

# ROCKING IN ACTON

## Acton Seniors Centre holds 36-hour rocking chair marathon

**JULIE CONROY**  
Acton Seniors Centre

Counting down! Only one more week before the Acton Seniors Centre gets rocking at its Rock-a-thon at Sobeyes.

This fundraising event starts on Friday, April 18 at 9 a.m. and ends at 9 p.m. on Saturday. This is the Centre's third Rock-a-thon and Sobeyes has kindly hosted each time.

Two rocking chairs will be set up in the grocery store at the Queen St. plaza and at least one of them has to be rocking during the 36-hour marathon. Every person participating commits to rock for one-hour (or longer) and people can help by either rocking or sponsoring someone. Already signed up to rock are Mayor Rick Bonnette, Councillors Jon Hurst and Clark Somerville, Fiona from Blue Springs Spa and Nancy Wilkes from Acton Optical.

The event is a fundraiser to help pay for the Centre's operations and activities.

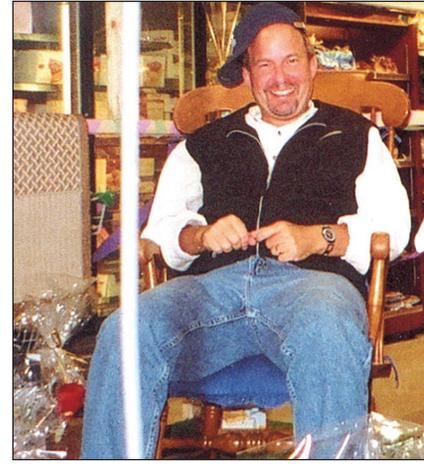
If you would like to show your support by rocking or sponsoring, please drop by the centre and put your name and phone number on the Rock-a-thon sign-up sheet and/or pick up a sponsor sheet.

For more details, call the centre at 519-853-5951.

On this page are participants who took part in the 2006 Rock-a-thon.



Live entertainment is planned as part this year's event too.



Mayor Rick Bonnette is among the celebrities signed on to spend some time rocking.



## Rocking Marathon

Begins Friday, April 18 @ 9:00 am  
and ends Saturday, April 19 @ 9:00 pm  
(that's 36 hours of continuous rocking!)

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If you would like to show your support by rocking or sponsoring, please drop by the centre and put your name and phone number on the Rockathon sign-up sheet and/or pick up a sponsor sheet.

**Come out and support this fun event at ACTON SOBEYS!**



Cute slippers, comfy pjs and cuddly teddy bears are all part of the ensemble for a 36-hour rocking chair marathon. Sobeyes on Queen St. (Hwy 7) is open 24-hours a day, so drop by during the wee hours to show your support— cute slippers optional.



The event is come dressed as you are— especially in the middle of the night!

Just add **Sobeyes**  
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& Members of Council  
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