

# Acton's Curves joins in on Walk to Beijing

Curves of Acton, part of the world's largest fitness franchisor, has announced that it is joining Australian superstar Olivia Newton-John in the fight against cancer.

Curves is a worldwide presenting sponsor of The Great Walk to Beijing 2008—a fundraiser that will benefit the Olivia Newton-John Cancer Centre Appeal—and has pledged a minimum \$1 million donation to the event.

Curves of Acton will participate in the fundraiser through an April in-club promotion that will have members "walking along" as Olivia Newton-John, Curves founder Diane Heavin, and other celebrities, trek 142 miles (228 km) over some of the oldest and steepest portions of the Great Wall of China. The Great Walk to Beijing 2008 begins April 7 and ends with a triumphal entry into Beijing on April 29.

"Curves is a natural choice to be a primary sponsor of the Walk," said Olivia Newton-John, a breast cancer survivor. "Research has shown that obesity increases cancer risk and Curves is a program that effectively fights obesity on a worldwide basis."

"We're thrilled to join Olivia in the fight against all types of cancer," said Andy Soumbos, owner of Curves of Acton. "We help women get strong and healthy and fight deadly diseases on a daily basis—from diabetes and heart disease to hypertension and more. This is a chance for us to fight cancer worldwide, and to have fun and get fit doing it."

Curves of Acton will promote the event throughout April with posters, contests and special events. Curves members can "get on the Wall" with an initial

donation and earn "kilometers" that will propel them toward "Beijing" through additional donations, work-outs and other fun activities. Curves members who complete all 228 kilometers will be entered in a drawing to win a share in thousands of dollars in prizes from Curves International and Curves Travel.

Anyone can take part in the Walk by logging onto [www.greatwalktobeijing.com](http://www.greatwalktobeijing.com)

## Nutrition House to raise funds for 'holistic' cancer research

The Georgetown Nutrition House is leading a community campaign to raise funds for The Aldo Fund, in support of holistic cancer research and education—an aspect of cancer care that has received little attention until now.

Founded and spearheaded by Nutrition House, The Aldo Fund was established in October 2007 in partnership with the Holistic Health Research Foundation of Canada. It is named in memory of Nutrition House co-founder Aldo Dominguez, who passed away from lymphoma in 2004. The purpose of The Aldo Fund is to advance the scientific understanding of complementary and alternative medicine (CAM)—from nutrition, vitamins and herbs to acupuncture and massage therapy—and its potential role in the prevention and treatment of cancers.

Donations to The Aldo Fund can be made at Nutrition House stores using a \$2, \$5 or \$10 coupon scanned at check-out, or online at [www.alhofund.ca](http://www.alhofund.ca).

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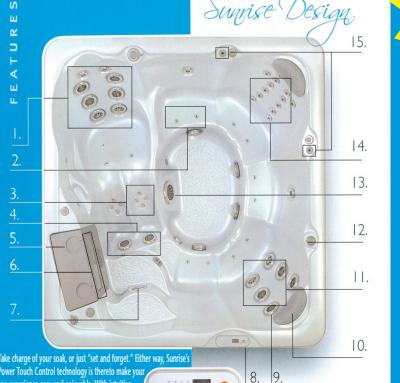
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