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Wednesday, May 7

Brampton Fibromyalgia Support Group: 7 p.m. in the third floor cafeteria at the Region of Peel, 10 Peel Centre Dr. Brampton Taoist Tai Chi Society will show exercises sitting down or standing up. All welcome. Info: Carol, 905-873-2952 or fibrosupport@sympatico.ca

Globe info night: Georgetown Globe Musical Productions presents an information night for their next musical, *The Best Little Whorehouse in Texas* (Nov 08), 7 p.m. at Globe's rehearsal hall (St. Paul's Church) in Norval. The artistic team will discuss audition requirements, roles, vocal ranges etc. and will be available to answer any of your questions. Auditions will be held May 21 and 23. Info: Melissa, 647-295-4227 or missmelis@gmail.com

Vacation bible school: Registration will be held at Maple Avenue Baptist Church, 6:15-8:15 p.m. This year's "Power Lab" VBS (ages 4-11) will take place from July 7 to 11, 8:45 a.m. to 12 p.m. Cost: \$25/child; \$45 for 2 children; \$55 for 3 children; \$60/family.

Senior mentors: Sexual Assault & Violence Intervention Services of Halton invites women aged 55+ to be trained as peer mentors for the Seniors Supporting Seniors Peer Mentoring Project. Orientation 10-11:30 a.m. Call 905-825-3622 to register or for more info.

Smartrisk Heroes Injury Prevention Show: 7 p.m. Christ The King School for a public performance. Join the Halton Hills Injury Prevention Committee to see this nationally acclaimed, fast-paced video production that encourages young people to take "smart" risks. The show also incor-

Community Calendar

porates testimony from an injury survivor presenter. All parents as well as Grade 7 and 8 students are encouraged to come to this show. Info or to arrange for free transportation from Acton: Const. Maureen Andrew, Halton Regional Police Services, 905-878-5511 ext. 2109 or Maureen.Andrew@hrps.on.ca

Gardening seminar: Looking for free gardening advice? Wondering what to plant in the spring to ensure colour and interest in the fall garden? Want to know more about dry land, water-wise, or xeriscape gardening? The Halton Hills Public Library hosts Georgetown Horticultural Society Master Gardener, Diana Pooke, 7-9pm at the Georgetown branch. Register at the branch or call 905-873-2681 ext. 2511.

Family Storytime: Wednesdays, 9:45 a.m. in the Georgetown branch library.

Sleepytime Stories: 7 p.m. at the Georgetown branch library. Young children are invited to wear their pajamas and bring their teddy bears to this free 30-minute program.

Thursday, May 8

Halton Hands in Motion: Knitting and Crocheting Guild meets 7-9 pm at Georgetown Seniors' Centre, 318 Guelph St. (rear entrance). Join knitters and crocheters of all skill levels as we share, show and learn to "Make Your Knitting Fit" with Joan Barber. Non-member fee \$5. Info: Diane, 905-877-1521.

Limehouse euchre: Limehouse

Women's Institute hosts euchre, 7:30 p.m. at the Limehouse Memorial Hall. Admission \$3, light lunch provided.

Phoenix Warriors: meets 7:30-8:30 p.m. every second and fourth Thursday, 42 Mill St., Acton. This self-help peer group is for individuals with a mood disorder which includes change in mood, thought, energy and behavior. The facilitator encourages everyone to express themselves, listen, and support each other. Info: 519-853-9793.

Healthiest Babies Possible: Is there a baby in your future? Halton Region Health Department Healthiest Babies Possible prenatal program is accepting registration for its six-week program Thursdays at Ontario Early Years Centre-Georgetown, 96 Guelph St. To register: 1-866-442-5866. Info: www.halton.ca.

Cocaine Anonymous: a 12-step based fellowship meets Thursdays, 7 p.m. at Sacre-Coeur Church, 39 Guelph St., Georgetown (use back door basement). Info: Cocaine Anonymous, Toll Free: 1-866-622-4636 or www.ca.org.

Georgetown Runners: meet at the Gellert Centre, 10241 Eighth Line, 6:30 p.m. Thursdays. All are welcome. Visit www.georgetownrunners.ca or call Jim Baidacoff, 905-702-1162.

Friday, May 9

An Evening of Singing: with Cheryl and Bruce Harding, 7:30 p.m. at St. Andrew's United Church, 89 Mountainview Rd. Suggested donation \$10 or what you can afford. Info: Lorne, 905-877-4564 or www.evensong.ca.

Mother's Day sale: 10 a.m. to 8 p.m. at Extencicare Halton Hills, 9 Lindsay Ct. Fragrances, bath and beauty products, home decor and jewelry. Info: Carm, 905-702-5085.

Injuries—leading killer of youth Smartrisk Heroes helps teens to learn to take smart risks

A free Smartrisk Heroes show for the public will be held at Christ the King Catholic Secondary School at 7 p.m. on May 7. Families of pre-teens and teens are encouraged to attend.

Smartrisk, a Canadian charitable organization dedicated to preventing injuries and saving lives, is bringing its internationally-acclaimed road show for youth to Halton Hills, on May 7, 8, and 9. This program will be presented to all the high school students in Halton Hills.

The show is being sponsored locally by the Halton Hills Injury Prevention (HHIP) Committee with the cooperative support of Christ the King, Georgetown District and Acton District high schools.

Smartrisk Heroes uses positive messages to help teens understand that it is their choice to take smart risks and prevent injuries. This one-hour, fast-paced video presentation lets teenagers know they can choose to Buckle Up, Look First, Wear the Gear, Get Trained and Drive Sober.

"Through the support of Tyler Transport and First Student Transport, we are busying students in from across our area to see this spectacular, one-of-a-kind show that packs a powerful message," said Halton Hills Police Services Community Liaison Officer and HHIP committee member, Maureen Andrew. "This show is a great way to educate our community about making smart choices and the consequences when you do not."

Chair of Halton Hills Injury Prevention Committee Terri Forbes said hosting this event helps meet the committee's objective to increase awareness of injury prevention across all age groups. HHIP believes that increasing awareness and knowledge can contribute to a reduction in injuries and death in Halton.

"We really hope that people will take advantage of the free evening show. While it is great we can reach all our high school students with this important message, it is something that can have a strong effect on adults too," said Andrew.

A key component involves injury survivors explaining how crossing the line of choice that separates "smart" risks from "stupid" risks resulted in them becoming injured.



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