

Community Calendar

Tuesday, Jan. 22

Georgetown Senior Volleyball: for age 50+. Non-competitive, mixed—no set teams, just fun and exercise only on Tuesday evenings, 6:30-8:30 p.m. at Harrison Public School on Rexway Dr. Until April 22. Interested players call: Gratia, 905-702-0817 or Lorne, 905-877-8109.



St. John's United Church presents: *Cancer-101 Solutions to a Preventable Epidemic.* Learn how to reduce your risk of cancer. All are welcome to hear Liz Armstrong, co-author of *Cancer-101 Solutions to a Preventable Epidemic.* St. John's United Church, 11 Guelph St., Georgetown. Meet the speaker at 7:30 p.m. (presentation at 8 p.m.). Free admission.

First aid course: Red Cross-North Halton branch is offering a First Aid CPR/AED course on January 22 and 23. Info: 905-875-1459.

Calling all environmentalists: Sierra Club-Peel Region Group holds its annual general meeting, 7 p.m. in Unitarian Congregation of South Peel Hall, 84 South Service Road, Mississauga. Guest speaker: MPP John Gerretsen, Ontario Minister of the Environment, reveals Ontario's environmental priorities. Free but donations welcome. RSVP: Peter Orphanos, porphanos@rogers.com with names and number attending to reserve seats.

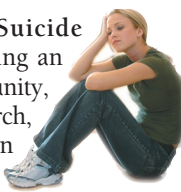
Palette and Pencil Guild: an art group of Credit Valley Artisans meets every Tuesday, 7-9 p.m. inside Cedarvale Cottage in Cedarvale Park. All newcomers welcome. Info: Rita, 519-853-9226 or e-mail: rita-jan2006@yahoo.ca

Calling New Parents: is a free program for parents and babies (six months and under). Each week, the group with a public health nurse, will discuss parenting and infant care. Groups in Acton or Georgetown, Tuesday afternoons. Info: 1-866-442-5866 or www.halton.ca.

TOPS-Georgetown: If you want to lose weight sensibly and keep it off, join TOPS (Take Off Pounds Sensibly) at St. Andrew's United Church, Tuesdays; weigh-in 6:30 p.m. and get together, 7:30 p.m.

Wednesday, Jan. 23

H.E.A.L. the Georgetown Suicide Prevention Group: will be holding an Information Night for the community, 7-8:30 p.m. at Norval United Church, 486 Guelph St., Norval. Come learn more about the group and what we are doing to respond to challenges of suicide. Information will be shared about a Suicide Survivors support group, education and awareness advocacy, and intervention and prevention. Info: Paul Ivany, 905-877-6122.



School Open House: All are welcome to Georgetown District Christian School's annual Open House. This is an opportunity for any family to visit and check out what the school has to offer, 9:30 a.m. to 3 p.m. and 7-8:30 p.m. Info: 905-877-4221.

Awana Kids Club: is offered to children from JK to Grade 6 and is hosted by Maple Avenue Baptist Church, 6:25-8 p.m. All are invited. Info: Ed Egberts, 905-838-4644 or Heather Stiff, 905-873-9549.


Carp Halton Chapter: Meets at 7:30 p.m. at the Burlington Seniors Centre, 2285 New St. Guest speaker Laurie Copeland from Carp Travel, will discuss benefits offered to members. Guests are welcome. Enjoy coffee /tea and fellowship following the meeting. Info: Hugh Cass, 905-844-2112 or e-mail hcass@eol.ca

Thursday, Jan. 24

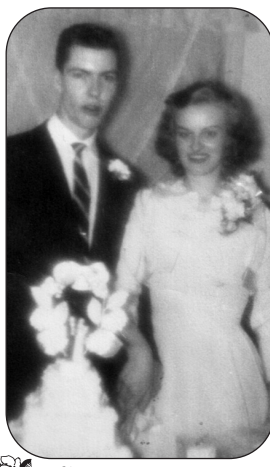
Ballinafad euchre: Ballinafad Hall Board hosts euchre at the Ballinafad Community Centre, 7:30 p.m. Cost: \$3 per player. Light lunch, coffee and tea served.

Sustainable Halton public meeting: Public information centre on the Sustainable Halton draft Healthy Community Principles and Evaluation Framework will be held 6-9 p.m. at Mold-Masters SportsPlex hall. Info: www.halton.ca.

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Stick with your high blood pressure treatment, or you may be in for a nasty surprise.



Happy 50th Anniversary

Gerry & Carol Bruce

With Love & Congratulations from your family.



Canadian Coalition for High Blood Pressure Prevention and Control
http://coorta.library.mun.ca/bp

Adult Upgrading in Georgetown

Sheridan

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- Prepare for the GED test
- Part-time Evening Programs

Are you eligible for this program? This program is open to adult students who have left school.	Cost of Program? Tuition is FREE. A minimum registration fee applies.	Classes Dates and Times: Start any week, subject to space and availability Mon., Tues. & Wed. Evenings 6:00 pm – 9.00 pm
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Literacy North Halton Read*Spell*Write Program

Continuous year round literacy program assisting adults with upgrading *reading, writing, basic math and computer skills* – successful students can now readily access the ACE program. If you wish to improve reading and writing for your work and family life, this program is suitable for you.



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