficult grab near the fence and Stephen McDonald (right) slides safely into third base with a triple in Halton high school baseball action earlier this past week. The Rebels tied their season-opening game with Milton's Bishop Reding 5-5, then defeated visiting Acton by a lopsided mercy rule score on Tuesday. Team Ontario under-18 pitcher Brad Dilks of GDHS didn't allow a Bearcat to reach base in four innings of work, while Stanwyck, Trevor Rahim and Stephen McDonald were the big offensive contributors for the Rebels.

Photos by Tim McDonald



Local field player's prep school off to 9-0 start

# Haynes, teammates hoping to show Pride with title

EAMONN MAHER  
Staff Writer

With a full scholarship to the University of Vermont in his grasp, field lacrosse player Ryan Haynes still has some team goals to accomplish in his final year at a New York State prep school.

The 17-year-old Georgetown resident says that he and his Trinity-Pawling teammates have undergone a collective attitude change in their quest to earn a New England-area championship later this month.

A third-year player, Haynes is second on the Pride in scoring with 39 goals in 13 games and the team is enjoying one of its best-ever campaigns with a 9-0 record in the Founders' League West Division I, following a less-than-sparkling 24-33 mark over the past five seasons.

"We've got 18 seniors on the team and all of our offence came back. We're hoping to win New England's for the first time in a while—I think it's like 20 years," Haynes said.

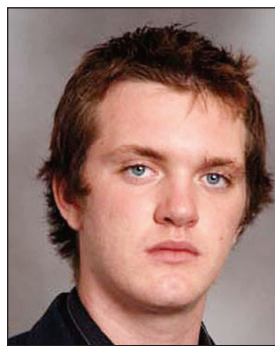
"In the past couple of years, we were so worried about our record and how many points we were get-

ting, that no one really worried about the little things that make you win games. Now we're just going out and playing our different roles and buying into a team concept."

The 6-foot-1, 195-pound attackman also had 36 goals in 2007 as Trinity-Pawling finished 9-6. He has teamed up with Orangeville's Mike Teeter to make a dangerous offensive strike duo, with Haynes scoring seven goals in a 13-8 win over Canterbury.

"Ryan's been a crucial part of our team because he's a serious inside threat who is our go-to guy on offence," said Trinity-Pawling's varsity head coach, Joe Tweed. "He's a very smart player with a great set of hands who can stickhandle in a phone booth and he's been a leader on the field for us as well."

Haynes has also deftly worked his way on to the school's honour roll and is one of six Pride players to receive NCAA Division I scholarships this year. He will



RYAN HAYNES

take arts and sciences courses at Vermont starting in September, having yet to decide on a major field of study.

"Back home school wasn't my favourite thing, but I've really matured and because of the way the program is structured here it helped me to become more disciplined. It's made me realize that you have to do well at school if you're going to succeed at anything."

For the summer, Haynes will be back for another season with the Toronto Jr. A Beaches' box squad, after scoring five goals in 11 games with that Ontario Lacrosse Association club last year.

Trinity-Pawling's biggest league win of the season was a comeback 12-11 win over Salisbury of Connecticut, despite five goals from Georgetown's Cameron Flint for the Crimson Knights. Haynes and Flint played together on the Halton Hills midget field Bulldogs that claimed a Canadian championship in 2006.

Caledon's Mike Burke also plays for Trinity-Pawling's varsity side and will rejoin the Halton Hills Jr. B Bulldogs in early June.

(Eamonn Maher can be reached at emaher@independentfreepress.com)



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