

STEWARTTOWN DENTAL CLINIC



Katherine Barber (right), Canada's Word Lady, signs a copy of her most recent book, *Only in Canada You Say* for Margaret Bentley. At this month's CFUW meeting, the editor-in-chief of the *Canadian Oxford Dictionary* dazzled her audience with a rapid fire and humorous delivery of a short history of the English language.

Booking for dental hygiene appointments starting Saturday, March 1, 2008.

905-873-0201

**Located at 13219 15th Sideroad, Georgetown
(diagonally north of Stewarttown Middle School)**

Public invited to hear local expert on trades skills development

SYBIL EWING
CFUW-Georgetown

Laurent Thibault will be the guest speaker at the Georgetown University Women's March 4th meeting.

Thibault is vice-president and treasurer of WorldSkills International. This unique non-profit organization is a global network of some 50 countries whose mission is to facilitate the exchange and comparison of world-class competency standards in the industrial trades and service sectors, and to promote careers in technical skills and trades as a first choice for young people. The main activity of WorldSkills is a very large international competition every two years that brings together over 2,000 young competitors and

experts.

Thibault will give an informative spoken and visual presentation about WorldSkills as well as an insight into how technical skills have become the new "global currency".

This is an open meeting and CFUW extends a special invitation to high school students, parents and teachers who might have a special interest in this topic. All members of the community are also welcome to attend at 7:30 p.m. in The Gallery at the Cultural Centre, 9 Church St., Georgetown.

Also don't forget the 37th CFUW Annual Book and Toy Sale on Saturday, April 12 at the Georgetown High School, 70 Guelph St. from 9 a.m. to 3 p.m. All proceeds go to the Georgetown University Women's Club Scholarship Fund.

Request for Public Opinion on the Proposed Nursing Home Annual Licence Renewal of

Bennett Health Care Centre, Georgetown

In accordance with the *Nursing Homes Act*, public opinion is being requested prior to a final decision being made on the above.

If you have comments or opinions and wish to bring them to the attention of the Ministry of Health and Long-Term Care, you may submit them by **March 31, 2008** to:

Director under the Nursing Homes Act
Ministry of Health and Long-Term Care
Performance Improvement and Compliance Branch
Licensing, Education and Appeals
55 St. Clair Avenue West, 8th Floor
Toronto, Ontario M4V 2Y7
Phone: 416-327-7345 Fax: 416-327-7763

Please include the name of the nursing home and quote Project #302-08 on all written submissions.

The Director will consider all submissions before making a final decision.



... Lend Me Your Ears

By Cory Soal
R.H.A.D.

Noise induced hearing loss is insidious because it's invisible; we don't necessarily know it's happening to us and the damage is permanent.

The two factors that cause noise induced hearing loss are the intensity of sound and the duration of sound - often we don't protect ourselves from either. We risk permanent hearing loss when we're regularly exposed to sounds of 110 decibels or greater - a power saw, a rock and roll concert - for more than one minute at a time. Exposure to such noise is like wearing a path through a fine carpet: your inner ear contains minute hair cells which help transmit sound to your brain, and every loud sound or session with the leaf blower is similar to parading heavy feet back and forth on those hairs. Eventually, the wear and tear is permanent and can't be reversed.

Several studies indicate this wear and tear is showing up at younger ages, due mainly to the noise we listen to for fun. A study of 15-23-year olds by researchers recently confirmed higher levels of hearing loss among youth due to exposure to rock concerts, discos, car and home stereos and Walkmans. Of course, you can sustain as much damage listening to Beethoven as Oasis if you pump up the volume.

The Georgetown
HEARING CLINIC
We care about your hearing!
Professional Arts Building
99 Sinclair Ave., Suite 210
Georgetown
(905) 873-6642

Someday, you'll be offered a cigarette or be tempted to smoke. Before you start, think about it: every drag you take screws up your body.

Smoking can cause permanent damage to your body. Once a person starts, it becomes extremely tough to quit. And did we mention all that cash you'll be blowing in the process?

So, if you're tempted to start, ask yourself, "Is it worth it?"

Tooth Chatter



by
ALEX TRENTON
DENTURIST

THE VALUE OF A "SMILE"

It costs nothing, but creates much.

It enriches those who receive it, without impoverishing those who give it.

It happens in a flash, but the memory of it sometimes last forever.

It cannot be begged, borrowed, or stolen but it is of no earthly good to anyone, until it's given away!

So if in your hurry, you run across someone too weary to smile, leave one of yours!

Because, no one needs a smile as much as he who has none to give.

Author Unknown

You do not need a referral; simply call our office direct for an appointment. Our office offers "No Charge" consultations.

Creating confident smiles since 1982.
Alexander Trenton, DD, F.C.A.D. (A)
Denturist
Georgetown Denture Clinic,
18 Church Street,
Georgetown, Ontario
(905) 877-2359
(Across from the Library and Cultural Centre)
www.georgetowndentureclinic.com

Know WHEN TO GO! React FAST To FIRE!

Develop a home fire escape plan now and practice it regularly.

