

# There's a conspiracy out there

I've come to the conclusion that there's a conspiracy against us middle age men.

And it's the garment industry who is at the root of it. You see, I think they're changing the sizes of shirts, making them smaller.

Now before all you younger people out there start to smirk and roll your eyes, hear me out.

Last weekend I was doing some odd jobs around the house. I pulled on my blue jeans, and dug through my closet to find a shirt.

Buried under all the other shirts was my old favourite—it was my burgundy shirt.

Now this shirt has long gone past the point of being presentable enough to wear in public, with its thread-bare collar and faded colour.

(Then again, judging from some of the outfits I see with blue jeans sporting ripped knees and butts, I might wanna rethink that one.)

Finding that old shirt opened up a flood of emotions in me as I pulled it out and wore it for the entire day. It's a real 'comfort' shirt, one that always makes me feel good when I wear it.

So life was good, all day Saturday.

Later that night, as I removed my old shirt and tossed it into the clothes basket, I noticed something about it. The label read "Large."

And it fit me like a glove. Hmmmm...

Lately, when I've bought a new shirt, it's had to be size XL or I felt like I was being strangled in it. Not only that, but the sleeves of an 'XL' don't even reach all the way down to my wrists. Yet this 'old' size large fits like it was tailor made for me. No XL here, just a simple 'Large'.

I became suspicious—hence the conspiracy theory. I suddenly thought of the number of times ordinary middle-age guys like me have endured the painful and cruel comments about our pot guts and additional pounds, when in fact we're still those lithe, svelte physically fit, six-pack equipped male role models that we were 20 years ago. But those conspirators have made us feel old and unfit.

## Ted Brown



I felt like writing an expose. I even have the proof in my hands—my old burgundy shirt.

Now until I do all my research, gathering facts, that shirt is being kept in a protected place. It's evidence dammit!

The more I thought about it, I realized these conspirators weren't working alone.

The women in our lives are involved too.

Yessiree, they are as guilty as the garment industry—they're all in cahoots.

Think about it, what guy in his right mind throws out a perfectly good shirt in his closet?

Never. He'll wear it until the last fibre of cloth has been worn to the max.

But we all know who does toss 'em, right?

It's our women.

Yup, they stand there, smile sweetly and look us right in the eye, saying they're just 'purging' our closets. I now know that's not true. They're actually destroying evidence.

But I'm on to their game, and so long as I keep my old burgundy shirt in a safe place, one thing is certain.

I now know I haven't gained a pound, or gotten one fraction of an inch 'bigger.'

Guys, it's time to take a stand, and protect those wonderful old clothes we've held dear for so many years.

Because if we don't, I shudder at possibilities.

Next thing they'll be tossing out our lucky underwear.

—Ted Brown can be reached at [tbrown@independentfreepress.com](mailto:tbrown@independentfreepress.com)



Patricia Zawadowski  
416-938-4045

## WHY PAY RETAIL? PATRICIA'S CARPET AND FLOORING

SHOP AT HOME SERVICE

Sales and Installation

- Residential/Commercial Carpet • Vinyl/VCT Tiles
- Hardwood/Laminate • Ceramic

## VETERANS

because of your contributions  
4 Generations of Halton Hills Families  
**ENJOY THEIR FREEDOM**

You are invited to a special ceremony  
on V.E. Day Thurs. May 8th, 2008.

For details please contact Barry Timleck 905-877-6198



Form 2

Expropriations Act, R.S.O. 1990, c. E.26.

### NOTICE OF APPLICATION FOR APPROVAL TO EXPROPRIATE LAND

IN THE MATTER OF an application by Halton Catholic District School Board for approval to expropriate the lands described as follows:

Part of Lot 4, Concession 2, South of Dundas Street, in the City of Burlington (formerly Township of Nelson) designated as Parts 1 and 2 on a draft Expropriation Plan prepared by MacKay, MacKay & Peters Limited dated 2008 having Project No. 06-346-R2 for the purpose of acquiring in its jurisdiction a secondary school site on Upper Middle Road in the City of Burlington

NOTICE IS HEREBY GIVEN that application has been made for approval to expropriate a fee simple interest in the lands described as follows: Part of Lot 4, Concession 2, South of Dundas Street, in the City of Burlington (formerly Township of Nelson) designated as Parts 1 and 2 on a draft Plan prepared by MacKay, MacKay & Peters Limited dated 2008 having Project No. 06-346-R2 for the purpose of acquiring in its jurisdiction a secondary school site on Upper Middle Road in the City of Burlington; and

A copy of the said draft Expropriation Plan is available for viewing at the office of Halton Catholic District School Board at P.O. Box 5308, 802 Drury Lane, Burlington, Ontario, L7R 3Y2 between the hours of 9:00 am and 4:00 pm.

Any owner of lands in respect of which notice is given who desires an inquiry into whether the taking of such land is fair, sound and reasonably necessary in the achievement of the objectives of the expropriating authority shall so notify the approving authority in writing

- in the case of a registered owner, served personally or by registered mail within thirty (30) days after the registered owner is served with the notice, or, when the registered owner is served by publication, within thirty (30) days after the first publication of the notice;
- in the case of an owner who is not a registered owner, within thirty (30) days after the first publication of the notice.

The approving authority is:  
Halton Catholic District School Board  
P.O. Box 5308, 802 Drury Lane, Burlington, Ontario L7R 3Y2

The expropriating authority is:  
Halton Catholic District School Board  
P.O. Box 5308, 802 Drury Lane, Burlington, Ontario L7R 3Y2

Halton Catholic District School Board  
Lou G. Piovesan, Director of Education and Secretary of the Board  
Paul McMahon, Superintendent of Business Services and Treasurer of the Board

This Notice first published this 4th day of April, 2008

:::ODMA\PCDOCS\TOR01\3780186\1

DR. A. MALIK MD FRCS C FACS Principal owner & founder of Peel Laser

*"I can't make you younger...  
but I can make you look younger"*

Offering the latest in: Skin Tightening & Wrinkle Removal Technology

Photofacials, Microdermabrasion & Skin Rejuvenation,  
Leg & Facial Vein Removal, Botox, Restylane, Perlane,  
Juvederm, Sclerotherapy, Acne Treatment,  
Laser Hair and Tattoo Removal, Skin Care Products

**Skin Tightening Special on now!**

Please call us today for more details. Limited time offer.

The next generation of anti-aging treatments  
has arrived! Call to learn more about the  
revolutionary LUX 1540.



36 Vodden Street East, Suite 305  
Brampton, ON L6V 4H4  
905.456.9309 • 1.888.833.VEIN  
[www.feelyounger.ca](http://www.feelyounger.ca)

